

Adult Family Home Disclosure of Services Required by RCW 70.128.280

HOME / PROVIDER Elena's Adult Family Home/ Elena Bobaru	LICENSE NUMBER 753576
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NOTE: The term “the home” refers to the adult family home / provider listed above.

The scope of care, services, and activities listed on this form may not reflect all required care and services the home must provide. The home may not be able to provide services beyond those disclosed on this form, unless the needs can be met through “reasonable accommodations.” The home may also need to reduce the level of care they are able to provide based on the needs of the residents already in the home. For more information on reasonable accommodations and the regulations for adult family homes, see [Chapter 388-76](#) of Washington Administrative Code.

Table of Contents

- [About the Home](#)
- [Personal Care](#)
- [Medication Services](#)
- [Skilled Nursing Services and Nursing Delegation](#)
- [Specialty Care Designations](#)
- [Staffing](#)
- [Cultural or Language Access](#)
- [Medicaid](#)
- [Activities](#)

About the Home

1. PROVIDERS STATEMENT (OPTIONAL)

The optional provider’s statement is free text description of the mission, values, and/or other distinct attributes of the home.

Pacific Northwest Home Care provides care for senior citizens, giving you the peace of mind that your loved one is expertly cared for in a nurturing and loving environment. We provide a family-style private and comfortable home environment for our residents. Our premium, professional caregivers care for our residents in a gentle and sensitive manner, with attention to their individual needs and preferences. With us, our residents retire at a place they love with their every need met.

2. INITIAL LICENSING DATE

01/24/2018

3. OTHER ADDRESS OR ADDRESSES WHERE PROVIDER HAS BEEN LICENSED:

4. SAME ADDRESS PREVIOUSLY LICENSED AS:

5. OWNERSHIP

- Sole proprietor
- Limited Liability Company
- Co-owned by:
- Other:

Personal Care

“Personal care services” means both physical assistance and/or prompting and supervising the performance of direct personal care tasks as determined by the resident’s needs, and does not include assistance with tasks performed by a licensed health professional. (WAC 388-76-10000)

1. EATING

If needed, the home may provide assistance with eating as follows:

We provide daily home made food and fresh fruit in season. We accommodate special diets, including feeding tube. We provide set-up, cue, feeding as needed and supervision of meals.

2. TOILETING

If needed, the home may provide assistance with toileting as follows:

All aspects of toileting is provided: incontinence management and continence assistance as needed.

3. WALKING

If needed, the home may provide assistance with walking as follows:

We provide care to independent ambulatory residents, residents who need assistance or devices for walking (wheelchairs, walkers), as well as bed bounded residents.

4. TRANSFERRING

If needed, the home may provide assistance with transferring as follows:

We provide assistance with all types of transfers, including hooyer lift, as needed by residents.

5. POSITIONING

If needed, the home may provide assistance with positioning as follows:

We provide positioning services with the goal of personal comfort, medical needs, and prevention of any type of skin issues.

6. PERSONAL HYGIENE

If needed, the home may provide assistance with personal hygiene as follows:

We provide set-up, help, assistance, or we perform the tasks. We apply make-up and nail polish if requested by resident.

7. DRESSING

If needed, the home may provide assistance with dressing as follows:

We provide partial assistance or total assistance as needed by resident.

8. BATHING

If needed, the home may provide assistance with bathing as follows:

Our home has 3 walk-in showers for easy access. All aspects of bathing are provided in our home ranging from supervising, to assisting, to performing the entire task.

9. ADDITIONAL COMMENTS REGARDING PERSONAL CARE

We provide daily exercises if ordered and if preferred by resident, also hair and nail services by request.

Medication Services

If the home admits residents who need medication assistance or medication administration services by a legally authorized person, the home must have systems in place to ensure the services provided meet the medication needs of each resident and meet all laws and rules relating to medications. (WAC 388-76-10430)

The type and amount of medication assistance provided by the home is:

Oral, drops, inhalation, topical, insulin, tube feeding, catheter, per MD orders and delegated by RN. Medications are locked, documented when given, and properly disposed when required. We monitor side

effects and adverse reactions, we reorder the medication when needed and we use a home delivery pharmacy.

