

Adult Family Home Disclosure of Services Required by RCW 70.128.280

HOME / PROVIDER Rise and Shine Adult Family Home LLC / Yelena Gebhardt L	LICENSE NUMBER 753138
--	---------------------------------

NOTE: The term “the home” refers to the adult family home / provider listed above.

The scope of care, services, and activities listed on this form may not reflect all required care and services the home must provide. The home may not be able to provide services beyond those disclosed on this form, unless the needs can be met through “reasonable accommodations.” The home may also need to reduce the level of care they are able to provide based on the needs of the residents already in the home. For more information on reasonable accommodations and the regulations for adult family homes, see [Chapter 388-76](#) of Washington Administrative Code.

Table of Contents

- [About the Home](#)
- [Personal Care](#)
- [Medication Services](#)
- [Skilled Nursing Services and Nursing Delegation](#)
- [Specialty Care Designations](#)
- [Staffing](#)
- [Cultural or Language Access](#)
- [Medicaid](#)
- [Activities](#)

About the Home	
<p>1. PROVIDERS STATEMENT (OPTIONAL)</p> <p>The optional provider’s statement is free text description of the mission, values, and/or other distinct attributes of the home.</p> <p>It is our mission to provide a comfortable and safe warm home like environment for our residents, providing compassionate personalized care encouraging resident independence. We have Christian based values. The home is located on a park like property with spectacular Mt. Rainier views. The security of knowing that Good Samaritan Hospital is just minutes away is another attribute of this home location.</p>	
<p>2. INITIAL LICENSING DATE</p> <p>06/20/2016</p>	<p>3. OTHER ADDRESS OR ADDRESSES WHERE PROVIDER HAS BEEN LICENSED:</p>
<p>4. SAME ADDRESS PREVIOUSLY LICENSED AS:</p>	
<p>5. OWNERSHIP</p> <p><input type="checkbox"/> Sole proprietor</p> <p><input checked="" type="checkbox"/> Limited Liability Company</p> <p><input type="checkbox"/> Co-owned by:</p> <p><input type="checkbox"/> Other:</p>	

Personal Care

"Personal care services" means both physical assistance and/or prompting and supervising the performance of direct personal care tasks as determined by the resident's needs, and does not include assistance with tasks performed by a licensed health professional. (WAC 388-76-10000)

1. EATING

If needed, the home may provide assistance with eating as follows:

We offer cuing and the cutting of food to full assisted feeding; we can provide diabetic diets with the ability to soft or puree food.

2. TOILETING

If needed, the home may provide assistance with toileting as follows:

We offer cuing to full assist with bowel program; Bed side commode with assist as needed; we do provide incontinence care.

3. WALKING

If needed, the home may provide assistance with walking as follows:

We offer one person stand by assist including with walker in room and in home

4. TRANSFERRING

If needed, the home may provide assistance with transferring as follows:

We offer one person stand by assist including with walker in room and in home

5. POSITIONING

If needed, the home may provide assistance with positioning as follows:

We offer cuing to total assist; repositioning programs

6. PERSONAL HYGIENE

If needed, the home may provide assistance with personal hygiene as follows:

We offer cuing to full assist; shaving Men everyday (women as needed); hair combed; fingernails trimmed and filed; foot care scheduled;teeth brushing

7. DRESSING

If needed, the home may provide assistance with dressing as follows:

We Provide assistance with dressing; Helping resident choose weather appropriate clothing and letting them be as idependant as posible in the choice of cloths to wear

8. BATHING

If needed, the home may provide assistance with bathing as follows:

We offer cuing; Daily sponge baths, Once to Twice weekly showering with partial assist to full assist

9. ADDITIONAL COMMENTS REGARDING PERSONAL CARE

We encourage resident independence as much as is practical

Medication Services

If the home admits residents who need medication assistance or medication administration services by a legally authorized person, the home must have systems in place to ensure the services provided meet the medication needs of each resident and meet all laws and rules relating to medications. (WAC 388-76-10430)

The type and amount of medication assistance provided by the home is:

We manage all medications and provide assistance in the dispensing of through nurse delegation.

ADDITIONAL COMMENTS REGARDING MEDICATION SERVICES

Skilled Nursing Services and Nurse Delegation

If the home identifies that a resident has a need for nursing care and the home is not able to provide the care per chapter 18.79 RCW, the home must contract with a nurse currently licensed in the state of Washington to provide the nursing care and service, or hire or contract with a nurse to provide nurse delegation. (WAC 388-76-10405)

The home provides the following skilled nursing services:

We offer nursing services through nurse delegation or through a visiting nursing agency

The home has the ability to provide the following skilled nursing services by delegation:

We offer all nursing services that can be delegated

ADDITIONAL COMMENTS REGARDING SKILLED NURSING SERVICE AND NURSING DELEGATION

Specialty Care Designations

We have completed DSHS approved training for the following specialty care designations:

- Developmental disabilities
- Mental illness
- Dementia

ADDITIONAL COMMENTS REGARDING SPECIALTY CARE DESIGNATIONS

Staffing

The home's provider or entity representative must live in the home, or employ or have a contract with a resident manager who lives in the home and is responsible for the care and services of each resident at all times. The provider, entity representative, or resident manager is exempt from the requirement to live in the home if the home has 24-hour staffing coverage and a staff person who can make needed decisions is always present in the home. (WAC 388-76-10040)

- The provider lives in the home.
- A resident manager lives in the home and is responsible for the care and services of each resident at all times.
- The provider, entity representative, or resident manager does not live in the home but the home has 24-hour staffing coverage, and a staff person who can make needed decisions is always present in the home.

The normal staffing levels for the home are:

- Registered nurse, days and times: _____
- Licensed practical nurse, days and times: _____
- Certified nursing assistant or long term care workers, days and times: **24 hours x 7 days a week**
- Awake staff at night
- Other:

ADDITIONAL COMMENTS REGARDING STAFFING

Cultural or Language Access

The home must serve meals that accommodate cultural and ethnic backgrounds (388-76-10415) and provide informational materials in a language understood by residents and prospective residents (Chapter 388-76 various sections)

The home is particularly focused on residents with the following background and/or languages:

English, Russian, Ukraine

ADDITIONAL COMMENTS REGARDING CULTURAL OR LANGUAGE ACCESS

Medicaid

The home must fully disclose the home's policy on accepting Medicaid payments. The policy must clearly state the circumstances under which the home provides care for Medicaid eligible residents and for residents who become eligible for Medicaid after admission. (WAC 388-76-10522)

- The home is a private pay facility and does not accept Medicaid payments.
- The home will accept Medicaid payments under the following conditions:

ADDITIONAL COMMENTS REGARDING MEDICAID

Activities

The home must provide each resident with a list of activities customarily available in the home or arranged for by the home (WAC 388-76-10530).

The home provides the following:

Music; gardening during the season; movies; games; library services; reading; TV, based on residents desires and interests.

ADDITIONAL COMMENTS REGARDING ACTIVITIES

Please Return the completed form electronically to AFHDisclosures@DSHS.WA.GOV

The form may also be returned by mail at:
RCS – Attn: Disclosure of Services
PO Box 45600
Olympia, WA 98504-5600