



Adult Family Home Disclosure of Services Required by RCW 70.128.280

HOME / PROVIDER Amanda's Adult Family Home/Amanda Gebrehanna, RN	LICENSE NUMBER 752763
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NOTE: The term “the home” refers to the adult family home / provider listed above.

The scope of care, services, and activities listed on this form may not reflect all required care and services the home must provide. The home may not be able to provide services beyond those disclosed on this form, unless the needs can be met through “reasonable accommodations.” The home may also need to reduce the level of care they are able to provide based on the needs of the residents already in the home. For more information on reasonable accommodations and the regulations for adult family homes, see [Chapter 388-76](#) of Washington Administrative Code.

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About the Home

1. PROVIDERS STATEMENT (OPTIONAL) The optional provider’s statement is free text description of the mission, values, and/or other distinct attributes of the home. Our mission is to work hard each day to exceed the expectations of our clients and their families. Amanda's Adult Family Home is RN owned and managed, Amanda is at the home daily delegating, developing client specific care plans and providing direct care to clients. The home is warm, inviting and newly remodeled. There is ample outdoor seating on two decks and large flat grassy landscaped front and back yards, see photos at www.amandasadultfamilyhome.com.	
2. INITIAL LICENSING DATE 11/19/2014	3. OTHER ADDRESS OR ADDRESSES WHERE PROVIDER HAS BEEN LICENSED: N/A
4. SAME ADDRESS PREVIOUSLY LICENSED AS: N/A	
5. OWNERSHIP <input type="checkbox"/> Sole proprietor <input checked="" type="checkbox"/> Limited Liability Corporation <input type="checkbox"/> Co-owned by: <input type="checkbox"/> Other:	

Personal Care

“Personal care services” means both physical assistance and/or prompting and supervising the performance of direct personal care tasks as determined by the resident’s needs, and does not include assistance with tasks performed by a licensed health professional. (WAC 388-76-10000)

1. EATING

If needed, the home may provide assistance with eating as follows:

Caregivers will provide assistance to clients based on their specific needs and as indicated in the client specific care plan. Examples would include:

- * **Supervising and cueing clients who are at risk of choking/aspiration**
- * **Atering textures of food ie: cutting into bite sized pieces, chopping or pureeing solid foods**
- * **Feeding clients as indicated**
- * **Providing diets and food choices specific to client needs and preferences**

2. TOILETING

If needed, the home may provide assistance with toileting as follows:

Care provided is client specific. Examples of the types of assistance provided in our Home includes:

- * **Reminding client to visit the bathroom regularly**
- * **Supervision or stand by assistance while toileting**
- * **Assitance with use of a bedside commode, bed pan or urinal in the client's room**
- * **Changing of briefs/pads and incontinence care as needed**

3. WALKING

If needed, the home may provide assistance with walking as follows:

Examples of the types of assistance with walking offered by Amanda's Adult Family Home staff includes:

- * **Reminding client to use assistive devices such as a walker or cane**
- * **Cueing client on correct and safe use of devices such as a walker or cane**
- * **Standby or contact assist and/or use of gait belt during walking**
- * **Encouraging reglar walking within the client's abilities**

4. TRANSFERRING

If needed, the home may provide assistance with transferring as follows:

The safety of our clients is our priority, examples of the types of assitance with transfers includes:

- * **Supervision or standby assist with transfers**
- * **One person assistance with transfers from bed to chair or commode**
- * **Two person assistance with transfers from bed to chair or commode**
- * **Following and cueing clients regarding specific instructions from physican or physical therapist such as: Nonweightbearing or partial weightbearing to a healing limb.**
- * **Hoyer lift transfers as indicated**

5. POSITIONING

If needed, the home may provide assistance with positioning as follows:

Assistance with repositioning would be provided based on the client's needs and abilities, examples of the types of assistance provided by our caregivers includes:

- * **Cueing and reminding clients to change position or turn**
- * **One or two person assistance with changing position or turning while in bed or chair**
- * **Following specialized orders from physician or physical therapist for specific positioning**
- * **Turning on a regular two hour schedule for clients at high risk for skin breakdown/bedsore**

6. PERSONAL HYGIENE

If needed, the home may provide assistance with personal hygiene as follows:

With all activities of daily living our clients are encouraged to participate as much as they are able in order to maintain optimal independence. Our caregivers can provide:

- * **Assistance with oral care**
- * **Assistance with shaving and hair styling**
- * **Assistance with showers or bath and shampoo offered at least twice weekly as client is able**
- * **Bedbath if client unable to use bath or shower**
- * **Application of deodorant, lotions, make up**
- * **Assistance with nail care, toenail trimming by RN only**

7. DRESSING

If needed, the home may provide assistance with dressing as follows:

- * **Supervision and standby assistance during dressing**
- * **Providing assistance with dressing top and bottom as needed, stockings and shoes**
- * **Following instructions from occupational therapy regarding dressing routine**

8. BATHING

If needed, the home may provide assistance with bathing as follows:

Amanda's Adult Family Home has a roll in shower and a tub. Safety would be a priority while providing care during a shower. Assistance would be provided based on the client's abilities examples would include:

- * **Supervision during shower for safety and avoid slips or falls**
- * **Cuing client during shower**
- * **Providing total assistance with shower**
- * **Making the shower experience a positive one by keeping the water and room warm and not rushing**
- * **Assessing skin**

9. ADDITIONAL COMMENTS REGARDING PERSONAL CARE

Caregivers at Amanda's Adult Family Home encourage clients to be as independent as possible while providing support and care as needed

