



# Adult Family Home Disclosure of Services Required by RCW 70.128.280

HOME / PROVIDER <b>AMARAH AFH, LLC</b>	LICENSE NUMBER 754342
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**NOTE:** The term "the home" refers to the adult family home / provider listed above.

The scope of care, services, and activities listed on this form may not reflect all required care and services the home must provide. The home may not be able to provide services beyond those disclosed on this form, unless the needs can be met through "reasonable accommodations." The home may also need to reduce the level of care they are able to provide based on the needs of the residents already in the home. For more information on reasonable accommodations and the regulations for adult family homes, see Chapter 388-76 of Washington Administrative Code.

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### About the Home

**1. PROVIDERS STATEMENT (OPTIONAL)**

The optional provider's statement is free text description of the mission, values, and/or other distinct attributes of the home.

**Amarah AFH believes everyone deserves a positive, loving and home environment by advocating for one's health and safety while ensuring integrity, independence, individual's rights. We will assure your loved one can be "at home" with individualized care, ensuring dignity and respect.**

**2. INITIAL LICENSING DATE**

01/02/2020

**3. OTHER ADDRESS OR ADDRESSES WHERE PROVIDER HAS BEEN LICENSED:**

**4. SAME ADDRESS PREVIOUSLY LICENSED AS:**

**NONE**

**5. OWNERSHIP**

- Sole proprietor
- Limited Liability Corporation
- Co-owned by:
- Other:

## Personal Care

"Personal care services" means both physical assistance and/or prompting and supervising the performance of direct personal care tasks as determined by the resident's needs, and does not include assistance with tasks performed by a licensed health professional. (WAC 388-76-10000)

### 1. EATING

If needed, the home may provide assistance with eating as follows:

**Amarah AFH provides eating assistance from cueing/monitoring to total feeding assistance to our residents. Every meal is prepared and cooked the same day, well-balanced and tailored to individual's preferences. We also work closely with Health Care Provider and/or Registered Dietician to follow specific prescribed therapeutic dietary orders to ensure the individual receiving his/her nutritional needs and chewing/swallowing difficulties. We do accept residents with tube feeding.**

### 2. TOILETING

If needed, the home may provide assistance with toileting as follows:

**Amarah AFH provides toileting assistance from cueing/monitoring to total assistance while respecting privacy. We encourage regular toileting schedule for our incontinent residents because we believe in fostering dignity for our residents. Our staff is trained to provide catheter and ostomy care.**

### 3. WALKING

If needed, the home may provide assistance with walking as follows:

**Amarah AFH provides assistance from cueing/monitoring to a one or two person assist with or without assistive devices (walker or wheelchair). With weather permitting, we take our residents to outside deck AFH enjoying the different flowers and sunshine. We also encourage residents to walk or wander inside the home as needed.**

### 4. TRANSFERRING

If needed, the home may provide assistance with transferring as follows:

**Amarah AFH provides transfer assistance from cueing/monitoring to a one or two person assist with or without assistive devices (such as transfer board, Sit-to-stand lift or Hoyer lift).**

### 5. POSITIONING

If needed, the home may provide assistance with positioning as follows:

**Amarah AFH provides assistance with positioning from cueing/monitoring to one or two person assist. We provide turning schedule for our bed bound residents and shifting schedule for our wheelchair residents to ensure skin integrity. Additionally, we encourage our wheelchair residents to alternate from being in a chair to bed to promote skin integrity.**

### 6. PERSONAL HYGIENE

If needed, the home may provide assistance with personal hygiene as follows:

**Amarah AFH provides assistance with personal hygiene from cueing/set up to total assistance. We do provide pericare daily for all residents who have incontinent issues or as requested by our residents.**

### 7. DRESSING

If needed, the home may provide assistance with dressing as follows:

**Amarah AFH provides dressing assistance from cueing/set up to total assistance while ensuring resident's privacy and respect.**

### 8. BATHING

If needed, the home may provide assistance with bathing as follows:

**Amarah AFH provides bathing assistance from cueing/set up to total assistance while ensuring privacy and respect. In addition to provide shower assistance, we provide pericare daily to residents who have incontinent issues. We have two roll-in showers.**

9. ADDITIONAL COMMENTS REGARDING PERSONAL CARE

**Medication Services**

If the home admits residents who need medication assistance or medication administration services by a legally authorized person, the home must have systems in place to ensure the services provided meet the medication needs of each resident and meet all laws and rules relating to medications. (WAC 388-76-10430)

