



## Adult Family Home Disclosure of Services Required by RCW 70.128.280

HOME / PROVIDER <b>Forest Cottage AFH LLC</b>	LICENSE NUMBER <b>753 868</b>
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**NOTE:** The term “the home” refers to the adult family home / provider listed above.

The scope of care, services, and activities listed on this form may not reflect all required care and services the home must provide. The home may not be able to provide services beyond those disclosed on this form, unless the needs can be met through “reasonable accommodations.” The home may also need to reduce the level of care they are able to provide based on the needs of the residents already in the home. For more information on reasonable accommodations and the regulations for adult family homes, see Chapter 388-76 of Washington Administrative Code.

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About the Home	
<b>1. PROVIDERS STATEMENT (OPTIONAL)</b> The optional provider’s statement is free text description of the mission, values, and/or other distinct attributes of the home.  <b>Forest Cottage AFH is a family owned and operated business. We strive to recreate the feelings of warmth, safety, and happiness that everyone experiences in their own homes. We believe that the key to this is a cozy and familiar environment, smiling faces, and good old fashioned home cooking. Loved ones will feel right at home here!</b>	
<b>2. INITIAL LICENSING DATE</b> <div style="font-size: 1.5em; font-family: cursive;">11/2/18</div>	<b>3. OTHER ADDRESS OR ADDRESSES WHERE PROVIDER HAS BEEN LICENSED:</b>
<b>4. SAME ADDRESS PREVIOUSLY LICENSED AS:</b>	
<b>5. OWNERSHIP</b> <input type="checkbox"/> Sole proprietor <input checked="" type="checkbox"/> Limited Liability Company <input type="checkbox"/> Co-owned by: <input type="checkbox"/> Other:	

## Personal Care

"Personal care services" means both physical assistance and/or prompting and supervising the performance of direct personal care tasks as determined by the resident's needs, and does not include assistance with tasks performed by a licensed health professional. (WAC 388-76-10000)

### 1. EATING

If needed, the home may provide assistance with eating as follows:

**From cueing & monitoring to total assistance. If needed, therapeutic diets, diabetic diets, mechanical altered diets and adaptive equipment are provided.**

### 2. TOILETING

If needed, the home may provide assistance with toileting as follows:

**From cueing & monitoring to total assistance. If needed, we provide catheter and ostomy care.**

### 3. WALKING

If needed, the home may provide assistance with walking as follows:

**From cueing & monitoring to one person stand-by assistance. We are unable to accommodate motorized scooters.**

### 4. TRANSFERRING

If needed, the home may provide assistance with transferring as follows:

**From cueing & monitoring to one person lift assist. We are unable to accommodate hooyer lifts.**

### 5. POSITIONING

If needed, the home may provide assistance with positioning as follows:

**From cueing & monitoring to total assistance with turning and repositioning at regular intervals.**

### 6. PERSONAL HYGIENE

If needed, the home may provide assistance with personal hygiene as follows:

**From cueing & monitoring to total assistance by one person.**

### 7. DRESSING

If needed, the home may provide assistance with dressing as follows:

**From cueing & monitoring to total assistance by one person.**

### 8. BATHING

If needed, the home may provide assistance with bathing as follows:

**From cueing & monitoring to total assistance by one person. The home has wheel-in shower.**

### 9. ADDITIONAL COMMENTS REGARDING PERSONAL CARE

## Medication Services

If the home admits residents who need medication assistance or medication administration services by a legally authorized person, the home must have systems in place to ensure the services provided meet the medication needs of each resident and meet all laws and rules relating to medications. (WAC 388-76-10430)

The type and amount of medication assistance provided by the home is:

**Medication assistance is provided according to resident's needs stated on the assesement. Medication administration is provided through nurse delegation.**

### ADDITIONAL COMMENTS REGARDING MEDICATION SERVICES

**We provide health monitoring, daily management of pain, end of life comfort measures.**

### Skilled Nursing Services and Nurse Delegation

If the home identifies that a resident has a need for nursing care and the home is not able to provide the care per chapter 18.79 RCW, the home must contract with a nurse currently licensed in the state of Washington to provide the nursing care and service, or hire or contract with a nurse to provide nurse delegation. (WAC 388-76-10405)

The home provides the following skilled nursing services:

**Administration of medication via oral, nasal, topical, rectal, vaginal, inhalation therapy, eye drops and injection (insulin) route. Blood glucose monitoring, gastrostomy feedings, oxygen.**

The home has the ability to provide the following skilled nursing services by delegation:

**All skills that are delegatable by an RN, and are required by the client.**

ADDITIONAL COMMENTS REGARDING SKILLED NURSING SERVICE AND NURSING DELEGATION

### Specialty Care Designations

We have completed DSHS approved training for the following specialty care designations:

- Developmental disabilities
- Mental illness
- Dementia

ADDITIONAL COMMENTS REGARDING SPECIALTY CARE DESIGNATIONS

### Staffing

The home's provider or entity representative must live in the home, or employ or have a contract with a resident manager who lives in the home and is responsible for the care and services of each resident at all times. The provider, entity representative, or resident manager is exempt from the requirement to live in the home if the home has 24-hour staffing coverage and a staff person who can make needed decisions is always present in the home. (WAC 388-76-10040)

- The provider lives in the home.
- A resident manager lives in the home and is responsible for the care and services of each resident at all times.
- The provider, entity representative, or resident manager does not live in the home but the home has 24-hour staffing coverage, and a staff person who can make needed decisions is always present in the home.

The normal staffing levels for the home are:

- Registered nurse, days and times: RN/Nurse delegator comes in as needed.
- Licensed practical nurse, days and times: \_\_\_\_\_
- Certified nursing assistant or long term care workers, days and times: On site 24/7
- Awake staff at night
- Other:

ADDITIONAL COMMENTS REGARDING STAFFING

### Cultural or Language Access

The home must serve meals that accommodate cultural and ethnic backgrounds (388-76-10415) and provide informational materials in a language understood by residents and prospective residents (Chapter 388-76 various sections)

The home is particularly focused on residents with the following background and/or languages:

**Everyone is welcome at our home. The home celebrates American Holidays and the American Heritage.**

ADDITIONAL COMMENTS REGARDING CULTURAL OR LANGUAGE ACCESS

**English, Romanian, and Spanish are fluently spoken by the provider.**

### Medicaid

The home must fully disclose the home's policy on accepting Medicaid payments. The policy must clearly state the circumstances under which the home provides care for Medicaid eligible residents and for residents who become eligible for Medicaid after admission. (WAC 388-76-10522)

The home is a private pay facility and does not accept Medicaid payments.

The home will accept Medicaid payments under the following conditions:

**Medicaid payment is accepted after resident paid privately for a minimum of 36 months.**

ADDITIONAL COMMENTS REGARDING MEDICAID

### Activities

The home must provide each resident with a list of activities customarily available in the home or arranged for by the home (WAC 388-76-10530).

The home provides the following:

**Exercise routines, arts & crafts, newspaper, puzzles, bingo & triominos, movies, magazines.**

ADDITIONAL COMMENTS REGARDING ACTIVITIES

**Activities are tailored according to each resident's interests and participation level.**

Please Return the completed form electronically to [AFHDisclosures@DSHS.WA.GOV](mailto:AFHDisclosures@DSHS.WA.GOV)

The form may also be returned by mail at:

RCS – Attn: Disclosure of Services  
PO Box 45600  
Olympia, WA 98504-5600