Medication Services

If the home admits residents who need medication assistance or medication administration services by a legally authorized person, the home must have systems in place to ensure the services provided meet the medication needs of each resident and meet all laws and rules relating to medications. (WAC 388-76-10430)

The type and amount of medication assistance provided by the home is:

Having an RN on site daily, we are able to delegate medication administration to all caregivers. Our staff can provide assistance by:

- * **Reminding client to take their medications on time**

* **Assisting the client with administration of oral medications by handing them to the client**

* **Total assistance with medication administration**

ADDITIONAL COMMENTS REGARDING MEDICATION SERVICES

Staff at Amanda's Adult Family Home have been trained to be delegated with the tasks of blood glucose monitoring and insulin administration for diabetic clients

Skilled Nursing Services and Nurse Delegation

If the home identifies that a resident has a need for nursing care and the home is not able to provide the care per chapter 18.79 RCW, the home must contract with a nurse currently licensed in the state of Washington to provide the nursing care and service, or hire or contract with a nurse to provide nurse delegation. (WAC 388-76-10405)

The home provides the following skilled nursing services:

Amanda's Adult Family Home is RN owned and managed by an RN with over 22 years nursing experience mostly of the hospitalized patient. An RN will be on site daily to delegate, supervise, instruct caregivers or to deliver hands on care. Nurse delegation and assessment fees are included in our monthly service rate for all clients. We are able to provide care to more clinically complex clients that might require things like wound care, end of life care or diabetes management.

The home has the ability to provide the following skilled nursing services by delegation:

Amanda Gebrehanna, RN can delegate client care including medication assistance or administration including oral, topical, inhaled medications and drops. Examples of other delegated tasks include, nonsterile suctioning, in and out catheters/bladder irrigation, tube feedings, colostomy care, simple dressings and insulin injections.

ADDITIONAL COMMENTS REGARDING SKILLED NURSING SERVICE AND NURSING DELEGATION

Amanda Gebrehanna, RN and staff at Amanda's Adult Family Home have attended special training required by DSHS to provide RN delegation in our home

Specialty Care Designations

We have completed DSHS approved training for the following specialty care designations:

- Developmental disabilities
- Mental illness
- Dementia

ADDITIONAL COMMENTS REGARDING SPECIALTY CARE DESIGNATIONS

Special care an attention is required for clients with a diagnosis related to mental health conditions or dementia, Amanda's Adult Family Home caregivers have attending training specific for these clients. Dementia clients require a calm approach, we may need to reintroduce ourselves each time we approach them as they may not remember us. A friendly tone of voice and facial expressions also help to reassure a client with dementia.

Staffing

The home's provider or entity representative must live in the home, or employ or have a contract with a resident manager who lives in the home and is responsible for the care and services of each resident at all times. The provider, entity representative, or resident manager is exempt from the requirement to live in the home if the home has 24-hour staffing coverage and a staff person who can make needed decisions is always present in the home. (WAC 388-76-10040)

- The provider lives in the home.
- A resident manager lives in the home and is responsible for the care and services of each resident at all times.
- The provider, entity representative, or resident manager does not live in the home but the home has 24-hour staffing coverage, and a staff person who can make needed decisions is always present in the home.

The normal staffing levels for the home are:

- Registered nurse, days and times: **in the home daily minimum of 2 hours up to 12hours some days**
- Licensed practical nurse, days and times: _____
- Certified nursing assistant or long term care workers, days and times: **daily when RN not on site**
- Awake staff at night
- Other: _____

ADDITIONAL COMMENTS REGARDING STAFFING

Staffing is based on the needs of our clients. Our caregivers have received Washington state required training and certifications in first aid, CPR and food handling.

Cultural or Language Access

The home must serve meals that accommodate cultural and ethnic backgrounds (388-76-10415) and provide informational materials in a language understood by residents and prospective residents (Chapter 388-76 various sections)

The home is particularly focused on residents with the following background and/or languages:

English is the primary language spoken in Amanda's Adult Family Home. Sensitivity and respect of our client's ethnicity and cultural beliefs and practices is of importance to our staff. Specific requests or needs would be part of the client specific care plan.

ADDITIONAL COMMENTS REGARDING CULTURAL OR LANGUAGE ACCESS

Caregivers also speak Amaharic.

Medicaid

The home must fully disclose the home's policy on accepting Medicaid payments. The policy must clearly state the circumstances under which the home provides care for Medicaid eligible residents and for residents who become eligible for Medicaid after admission. (WAC 388-76-10522)

- The home is a private pay facility and does not accept Medicaid payments.
- The home will accept Medicaid payments under the following conditions:

The client will likely be in a shared room or move to a shared room once Medicaid becomes their payment source.

ADDITIONAL COMMENTS REGARDING MEDICAID

Amanda's Adult Family Home has a medicaid policy that is fully disclosed to clients and their families prior to admission.

Activities

The home must provide each resident with a list of activities customarily available in the home or arranged for by the home (WAC 388-76-10530).

The home provides the following:

Our activities are based on client preferences and abilities. This is our client's home, if they would like to be involved with normal household activities we would encourage this. This might include assisting with meal preparation, gardening or folding laundry just like they would at home. Other activities would include puzzles, painting, music, holiday and birthday celebrations, BBQ nights on our deck or going for assisted walks.

ADDITIONAL COMMENTS REGARDING ACTIVITIES

Preferred hobbies and activities would be learned during a detailed assessment of each client prior to admission. We would try to provide activities that would match with what clients have loved doing in the past. In my experience as a nurse I have learned that each of us needs a purpose, no matter how big or small, purpose provides motivation and inspiration for our lives. It is our job to find out what our client's purpose is and assist them in fulfilling it.

