



**Adult Family Home Disclosure of Services**

**Required by RCW 70.128.280**

<b>HOME/PROVIDER</b> Sunrise Garden Adult Family Home Joyce R Kamoye.	<b>LICENSE NUMBER</b>  7536600
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**NOTE:** The term “the home” refers to the adult family home / provider listed above.

The scope of care, services, and activities listed on this form may not reflect all required care and services the home must provide. The home may not be able to provide services beyond those disclosed on this form, unless the needs can be met through “reasonable accommodations.” The home may also need to reduce the level of care they are able to provide based on the needs of the residents already in the home. For more information on reasonable accommodations and the regulations for adult family homes, see Chapter 388-76 of Washington Administrative Code. Table of Contents

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**1. PROVIDERS STATEMENT (OPTIONAL)**

Sunrise Garden AFH’s goal is to provide quality care from compassionate caregivers to make clients feel comfortable safe and most important feel at home.

**2. INITIAL LICENSING DATE**

4/16/18

**3. OTHER Address OR ADDRESSES WHERE PROVIDER HAS BEEN LICENSED:**

N/A

**4. SAME ADDRESS PREVIOUSLY LICENSED AS:**

N/A

- Limited Liability Company
- Co-owned by:
- Other:

## Personal Care

“Personal care services” means both physical assistance and/or prompting and supervising the performance of direct personal care tasks as determined by the resident’s needs, and does not include assistance with tasks performed by a licensed health professional. (WAC 388-76-10000)

### 1. EATING

If needed, the home may provide assistance with eating as follows:

Caregivers will provide assistance to clients based on their specific needs and as indicated in the client Specific care plan. Examples would include

- \* Providing diets and food choices specific to client needs and preferences:
- \* Altering textures of food i.e.: cutting into bite sized pieces, chopping or pureeing solid foods \* Feeding clients as indicated
- \* Supervising and cueing clients who are at risk of choking/aspiration

### 2. TOILETING

If needed, the home may provide assistance with toileting as follows: Care provided is client specific. Examples of the types of assistance provided in our Home includes: \*

Reminding client to visit the bathroom regularly

- \* Supervision or stand by assistance while toileting
- \* Assistance with use of a bedside commode, bed pan or urinal in the client's room
- \* Changing of briefs/pads and incontinence care as needed

### 3. WALKING

If needed, the home may provide assistance with walking as follows: Examples of the types of assistance with walking offered by Sunrise Adult Family Home staff includes: \*

Reminding client to use assistive devices such as a walker or cane

- \* Cueing client on correct and safe use of devices such as a walker or cane
- \* Standby or contact assist and/or use of gait belt during walking
- \* Encouraging regular walking within the client's abilities

### 4. TRANSFERRING

If needed, the home may provide assistance with transferring as follows: The safety of our clients is our priority, examples of the types of assistance with transfers includes: \*

Supervision or standby assist with transfers

- \* One person assistance with transfers from bed to chair or commode\*

Following and cueing clients regarding specific instructions from physician or physical therapist such

As: Non weight bearing or partial weight bearing to a healing limb.

\* Hoyer lift transfers as indicated

#### 5. POSITIONING

If needed, the home may provide assistance with positioning as follows: Assistance with repositioning would be provided based on the client's needs and abilities, examples of the

types of assistance provided by our caregivers includes:

\* Cueing and reminding clients to change position or turn

\* One or two person assistance with changing position or turning while in bed or chair

\* Following specialized orders from physician or physical therapist for specific positioning

\* Turning on a regular two hour schedule for clients at high risk for skin breakdown/bedsore

#### 6. PERSONAL HYGIENE

If needed, the home may provide assistance with personal hygiene as follows With all activities of daily living our clients are encouraged to participate as much as they are able in

Order to maintain optimal independence. Our caregivers can provide:

\* Assistance with oral care

\* Assistance with shaving and hair styling

\* Assistance with showers or bath and shampoo offered at least twice weekly as client is able \* Bed bath if client unable to use bath or shower

\* Application of deodorant, lotions, make up

\* Assistance with nail care, toenail trimming by RN only:

#### 7. DRESSING

If needed, the home may provide assistance with dressing as follows: \* Supervision and standby assistance during dressing

\* Providing assistance with dressing top and bottom as needed, stockings and shoes \* Following instructions from occupational therapy regarding dressing routine

\* providing choice of clothing types and dressing and assisting them to make a decision.

#### 8. BATHING

If needed, the home may provide assistance with bathing as follows: \* Safety would be a priority while providing care during a shower. Assistance would be provided based

on the client's abilities examples would include:

- \* Supervision during shower for safety and avoid slips or falls
- \* Cuing client during shower
- \* Providing total assistance with shower
- \* Making the shower experience a positive one by keeping the water and room warm and not rushing
- \* Assessing skin

**9. ADDITIONAL COMMENTS REGARDING PERSONAL CARE**

Caregivers at Sunrise Garden AFH provide independency and quality of care in a safe environment

**Medication Services**

If the home admits residents who need medication assistance or medication administration services by a legally authorized person, the home must have systems in place to ensure the services provided meet the medication needs of each resident and meet all laws and rules relating to medications. (WAC 388-76-10430)

The type and amount of medication assistance provided by the home is:  
 Sunrise Garden AFH staff are delegated to supervise, administer medicine on time and provide assistance at all times.

