



# Adult Family Home Disclosure of Services Required by RCW 70.128.280

HOME / PROVIDER <b>Myolympia, LLC, dba: Canterwood Estates AFH</b>	LICENSE NUMBER <b>753081</b>
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**NOTE:** The term "the home" refers to the adult family home / provider listed above.

The scope of care, services, and activities listed on this form may not reflect all required care and services the home must provide. The home may not be able to provide services beyond those disclosed on this form, unless the needs can be met through "reasonable accommodations." The home may also need to reduce the level of care they are able to provide based on the needs of the residents already in the home. For more information on reasonable accommodations and the regulations for adult family homes, see Chapter 388-76 of Washington Administrative Code.

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### About the Home

**1. PROVIDERS STATEMENT (OPTIONAL)**

The optional provider's statement is free text description of the mission, values, and/or other distinct attributes of the home.

**24/7 personalized care, Three nutritious home cooked meals and frequent snacks with dietary modifications, Daily assistance with bathing, dressing, Diabetic, stroke, oxygen dependent care, Incontinence care management, Companionship, emotional support to residents and families, Housekeeping, personal Laundry and linens, Medication management, supervision and monitoring, Nurse Delegation, Frequent communication with Family and Physicians, Beautician services, Social Activities, Exercise Programs.**

**2. INITIAL LICENSING DATE**

**3. OTHER ADDRESS OR ADDRESSES WHERE PROVIDER HAS BEEN LICENSED:**

**4. SAME ADDRESS PREVIOUSLY LICENSED AS:**

**5. OWNERSHIP**

- Sole proprietor
- Limited Liability Corporation
- Co-owned by:
- Other:

### Personal Care

"Personal care services" means both physical assistance and/or prompting and supervising the performance of direct personal care tasks as determined by the resident's needs, and does not include assistance with tasks performed by a licensed health professional. (WAC 388-76-10000)

1. EATING

If needed, the home may provide assistance with eating as follows:

**Feeding by caregiver, purated food, diabetic meals.**

2. TOILETING

If needed, the home may provide assistance with toileting as follows:

**Toileting management (plans), incontinence care management**

3. WALKING

If needed, the home may provide assistance with walking as follows:

**Walkers, or canes, also assist with caregivers providing support to resident while walking**

4. TRANSFERRING

If needed, the home may provide assistance with transferring as follows:

**Single caregiver assistance, two person transfer and hooyer lift.**

5. POSITIONING

If needed, the home may provide assistance with positioning as follows:

**Single caregiver or two person caregiver repositioning, bridging, etc.**

6. PERSONAL HYGIENE

If needed, the home may provide assistance with personal hygiene as follows:

**Showering, daily cleaning, washing, brushing teeth, hair, etc**

7. DRESSING

If needed, the home may provide assistance with dressing as follows:

**Complete care in dressing with or with out assistance**

8. BATHING

If needed, the home may provide assistance with bathing as follows:

**Single person assistance or two person assistance for showering or standby assistance.**

9. ADDITIONAL COMMENTS REGARDING PERSONAL CARE

**We provide what ever personal care is required.**

### Medication Services

If the home admits residents who need medication assistance or medication administration services by a legally authorized person, the home must have systems in place to ensure the services provided meet the medication needs of each resident and meet all laws and rules relating to medications. (WAC 388-76-10430)

The type and amount of medication assistance provided by the home is:

**Medication management and assistance, self administration, nurse delegation for residents who cannot administer there own medications, Blood glusucose monitoring.**

ADDITIONAL COMMENTS REGARDING MEDICATION SERVICES

**We monitor all medications for Residents, log medication, time given and quantity and reordering.**

### Skilled Nursing Services and Nurse Delegation

If the home identifies that a resident has a need for nursing care and the home is not able to provide the care per chapter 18.79 RCW, the home must contract with a nurse currently licensed in the state of Washington to provide the nursing care and service, or hire or contract with a nurse to provide nurse delegation. (WAC 388-76-10405)

The home provides the following skilled nursing services:

#### In home Nursing by Providence or Assured

The home has the ability to provide the following skilled nursing services by delegation:

**Administration of oral medications including PRN medications, eye drops, application of creams and lotions, rectal suppositories for pain and constipation, Blood glucose monitoring, simple Wound Care.**

ADDITIONAL COMMENTS REGARDING SKILLED NURSING SERVICE AND NURSING DELEGATION

**If skilled nursing is required, we would have the Dr. order in home nursing service.**

### Specialty Care Designations

We have completed DSHS approved training for the following specialty care designations:

- Developmental disabilities
- Mental illness
- Dementia

ADDITIONAL COMMENTS REGARDING SPECIALTY CARE DESIGNATIONS

**We accept Dementia, Alzheimers and Mental Health Residents.**

### Staffing

The home's provider or entity representative must live in the home, or employ or have a contract with a resident manager who lives in the home and is responsible for the care and services of each resident at all times. The provider, entity representative, or resident manager is exempt from the requirement to live in the home if the home has 24-hour staffing coverage and a staff person who can make needed decisions is always present in the home. (WAC 388-76-10040)

- The provider lives in the home.
- A resident manager lives in the home and is responsible for the care and services of each resident at all times.
- The provider, entity representative, or resident manager does not live in the home but the home has 24-hour staffing coverage, and a staff person who can make needed decisions is always present in the home.

The normal staffing levels for the home are:

- Registered nurse, days and times: \_\_\_\_\_
- Licensed practical nurse, days and times: \_\_\_\_\_
- Certified nursing assistant or long term care workers, days and times: 7 days a week, 24 hours per day
- Awake staff at night
- Other: \_\_\_\_\_

ADDITIONAL COMMENTS REGARDING STAFFING

**We have 1 or 2 caregivers during the day and morning wake up and 1 to 3 caregivers for dinner and to assist residents getting to bed and 1 during the night**

### Cultural or Language Access

The home must serve meals that accommodate cultural and ethnic backgrounds (388-76-10415) and provide informational materials in a language understood by residents and prospective residents (Chapter 388-76 various sections)

The home is particularly focused on residents with the following background and/or languages:

**We have no preference on background and prefer English, but can communicate in Romanian, German, and French as well.**

ADDITIONAL COMMENTS REGARDING CULTURAL OR LANGUAGE ACCESS

None

Medicaid

The home must fully disclose the home's policy on accepting Medicaid payments. The policy must clearly state the circumstances under which the home provides care for Medicaid eligible residents and for residents who become eligible for Medicaid after admission. (WAC 388-76-10522)

The home is a private pay facility and does not accept Medicaid payments.

The home will accept Medicaid payments under the following conditions:

**We will allow a resident to convert to Medicaid under Medicaid laws, but will not allow more than two Medicaid Residents at one time to allow us to be solvent at all times according to WAC.**

ADDITIONAL COMMENTS REGARDING MEDICAID

Activities

The home must provide each resident with a list of activities customarily available in the home or arranged for by the home (WAC 388-76-10530).

The home provides the following:

**The home posts monthly activity schedules, but allows Residents to request activities they prefer anytime during normal business hours.**

ADDITIONAL COMMENTS REGARDING ACTIVITIES

None