We also use The Home Doctor services, if residents prefer to skip the doctor's office visits.

ADDITIONAL COMMENTS REGARDING MEDICATION SERVICES

Right person, Right time, Right medication, Right route, Right dosage. ALWAYS, no room for errors.

Skilled Nursing Services and Nurse Delegation

If the home identifies that a resident has a need for nursing care and the home is not able to provide the care per chapter 18.79 RCW, the home must contract with a nurse currently licensed in the state of Washington to provide the nursing care and service, or hire or contract with a nurse to provide nurse delegation. (WAC 388-76-10405)

The home provides the following skilled nursing services:

Vital signs monitoring, glucose monitoring, catheter care, tube feeding, skin/wound care as permitted by WA state law for adult family home setting.

The home has the ability to provide the following skilled nursing services by delegation:

Everything that can be delegated per WA state law: glucose monitoring, tube feeding, colostomy care, insuline injections, topical, oral, eye and ear drops, PRN meds, catheter care.

ADDITIONAL COMMENTS REGARDING SKILLED NURSING SERVICE AND NURSING DELEGATION

Our home has an RN on call, who also provides medication delegation and assessments.

Specialty Care Designations

We have completed DSHS approved training for the following specialty care designations:

- Developmental disabilities
- Mental illness
- Dementia

ADDITIONAL COMMENTS REGARDING SPECIALTY CARE DESIGNATIONS

We provide Hospice care.

Staffing

The home's provider or entity representative must live in the home, or employ or have a contract with a resident manager who lives in the home and is responsible for the care and services of each resident at all times. The provider, entity representative, or resident manager is exempt from the requirement to live in the home if the home has 24-hour staffing coverage and a staff person who can make needed decisions is always present in the home. (WAC 388-76-10040)

- The provider lives in the home.
- A resident manager lives in the home and is responsible for the care and services of each resident at all times.
- The provider, entity representative, or resident manager does not live in the home but the home has 24-hour staffing coverage, and a staff person who can make needed decisions is always present in the home.

The normal staffing levels for the home are:

- Registered nurse, days and times: As needed
- Licensed practical nurse, days and times: As needed
- Certified nursing assistant or long term care workers, days and times: 24/7
- Awake staff at night
- Other: **Staff makes at least 2-3 rounds per night. Call buttons are provided or sensor mats for residents who do not have the ability to use call buttons.**

ADDITIONAL COMMENTS REGARDING STAFFING

Awake staff is hired only if needed

Cultural or Language Access

The home must serve meals that accommodate cultural and ethnic backgrounds (388-76-10415) and provide informational materials in a language understood by residents and prospective residents (Chapter 388-76 various sections)

The home is particularly focused on residents with the following background and/or languages:

We welcome male and female residents from any ethnic and religious background.

ADDITIONAL COMMENTS REGARDING CULTURAL OR LANGUAGE ACCESS

English and Romanian

Medicaid

The home must fully disclose the home’s policy on accepting Medicaid payments. The policy must clearly state the circumstances under which the home provides care for Medicaid eligible residents and for residents who become eligible for Medicaid after admission. (WAC 388-76-10522)

The home is a private pay facility and does not accept Medicaid payments.

The home will accept Medicaid payments under the following conditions:

The home will accept Medicaid residents, as long as we can meet the resident's needs.

ADDITIONAL COMMENTS REGARDING MEDICAID

Activities

The home must provide each resident with a list of activities customarily available in the home or arranged for by the home (WAC 388-76-10530).

The home provides the following:

Daily stretching/exercises, bingo, board and card games, reading books, watching movies, music and dance, crafts, backyard barbeques (weather permitting), birthdays and holidays parties. We can arrange for residents to attend a Senior Center if requested.

ADDITIONAL COMMENTS REGARDING ACTIVITIES

Please Return the completed form electronically to AFHDisclosures@DSHS.WA.GOV

The form may also be returned by mail at:

RCS – Attn: Disclosure of Services

PO Box 45600

Olympia, WA 98504-5600