



Adult Family Home Disclosure of Services Required by RCW 70.128.280

HOME / PROVIDER CONTESSA ADULT FAMILY HOME	LICENSE NUMBER 752880
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NOTE: The term "the home" refers to the adult family home / provider listed above.

The scope of care, services, and activities listed on this form may not reflect all required care and services the home must provide. The home may not be able to provide services beyond those disclosed on this form, unless the needs can be met through "reasonable accommodations." The home may also need to reduce the level of care they are able to provide based on the needs of the residents already in the home. For more information on reasonable accommodations and the regulations for adult family homes, see [Chapter 388-76](#) of Washington Administrative Code.

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About the Home	
1. PROVIDERS STATEMENT (OPTIONAL) The optional provider's statement is free text description of the mission, values, and/or other distinct attributes of the home. The mission and intent of Contessa Adult Family Home is to make a positive difference in every life we touch, promoting health, safety and individual rights.	
2. INITIAL LICENSING DATE N/A	3. OTHER ADDRESS OR ADDRESSES WHERE PROVIDER HAS BEEN LICENSED: N/A
4. SAME ADDRESS PREVIOUSLY LICENSED AS: N/A	
5. OWNERSHIP <input type="checkbox"/> Sole proprietor <input checked="" type="checkbox"/> Limited Liability Corporation <input type="checkbox"/> Co-owned by: <input type="checkbox"/> Other:	

Personal Care

"Personal care services" means both physical assistance and/or prompting and supervising the performance of direct personal care tasks as determined by the resident's needs, and does not include assistance with tasks performed by a licensed health professional. (WAC 388-76-10000)

1. EATING

If needed, the home may provide assistance with eating as follows:

The AFH provides assistance with preparing 3 meals a day as indicated on the resident's ISP. Other services provided are portion control, maintaining a nutritious diet, cutting food into bite size pieces, monitoring for choking, follow doctor's orders in nutrition, meal planning, and education to help residents make healthy choices.

2. TOILETING

If needed, the home may provide assistance with toileting as follows:

If indicated on the resident ISP or if a resident's condition declines, assistance will be provided in the bathroom. For example; regular toileting, hygiene, timed toileting, assistance with transfers if needed and any other bathroom need.

3. WALKING

If needed, the home may provide assistance with walking as follows:

If indicated on a resident's ISP and if sudden change of condition, caregiver provides stand-by assistance. This includes hand-holding for balance or while orienting to environment. Education when walking in traffic such as; sidewalks, use of flashlights, safety vests, and utilizing metro training.

4. TRANSFERRING

If needed, the home may provide assistance with transferring as follows:

When indicated in resident's ISP.

5. POSITIONING

If needed, the home may provide assistance with positioning as follows:

As indicated on resident's ISP. If positioning is required caregiver will follow doctor's/PT/OT recommendations for positioning and how often.

6. PERSONAL HYGIENE

If needed, the home may provide assistance with personal hygiene as follows:

As indicated on resident's ISP. For current residents, hygiene is monitored daily. Support provided verbally, gestures, and physical assistance provided if resident is unable to perform personal hygiene tasks/shaving, washing, brushing teeth.

7. DRESSING

If needed, the home may provide assistance with dressing as follows:

As indicated in resident's ISP. Help can be in the form of verbal/physical cues. Assistance with picking out clothing, ensuring clothing is clean and matching, seasonally appropriate and fitting properly.

8. BATHING

If needed, the home may provide assistance with bathing as follows:

As indicated on resident's ISP. Range of care will be related to their ability. Will provide full bath service to verbally cue as needed.

9. ADDITIONAL COMMENTS REGARDING PERSONAL CARE

Each resident's need is addressed in the ISP and throughout the year. Support may change and services may vary (i.e., hairstyle as need for sports or work, cues for body lotion).

Medication Services

If the home admits residents who need medication assistance or medication administration services by a legally authorized person, the home must have systems in place to ensure the services provided meet the medication needs of each resident and meet all laws and rules relating to medications. (WAC 388-76-10430)

The type and amount of medication assistance provided by the home is:

Care provider is able to perform a range of medication assistance, all depending on the resident's ISP and ability. Independent and self administration and administration.

ADDITIONAL COMMENTS REGARDING MEDICATION SERVICES

Skilled Nursing Services and Nurse Delegation

If the home identifies that a resident has a need for nursing care and the home is not able to provide the care per chapter 18.79 RCW, the home must contract with a nurse currently licensed in the state of Washington to provide the nursing care and service, or hire or contract with a nurse to provide nurse delegation. (WAC 388-76-10405)

The home provides the following skilled nursing services:

We currently do provide nurse delegated services for our residents. Service is based on resident's ability as defined by medication assistance assessment form and ISP.

The home has the ability to provide the following skilled nursing services by delegation:

Yes. We are trained on current resident's needs and when new needs arise we contact the nurse delegate and case manager.

ADDITIONAL COMMENTS REGARDING SKILLED NURSING SERVICE AND NURSING DELEGATION

Specialty Care Designations

We have completed DSHS approved training for the following specialty care designations:

- Developmental disabilities
- Mental illness
- Dementia

ADDITIONAL COMMENTS REGARDING SPECIALTY CARE DESIGNATIONS

Staffing

The home's provider or entity representative must live in the home, or employ or have a contract with a resident manager who lives in the home and is responsible for the care and services of each resident at all times. The provider, entity representative, or resident manager is exempt from the requirement to live in the home if the home has 24-hour staffing coverage and a staff person who can make needed decisions is always present in the home. (WAC 388-76-10040)

- The provider lives in the home.
- A resident manager lives in the home and is responsible for the care and services of each resident at all times.
- The provider, entity representative, or resident manager does not live in the home but the home has 24-hour staffing coverage, and a staff person who can make needed decisions is always present in the home.

The normal staffing levels for the home are:

- Registered nurse, days and times: _____
- Licensed practical nurse, days and times: _____
- Certified nursing assistant or long term care workers, days and times: 24 Hours - 7 Days a week
- Awake staff at night
- Other:

ADDITIONAL COMMENTS REGARDING STAFFING

Current ratio is 1 care provider to 5 residents. Husband is also there for support. Respite caregivers also available to cover the AFH for vacation and emergency.

Cultural or Language Access

The home must serve meals that accommodate cultural and ethnic backgrounds (388-76-10415) and provide informational materials in a language understood by residents and prospective residents (Chapter 388-76 various sections)

The home is particularly focused on residents with the following background and/or languages:

English

ADDITIONAL COMMENTS REGARDING CULTURAL OR LANGUAGE ACCESS

Medicaid

The home must fully disclose the home's policy on accepting Medicaid payments. The policy must clearly state the circumstances under which the home provides care for Medicaid eligible residents and for residents who become eligible for Medicaid after admission. (WAC 388-76-10522)

The home is a private pay facility and does not accept Medicaid payments.

The home will accept Medicaid payments under the following conditions:

See admission agreement attachment.

ADDITIONAL COMMENTS REGARDING MEDICAID

Activities

The home must provide each resident with a list of activities customarily available in the home or arranged for by the home (WAC 388-76-10530).

The home provides the following:

The AFH does not provide structured activities.

ADDITIONAL COMMENTS REGARDING ACTIVITIES