The type and amount of medication assistance provided by the home is:

**Our staff provide different level of medication assistance ranging from independent, medication assistance and medication administration under nurse delegation.**

ADDITIONAL COMMENTS REGARDING MEDICATION SERVICES

**Skilled Nursing Services and Nurse Delegation**

If the home identifies that a resident has a need for nursing care and the home is not able to provide the care per chapter 18.79 RCW, the home must contract with a nurse currently licensed in the state of Washington to provide the nursing care and service, or hire or contract with a nurse to provide nurse delegation. (WAC 388-76-10405)

The home provides the following skilled nursing services:

The home has the ability to provide the following skilled nursing services by delegation:

**ALL Medication administration routes from oral/PEG tube to inhalation, Tube feeding, ostomy care, blood sugar monitoring, insulin injections, In-home INR monitoring, simple dressing change, oxygen therapy, nebulizer treatment, CPAP machine, TENS machine, Vagus Nerve Stimulation, and clean bladder irrigation.**

ADDITIONAL COMMENTS REGARDING SKILLED NURSING SERVICE AND NURSING DELEGATION

**All care staff are trained and delegated to perform the delegatable nursing tasks by RN Delegator.**

**Specialty Care Designations**

We have completed DSHS approved training for the following specialty care designations:

- Developmental disabilities
- Mental illness
- Dementia

ADDITIONAL COMMENTS REGARDING SPECIALTY CARE DESIGNATIONS

**Amarah AFH is also specialized in population specific specialty care for residents with complex medical conditions or health needs.**

**Staffing**

The home's provider or entity representative must live in the home, or employ or have a contract with a resident manager who lives in the home and is responsible for the care and services of each resident at all times. The provider, entity representative, or resident manager is exempt from the requirement to live in the home if the home has 24-hour staffing coverage and a staff person who can make needed decisions is always present in the home. (WAC 388-76-10040)

The provider lives in the home.

- A resident manager lives in the home and is responsible for the care and services of each resident at all times.
- The provider, entity representative, or resident manager does not live in the home but the home has 24-hour staffing coverage, and a staff person who can make needed decisions is always present in the home.

The normal staffing levels for the home are:

- Registered nurse, days and times: \_\_\_\_\_
- Licensed practical nurse, days and times: \_\_\_\_\_
- Certified nursing assistant or long term care workers, days and times: days and/or nights
- Awake staff at night
- Other: **Homecare Aide or Registered Nursing Assistant.**

ADDITIONAL COMMENTS REGARDING STAFFING

**Our staff are trained as required by Initiative 1163 and add'l training specific to resident's conditions.**

#### Cultural or Language Access

The home must serve meals that accommodate cultural and ethnic backgrounds (388-76-10415) and provide informational materials in a language understood by residents and prospective residents (Chapter 388-76 various sections)

The home is particularly focused on residents with the following background and/or languages:

**Amarah AFH welcomes all residents from different cultural background and languages.**

ADDITIONAL COMMENTS REGARDING CULTURAL OR LANGUAGE ACCESS

**Staff speaks English and Tagalog.**

#### Medicaid

The home must fully disclose the home's policy on accepting Medicaid payments. The policy must clearly state the circumstances under which the home provides care for Medicaid eligible residents and for residents who become eligible for Medicaid after admission. (WAC 388-76-10522)

- The home is a private pay facility and does not accept Medicaid payments.
- The home will accept Medicaid payments under the following conditions:  
**Amarah AFH accepts prospective residents already on Medicaid or pending Medicaid eligibility and residents who will exhaust their private funds and convert to Medicaid while residing at the AFH according to our "Accepting Medicaid As a Payment Source" Policy.**

ADDITIONAL COMMENTS REGARDING MEDICAID

#### Activities

The home must provide each resident with a list of activities customarily available in the home or arranged for by the home (WAC 388-76-10530).

The home provides the following:

**Amarah AFH provides activities tailor to individual's interests and capabilities such as games, pet therapy, music therapy, singing, walking, reading, watching TV, gardening, bird watching, engaging in conversation, spa day, birthday celebration, daily special events, reminiscing, arts and crafts, range of motion, and exercise specific for individual needs.**

ADDITIONAL COMMENTS REGARDING ACTIVITIES