

Adult Family Home Disclosure of Services Required by RCW 70.128.280

HOME / PROVIDER Arbor View Adult Family Home	LICENSE NUMBER 752922
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NOTE: The term “the home” refers to the adult family home / provider listed above.

The scope of care, services, and activities listed on this form may not reflect all required care and services the home must provide. The home may not be able to provide services beyond those disclosed on this form, unless the needs can be met through “reasonable accommodations.” The home may also need to reduce the level of care they are able to provide based on the needs of the residents already in the home. For more information on reasonable accommodations and the regulations for adult family homes, see [Chapter 388-76](#) of Washington Administrative Code.

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About the Home

1. PROVIDERS STATEMENT (OPTIONAL)

The optional provider’s statement is free text description of the mission, values, and/or other distinct attributes of the home.

Mission Statement: We strive to have a positive impact on our residents lives by promoting health, safety and individual rights.

While the business is newly licensed, the owner and resident manager are not new to Adult Family Homes. With over ten years in the healthcare industry working both bedside and administratively, we have developed a place that is focused on mental and physical wellbeing.

2. INITIAL LICENSING DATE

08/03/2015

3. OTHER ADDRESS OR ADDRESSES WHERE PROVIDER HAS BEEN LICENSED:

406 Alonna Place NE, Olympia, WA 98506

4. SAME ADDRESS PREVIOUSLY LICENSED AS:

Arbor View Adult Family Home

5. OWNERSHIP

- Sole proprietor
- Limited Liability Corporation
- Co-owned by:
- Other:

Personal Care

“Personal care services” means both physical assistance and/or prompting and supervising the performance of direct personal care tasks as determined by the resident’s needs, and does not include assistance with tasks performed by a licensed health professional. (WAC 388-76-10000)

1. EATING

If needed, the home may provide assistance with eating as follows:

Arbor View AFH can cater to clients who require dysphagia diets, low sodium or diabetic options, fluid restrictions, have food allergies, need adaptive eating utensils and dishes or require partial assistance, such as cuing and total feeding assistance.

2. TOILETING

If needed, the home may provide assistance with toileting as follows:

Arbor View AFH staff can provide standby assistance in the bathroom, perineal and perianal care post voiding or defecation, assistance with incontinent adults who require brief changes and one person sit to stand assists to the toilet.

3. WALKING

If needed, the home may provide assistance with walking as follows:

Arbor View AFH staff can provide stability with ataxic gaits or in clients with impaired vision with one person guided or standby assistance. The home is cane, walker, and wheelchair accessible. Should a client not be able to reach their durable medical equipment, staff can bring their equipment to them.

4. TRANSFERRING

If needed, the home may provide assistance with transferring as follows:

Staff is trained to provide one person assists with sit to stand and turn and pivots in all clients. Clients can be assisted to transfer to the toilets, couches, beds and recliners.

5. POSITIONING

If needed, the home may provide assistance with positioning as follows:

In clients with impaired mobility, Arbor View AFH can provide clients with active and passive range of motion exercises. We can assist clients with positioning or turning in bed. In wheelchair bound clients, we often encourage those clients to make frequent small shifts of their body to avoid pressure ulcers.

6. PERSONAL HYGIENE

If needed, the home may provide assistance with personal hygiene as follows:

Personal hygiene can include both total assistance or prompting with bed baths, assistance in roll in showers, hair care such as shaving and shampooing, oral care, denture care, nail trimming or filing (with diabetics), charging hearing aids, cleaning eye glasses and applying lotions or deodorants.

7. DRESSING

If needed, the home may provide assistance with dressing as follows:

Arbor View AFH is able to offer cuing in clients with minimal needs or complete assistance with dressing.

8. BATHING

If needed, the home may provide assistance with bathing as follows:

In clients with minimal needs, Arbor View AFH can provide a basic set up of towels, clothes and soaps. For wheelchair bound clients, there is a roll in shower or a bed bath can be provided.

9. ADDITIONAL COMMENTS REGARDING PERSONAL CARE

Arbor View AFH offers total support but encourages clients to retain as much independence as possible.

