



Adult Family Home Disclosure of Services Required by RCW 70.128.280

HOME / PROVIDER #1 HELANA'S ADULT FAMILY HOMES LLC	LICENSE NUMBER 753921
--	---------------------------------

NOTE: The term "the home" refers to the adult family home / provider listed above.

The scope of care, services, and activities listed on this form may not reflect all required care and services the home must provide. The home may not be able to provide services beyond those disclosed on this form, unless the needs can be met through "reasonable accommodations." The home may also need to reduce the level of care they are able to provide based on the needs of the residents already in the home. For more information on reasonable accommodations and the regulations for adult family homes, see Chapter 388-76 of Washington Administrative Code.

Table of Contents

[About the Home](#)

[Personal Care](#)

[Medication Services](#)

[Skilled Nursing Services and Nursing Delegation](#)

[Specialty Care Designations](#)

[Staffing](#)

[Cultural or Language Access](#)

[Medicaid](#)

[Activities](#)

About the Home	
<p>1. PROVIDERS STATEMENT (OPTIONAL)</p> <p>The optional provider's statement is free text description of the mission, values, and/or other distinct attributes of the home.</p> <p>WE ARE COMMITTED TO PROVIDE AN ENVIRONMENT IN OUR HOME WHERE OUR RESIDENTS WILL CONTINUE TO LIVE THEIR LIFE A DIGNIFIED AND RESPECTFUL MANNER BY OFFERING A BROAD BASE OF THE HIGHEST QUALITY SERVICES.</p>	
<p>2. INITIAL LICENSING DATE</p> <p>12/21/18</p>	<p>3. OTHER ADDRESS OR ADDRESSES WHERE PROVIDER HAS BEEN LICENSED:</p> <p>N/A</p>
<p>4. SAME ADDRESS PREVIOUSLY LICENSED AS:</p> <p>N/A</p>	
<p>5. OWNERSHIP</p> <p><input type="checkbox"/> Sole proprietor</p> <p><input checked="" type="checkbox"/> Limited Liability Company</p> <p><input type="checkbox"/> Co-owned by:</p> <p><input type="checkbox"/> Other:</p>	

Personal Care

"Personal care services" means both physical assistance and/or prompting and supervising the performance of direct personal care tasks as determined by the resident's needs, and does not include assistance with tasks performed by a licensed health professional. (WAC 388-76-10000)

1. EATING

If needed, the home may provide assistance with eating as follows:

When assistant needed , the adult family home may provide the following:

- * **Supervising & cueing clients who are at risk for choking/aspiration**
- * **Altering texture of food. IE: cutting into bite sized pieces, chopping and/or pureeing of solid foods**
- * **Feeding clients as indicated**

2. TOILETING

If needed, the home may provide assistance with toileting as follows:

When assistant needed , the adult family home may provide the following:

- * **Reminding clients to visit the bathroom regularly**
- * **Supervise or provide stand-by assistance while toileting**
- * **Assistance with use of a bedside commode, bed pan or urinal**
- * **Changing of briefs/pads and incontinence as needed**

3. WALKING

If needed, the home may provide assistance with walking as follows:

When assistant needed, the adult family home may provide the following:

- * **Reminding client to use assistive devices**
- * **Cueing clients on correct use of all medical devices**
- * **Standby or contact assistance with or without the use of gait belt during walking**
- * **Encouraging regular exercise**

4. TRANSFERRING

If needed, the home may provide assistance with transferring as follows:

When assistant needed, the adult family home may provide the following:

- * **Supervision or standby assist with transfers**
- * **One person assistance with transfers**
- * **Provide Hoyer lift transfers as indicate**

5. POSITIONING

If needed, the home may provide assistance with positioning as follows:

When assistant needed, the adult family home may provide the following:

- * **Cueing and reminding clients to change position or turn**
- * **One person assistance with changing position or turning while in the bed or chair**
- * **Provide turning on a regular two (2) hour schedule for clients at high risk for skin breakdown/bedsores**

6. PERSONAL HYGIENE

If needed, the home may provide assistance with personal hygiene as follows:

When assistant needed, the adult family home may provide the following:

- * Assistance with oral care
- * Assistance with shaving and hair styling
- * Assistance with showers at least twice weekly or as client is able
- * Bed bath if client is unable to use shower
- * Application of deodorant, lotions, and make up
- * Assistance with nail care, toenail trimming

7. DRESSING

If needed, the home may provide assistance with dressing as follows:

when assistant needed, the adult family home may provide the following:

- * Supervision and standby assistance during dressing
- * Provide total assistance with dressing

8. BATHING

If needed, the home may provide assistance with bathing as follows:

when assistant needed, the adult family home may provide the following:

- * Supervision during showers
- * Cueing clients during showers
- * Provide total assistance with showers
- * Skin assessment during each shower when indicated

9. ADDITIONAL COMMENTS REGARDING PERSONAL CARE

Staff at #1 HELANA'S AFH encourage clients to be as independent as possible.

