Washington State Department of Social & Health Services
Transforming lives

Adult Family Home Disclosure of Services Required by RCW 70.128.280

HOME / PROVIDER	LICENSE NUMBER
Helping Hands AFH / Irina Cheptea	753255

NOTE: The term "the home" refers to the adult family home / provider listed above.

The scope of care, services, and activities listed on this form may not reflect all required care and services the home must provide. The home may not be able to provide services beyond those disclosed on this form, unless the needs can be met through "reasonable accommodations." The home may also need to reduce the level of care they are able to provide based on the needs of the residents already in the home. For more information on reasonable accommodations and the regulations for adult family homes, see Chapter 388-76 of Washington Administrative Code.

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About the Home

1. PROVIDERS STATEMENT (OPTIONAL)

The optional provider's statement is free text description of the mission, values, and/or other distinct attributes of the home.

To provide exceptional care with the scope to improve the physical, emotional and mental health of our residents.

2. INITIAL LICENSING DATE	3. OTHER ADDRESS OR ADDRESSES WHERE PROVIDER HAS BEEN LICENSED:
N/A	1003 Manzanita Way, Vancouver WA 98661

4. SAME ADDRESS PREVIOUSLY LICENSED AS:

N/A

5. OWNERSHIP

- ☐ Sole proprietor
- ☒ Limited Liability Company
- ☐ Co-owned by:
- ☐ Other:

Personal Care

"Personal care services" means both physical assistance and/or prompting and supervising the performance of direct personal care tasks as determined by the resident's needs, and does not include assistance with tasks performed by a licensed health professional. (WAC 388-76-10000)

1. EATING

If needed, the home may provide assistance with eating as follows:
prepare home made food and assist with feeding.

2. TOILETING

If needed, the home may provide assistance with toileting as follows:
assist with transfer to and from the restroom and assisf with all toileting needs. Routine in place for all dependent res

3. WALKING

If needed, the home may provide assistance with walking as follows:
assist when walking w/cane or walker. Transfering w/wc & hoyer lift as needed. maintain safe environment for walking.

4. TRANSFERRING

If needed, the home may provide assistance with transferring as follows:
Use wc, hoyer lift, grab bars, transfer poles etc. for all dependent residents.

5. POSITIONING

If needed, the home may provide assistance with positioning as follows:
Reposition every two hours or as needed during day/night.

6. PERSONAL HYGIENE

If needed, the home may provide assistance with personal hygiene as follows:
Provide assistance w/oral hygiene (washing teeth, cleaning dentures), shaving, foot care, skin care, nail care ~~etc~~.

7. DRESSING

If needed, the home may provide assistance with dressing as follows:
Assist w/dressing in AM & PM per residents preferences and abilities.

8. BATHING

If needed, the home may provide assistance with bathing as follows:
Bathing is provided two times per week in bathroom or bed. Transfer shower chair available.

9. ADDITIONAL COMMENTS REGARDING PERSONAL CARE
All ADLs as needed per care plan or Dr's orders.

Medication Services

If the home admits residents who need medication assistance or medication administration services by a legally authorized person, the home must have systems in place to ensure the services provided meet the medication needs of each resident and meet all laws and rules relating to medications. (WAC 388-76-10430)

The type and amount of medication assistance provided by the home is:
All caregivers required to have Nurse Delegation & Diabetes certifications.

ADDITIONAL COMMENTS REGARDING MEDICATION SERVICES
All meds the residents can not take themselves will be administered per Nursing Delegation by RN.

Skilled Nursing Services and Nurse Delegation

If the home identifies that a resident has a need for nursing care and the home is not able to provide the care per chapter 18.79 RCW, the home must contract with a nurse currently licensed in the state of Washington to provide the nursing care and service, or hire or contract with a nurse to provide nurse delegation. (WAC 388-76-10405)

The home provides the following skilled nursing services:
Overall management & evaluation of care plan, observation and assessment of the patient's changing condition, ongoing assessment of rehab. needs & potential.

The home has the ability to provide the following skilled nursing services by delegation:
psychatropic meds. ointments, eye drops, ear drops, insulin ingections, crushable meds etc.

ADDITIONAL COMMENTS REGARDING SKILLED NURSING SERVICE AND NURSING DELEGATION
RN on call 24/7

Specialty Care Designations

We have completed DSHS approved training for the following specialty care designations:

- ☐ Developmental disabilities
- ☒ Mental illness
- ☒ Dementia

ADDITIONAL COMMENTS REGARDING SPECIALTY CARE DESIGNATIONS
All caregivers requiered to have these certifications.

Staffing

The home's provider or entity representative must live in the home, or employ or have a contract with a resident manager who lives in the home and is responsible for the care and services of each resident at all times. The provider, entity representative, or resident manager is exempt from the requirement to live in the home if the home has 24-hour staffing coverage and a staff person who can make needed decisions is always present in the home. (WAC 388-76-10040)

- ☐ The provider lives in the home.
- ☒ A resident manager lives in the home and is responsible for the care and services of each resident at all times.
- ☐ The provider, entity representative, or resident manager does not live in the home but the home has 24-hour staffing coverage, and a staff person who can make needed decisions is always present in the home.

The normal staffing levels for the home are:

- ☐ Registered nurse, days and times: _____
- ☐ Licensed practical nurse, days and times: _____
- ☐ Certified nursing assistant or long term care workers, days and times: _____
- ☐ Awake staff at night
- ☐ Other:

ADDITIONAL COMMENTS REGARDING STAFFING

Cultural or Language Access

The home must serve meals that accommodate cultural and ethnic backgrounds (388-76-10415) and provide informational materials in a language understood by residents and prospective residents (Chapter 388-76 various sections)

The home is particularly focused on residents with the following background and/or languages:
American / English

ADDITIONAL COMMENTS REGARDING CULTURAL OR LANGUAGE ACCESS
The home can and will make appropriate acommodations on a case by case basis.

Medicaid

The home must fully disclose the home's policy on accepting Medicaid payments. The policy must clearly state the circumstances under which the home provides care for Medicaid eligible residents and for residents who become eligible for Medicaid after admission. (WAC 388-76-10522)

☐ The home is a private pay facility and does not accept Medicaid payments.

☒ The home will accept Medicaid payments under the following conditions:

ADDITIONAL COMMENTS REGARDING MEDICAID

Minimum monthly payment for the AFH to continue providing excellent care is $3000.00.

Activities

The home must provide each resident with a list of activities customarily available in the home or arranged for by the home (WAC 388-76-10530).

The home provides the following:

Holiday & Bday friends & family Parties, backyard available, puzzles, Bingo, special music, TV, newspapers, ocassional outings etc.

ADDITIONAL COMMENTS REGARDING ACTIVITIES

Resident's preferences will be taken into consideration.

Please Return the completed form electronically to AFHDisclosures@DSHS.WA.GOV

The form may also be returned by mail at:
RCS – Attn: Disclosure of Services
PO Box 45600
Olympia, WA 98504-5600