Medication Services

If the home admits residents who need medication assistance or medication administration services by a legally authorized person, the home must have systems in place to ensure the services provided meet the medication needs of each resident and meet all laws and rules relating to medications. (WAC 388-76-10430)

The type and amount of medication assistance provided by the home is:

Arbor View AFH can provide nurse delegation for assistance with medication administration, eye drops, inhalers, ear drops, diabetic blood sugar monitoring, insulin injections and medicated creams.

ADDITIONAL COMMENTS REGARDING MEDICATION SERVICES

Skilled Nursing Services and Nurse Delegation

If the home identifies that a resident has a need for nursing care and the home is not able to provide the care per chapter 18.79 RCW, the home must contract with a nurse currently licensed in the state of Washington to provide the nursing care and service, or hire or contract with a nurse to provide nurse delegation. (WAC 388-76-10405)

The home provides the following skilled nursing services:

Arbor View AFH can provide nursing services for monitoring vital signs and catheter care.

The home has the ability to provide the following skilled nursing services by delegation:

Skilled nursing services that are available and can be delegated are tube feeding management and maintenance, basic wound care and dressing changes and colostomy care.

ADDITIONAL COMMENTS REGARDING SKILLED NURSING SERVICE AND NURSING DELEGATION

Specialty Care Designations

We have completed DSHS approved training for the following specialty care designations:

- Developmental disabilities
- Mental illness
- Dementia

ADDITIONAL COMMENTS REGARDING SPECIALTY CARE DESIGNATIONS

Staffing

The home's provider or entity representative must live in the home, or employ or have a contract with a resident manager who lives in the home and is responsible for the care and services of each resident at all times. The provider, entity representative, or resident manager is exempt from the requirement to live in the home if the home has 24-hour staffing coverage and a staff person who can make needed decisions is always present in the home. (WAC 388-76-10040)

- The provider lives in the home.
- A resident manager lives in the home and is responsible for the care and services of each resident at all times.
- The provider, entity representative, or resident manager does not live in the home but the home has 24-hour staffing coverage, and a staff person who can make needed decisions is always present in the home.

The normal staffing levels for the home are:

- Registered nurse, days and times: _____
- Licensed practical nurse, days and times: **Monday and Friday from 11:00am to 1:00pm**
- Certified nursing assistant or long term care workers, days and times: **24/7**
- Awake staff at night
- Other: **RN on call 24/7**

ADDITIONAL COMMENTS REGARDING STAFFING
Cultural or Language Access
The home must serve meals that accommodate cultural and ethnic backgrounds (388-76-10415) and provide informational materials in a language understood by residents and prospective residents (Chapter 388-76 various sections)
The home is particularly focused on residents with the following background and/or languages: English
ADDITIONAL COMMENTS REGARDING CULTURAL OR LANGUAGE ACCESS
Medicaid
The home must fully disclose the home's policy on accepting Medicaid payments. The policy must clearly state the circumstances under which the home provides care for Medicaid eligible residents and for residents who become eligible for Medicaid after admission. (WAC 388-76-10522)
<input type="checkbox"/> The home is a private pay facility and does not accept Medicaid payments.
<input checked="" type="checkbox"/> The home will accept Medicaid payments under the following conditions:
ADDITIONAL COMMENTS REGARDING MEDICAID
Activities
The home must provide each resident with a list of activities customarily available in the home or arranged for by the home (WAC 388-76-10530).
The home provides the following: Arbor View AFH provides opportunities for socializing with other residents, two common areas with television available, music therapy, movie and popcorn nights, enclosed outdoor spaces for reading or bird watching, accompanied walks throughout the neighborhood (pending weather and staffing), personalized arts and crafts, board games and puzzles.
ADDITIONAL COMMENTS REGARDING ACTIVITIES Wifi is available for personal computers

Please Return the completed form electronically to AFHDisclosures@DSHS.WA.GOV

The form may also be returned by mail at:
RCS – Attn: Disclosure of Services
PO Box 45600
Olympia, WA 98504-5600