**ADDITIONAL COMMENTS REGARDING MEDICATION SERVICES**

Assisting clients by handing them medicine and administering oral medicine

**Skilled Nursing Services and Nurse Delegation**

If the home identifies that a resident has a need for nursing care and the home is not able to provide the care per chapter 18.79 RCW, the home must contract with a nurse currently licensed in the state of Washington to provide the nursing care and service, or hire or contract with a nurse to provide nurse delegation. (WAC 388-76-10405)

The home provides the following skilled nursing services: All medications are assisted on time

The home has the ability to provide the following skilled nursing services by delegation: All medication administering and monitoring glucose, skin wound, ointments and urinary catheter treatment.

**ADDITIONAL COMMENTS REGARDING SKILLED NURSING SERVICE AND NURSING DELEGATION**

We have an RN contract as needed. Depending on the number of clients in AFH will have one or two caregivers on floor

**Specialty Care Designations**

We have completed DSHS approved training for the following specialty care designations:

- Developmental disabilities
- Mental illness
- Dementia

**ADDITIONAL COMMENTS REGARDING SPECIALTY CARE DESIGNATIONS**

### Staffing

The home's provider or entity representative must live in the home, or employ or have a contract with a resident manager who lives in the home and is responsible for the care and services of each resident at all times. The provider, entity representative, or resident manager is exempt from the requirement to live in the home if the home has 24-hour staffing coverage and a staff person who can make needed decisions is always present in the home. (WAC 388-76-10040)

- The provider lives in the home.
- A resident manager lives in the home and is responsible for the care and services of each resident at all times.

The provider, entity representative, or resident manager does not live in the home but the home has 24-hour staffing coverage, and a staff person who can make needed decisions is always present in the home.

The normal staffing levels for the home are:

- Registered nurse, days and times: Only as needed such as for Nurse delegator \_\_\_\_\_
- Licensed practical nurse, days and times: \_\_\_\_\_
- Certified nursing assistant or long term care workers, days and times: CNA or HCA 24/7 \_\_\_\_\_
- Awake staff at night
- Other:

#### ADDITIONAL COMMENTS REGARDING STAFFING

All nursing staff are licensed with Washington State Credentials

### Cultural or Language Access

The home must serve meals that accommodate cultural and ethnic backgrounds (388-76-10415) and provide informational materials in a language understood by residents and prospective residents (Chapter 388-76 various sections)

The home is particularly focused on residents with the following background and/or languages: English is the primary language spoken in Sunrise Garden Adult Family Home. Sensitivity and respect of our Client's ethnicity and cultural beliefs and practices is of importance to our staff. Specific requests or Needs would be part of the client specific care plan.

#### ADDITIONAL COMMENTS REGARDING CULTURAL OR LANGUAGE ACCESS

Our home welcomes different cultural backgrounds

### Medicaid

The home must fully disclose the home's policy on accepting Medicaid payments. The policy must clearly state the circumstances under which the home provides care for Medicaid eligible residents and for residents who become eligible for Medicaid after admission. (WAC 388-76-10522)

- The home is a private pay facility and does not accept Medicaid
- payments. The home will accept Medicaid payments under the

following conditions: Sunrise Garden AFH accepts residents based on the level of care the AFH is capable to meet resident's needs.

**ADDITIONAL COMMENTS**  
REGARDING MEDICAID Sunrise Garden Adult Family Home has a Medicaid policy that is fully disclosed to clients and their families prior to admission

**Activities**

The home must provide each resident with a list of activities customarily available in the home or arranged for by the home (WAC 388-76-10530).

The home provides the following: Our activities are based on client preferences and abilities. This is our client's home, if they would like to be involved with normal household activities we would encourage this. This might include assisting with meal preparation, gardening or folding laundry just like they would at home. Other activities would include puzzles, painting, Bingo, music, manicure and pedicure, holiday and birthday celebrations,

**ADDITIONAL COMMENTS**  
REGARDING ACTIVITIES Preferred hobbies and activities would be learned during a detailed assessment of each client prior to Admission. We would try to provide activities that would match with what clients have loved doing in the Past. Each one of us live with a purpose weather big or small it's our job to find what our clients enjoy doing and assist them fulfilling it.

Please return the completed form electronically to [AFHDisclosures@DSHS.WA.GOV](mailto:AFHDisclosures@DSHS.WA.GOV)

The form may also be returned by mail at:  
RCS – Attn: Disclosure of Services  
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