Medication Services

If the home admits residents who need medication assistance or medication administration services by a legally authorized person, the home must have systems in place to ensure the services provided meet the medication needs of each resident and meet all laws and rules relating to medications. (WAC 388-76-10430)

The type and amount of medication assistance provided by the home is:

When assistant needed, the adult family home may provide the following:

- * Reminding clients to take their medications on time
- * Assist clients with administration of oral medications
- * Total assistance with medication administration

ADDITIONAL COMMENTS REGARDING MEDICATION SERVICES

Staff at #1 HELANA'S AFH have been trained to be delegated in various tasks.

Skilled Nursing Services and Nurse Delegation

If the home identifies that a resident has a need for nursing care and the home is not able to provide the care per chapter 18.79 RCW, the home must contract with a nurse currently licensed in the state of Washington to provide the nursing care and service, or hire or contract with a nurse to provide nurse delegation. (WAC 388-76-10405)

The home provides the following skilled nursing services:

The home is owned and managed by a CNA who has years of experience in long term care. When deemed appropriate by the provider, The AFH may contract with a RN delegator for nurse delegation and resident assessments. The cost associated with nurse delegation and assortments are the

responsibility of client. The AFH may provide care to a more clinically complex client that might require things like wound care, end of life care or diabetic management.

The home has the ability to provide the following skilled nursing services by delegation:

the AFH may have perform delegations, all delegatable tasks under WAC 246.841.405. The cost of these services would be the responsibility of the client.

ADDITIONAL COMMENTS REGARDING SKILLED NURSING SERVICE AND NURSING DELEGATION

When deemed appropriate by the provider, the AFH will ensure there is staff available if needed.

Specialty Care Designations

We have completed DSHS approved training for the following specialty care designations:

- Developmental disabilities
- Mental illness
- Dementia

ADDITIONAL COMMENTS REGARDING SPECIALTY CARE DESIGNATIONS

The AFH may provide special care and attention to clients with a diagnosis related to mental illness and/or dementia.

Staffing

The home's provider or entity representative must live in the home, or employ or have a contract with a resident manager who lives in the home and is responsible for the care and services of each resident at all times. The provider, entity representative, or resident manager is exempt from the requirement to live in the home if the home has 24-hour staffing coverage and a staff person who can make needed decisions is always present in the home. (WAC 388-76-10040)

- The provider lives in the home.
- A resident manager lives in the home and is responsible for the care and services of each resident at all times.
- The provider, entity representative, or resident manager does not live in the home but the home has 24-hour staffing coverage, and a staff person who can make needed decisions is always present in the home.

The normal staffing levels for the home are:

- Registered nurse, days and times: _____
- Licensed practical nurse, days and times: _____
- Certified nursing assistant or long term care workers, days and times: **When deemed appropriate by the provider, the AFH may have a CNA and/or long term care workers available when the provider is not present.**
- Awake staff at night
- Other: **When deemed appropriate by the provider, the AFH may have awake staff**

ADDITIONAL COMMENTS REGARDING STAFFING

Cultural or Language Access

The home must serve meals that accommodate cultural and ethnic backgrounds (388-76-10415) and provide informational materials in a language understood by residents and prospective residents (Chapter 388-76 various sections)

The home is particularly focused on residents with the following background and/or languages:

English is the primary language spoken in our #1 HELANA'S AFH. Sensitivity and respect of our client's ethnicity, culture beliefs and practices is important to our staff. When deemed appropriate by the provider, the AFH may assist with specific requests surrounding ethnic requests.

ADDITIONAL COMMENTS REGARDING CULTURAL OR LANGUAGE ACCESS

Medicaid

The home must fully disclose the home's policy on accepting Medicaid payments. The policy must clearly state the circumstances under which the home provides care for Medicaid eligible residents and for residents who become eligible for Medicaid after admission. (WAC 388-76-10522)

The home is a private pay facility and does not accept Medicaid payments.

The home will accept Medicaid payments under the following conditions:

This adult family home requires 24 months of private pay funds and 90 days of advanced notification prior to the start of a to Medicaid conversion.

ADDITIONAL COMMENTS REGARDING MEDICAID

#1 HELANA'S AFH has a Medicaid policy that is disclosed to client and families prior to admission.

Activities

The home must provide each resident with a list of activities customarily available in the home or arranged for by the home (WAC 388-76-10530).

The home provides the following:

When deemed appropriate by the provider, the AFH may offer activities based on a clients preferences and abilities.

ADDITIONAL COMMENTS REGARDING ACTIVITIES

When deemed appropriate by the provider, the AFH may try to provide activities that would match with what a client has loved doing in the past.

Please Return the completed form electronically to AFHDisclosures@DSHS.WA.GOV

The form may also be returned by mail at:

RCS – Attn: Disclosure of Services

PO Box 45600

Olympia, WA 98504-5600