

Baby-safe Cleaning

At home or on the go, it's important to keep baby's world clean and safe.



Babies need clean surroundings to protect their health. At the same time, a baby's body is delicate and may react to harsh cleaners. It's smart to use milder alternatives.

Chlorine bleach is a mighty germ killer. You can make a watered-down, but still effective solution by combining $\frac{1}{2}$ teaspoon of chlorine bleach and 16 ounces of water in a spray bottle.

- First, clean any hard, smooth surface with soap and water.
- Then, spray on the bleach. Let sit 10 minutes and rinse/wipe with clear water.



White distilled vinegar and **hydrogen peroxide**, in combination, are also great germ fighters. Pour them into *separate* spray bottles and label them. (*Don't mix them together*).

- Clean surface with soap and water.
- Spray with vinegar, then with the hydrogen peroxide.
- Rinse with clear water.



Be careful cleaning with bleach and peroxide; they can take the color out of fabrics.

Turn Over for More Tips →→→→→

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On the Go

White distilled vinegar all by itself is also a good a germ killer. It will get rid of most germs and it is color-safe.

Take along a vinegar spray bottle, or, in a baggie, a small cloth soaked in vinegar.

- Just spray or wipe the vinegar on surfaces and let it dry. No need to rinse or wipe.



Go completely **chemical free** and purchase a microfiber cleaning cloth. The cloths clean well with just plain water only – no chemicals.

Safety Tips

- *Baby* wipes contain a mild antiseptic and are for use on skin. *Disinfectant* wipes may contain harsh chemicals and should not be used on skin.
- Always label each container. Use a permanent marker.
- Never mix cleaners.
- Keep all cleaners away from children.



For more information, ask us!
Toxic Free Tips
www.ecy.wa.gov/toxicfreetips/
Toll free: (866) 939-9991



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Revised May 2011

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