



Adult Family Home Disclosure of Services Required by RCW 70.128.280

HOME / PROVIDER Loving Options, LLC DBA: Heritage Retreat	LICENSE NUMBER 752597
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NOTE: The term “the home” refers to the adult family home / provider listed above.

The scope of care, services, and activities listed on this form may not reflect all required care and services the home must provide. The home may not be able to provide services beyond those disclosed on this form, unless the needs can be met through “reasonable accommodations.” The home may also need to reduce the level of care they are able to provide based on the needs of the residents already in the home. For more information on reasonable accommodations and the regulations for adult family homes, see [Chapter 388-76](#) of Washington Administrative Code.

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About the Home

1. PROVIDERS STATEMENT (OPTIONAL)

The optional provider’s statement is free text description of the mission, values, and/or other distinct attributes of the home.

Heritage Retreat is committed to delivering the best possible quality of life for all seniors. Our resident-centered philosophy enables us to care for residents on an individualized basis. Here we value the unique life experiences of every senior and give each person the respect they deserve and are entitled to. We encourage each of our unique resident by developing an individualized approach to the care we provide based on the individual characteristics, wellness needs and the preferences of each resident.

2. INITIAL LICENSING DATE

03/14/2014

3. OTHER ADDRESS OR ADDRESSES WHERE PROVIDER HAS BEEN LICENSED:

N/A

4. SAME ADDRESS PREVIOUSLY LICENSED AS:

7701 NE 147th Ave Vancouver, WA 98682

5. OWNERSHIP

- Sole proprietor
- Limited Liability Corporation**
- Co-owned by:
- Other:

Personal Care

“Personal care services” means both physical assistance and/or prompting and supervising the performance of direct personal care tasks as determined by the resident’s needs, and does not include assistance with tasks performed by a licensed health professional. (WAC 388-76-10000)

1. EATING

If needed, the home may provide assistance with eating as follows:

Help the patient with feeding as needed (daily or occasionally)

2. TOILETING

If needed, the home may provide assistance with toileting as follows:

Providing assistance with all toileting levels as needed (physically helping the patient to and from the toilet or bathroom, care for bowel/bladder incontinence which includes cleaning, and provide other services as requested by the patient.

3. WALKING

If needed, the home may provide assistance with walking as follows:

Assist the patient with walking through the house, outside, etc. Depending on the case a wheelchair or walker can/will be used.

4. TRANSFERRING

If needed, the home may provide assistance with transferring as follows:

Routinely provide assistance with transferring in/out of bed, wheelchair, toilet, shower chair, physical assistance with transferring. Additional transferring assistance is provided depending on the care level.

5. POSITIONING

If needed, the home may provide assistance with positioning as follows:

Turn the patient from one side to the other, provide additional assistance with positioning as requested/needed

6. PERSONAL HYGIENE

If needed, the home may provide assistance with personal hygiene as follows:

Bathing, brushing teeth, combing hair, cutting nails, trimming facial hair, applying deodorant, etc.

7. DRESSING

If needed, the home may provide assistance with dressing as follows:

Assist the patient with dressing and undressing and if they are not able to dress or undress.

8. BATHING

If needed, the home may provide assistance with bathing as follows:

Physically assist the patient with getting in/out of the shower/tub, as needed complete bathing assistance and bed baths are provided. This is dependent on the level of care and when needed special devices are available.

9. ADDITIONAL COMMENTS REGARDING PERSONAL CARE

Medication Services

If the home admits residents who need medication assistance or medication administration services by a legally authorized person, the home must have systems in place to ensure the services provided meet the medication needs of each resident and meet all laws and rules relating to medications. (WAC 388-76-10430)

The type and amount of medication assistance provided by the home is:

All medications are given by the home provider as directed by a doctor or by nurse delegation

ADDITIONAL COMMENTS REGARDING MEDICATION SERVICES

Skilled Nursing Services and Nurse Delegation

If the home identifies that a resident has a need for nursing care and the home is not able to provide the care per chapter 18.79 RCW, the home must contract with a nurse currently licensed in the state of Washington to provide the nursing care and service, or hire or contract with a nurse to provide nurse delegation. (WAC 388-76-10405)

The home provides the following skilled nursing services:

All nursing services are done by qualified medical professionals.

The home has the ability to provide the following skilled nursing services by delegation:

N/A

ADDITIONAL COMMENTS REGARDING SKILLED NURSING SERVICE AND NURSING DELEGATION

Specialty Care Designations

We have completed DSHS approved training for the following specialty care designations:

- Developmental disabilities
- Mental illness
- Dementia

ADDITIONAL COMMENTS REGARDING SPECIALTY CARE DESIGNATIONS

Staffing

The home's provider or entity representative must live in the home, or employ or have a contract with a resident manager who lives in the home and is responsible for the care and services of each resident at all times. The provider, entity representative, or resident manager is exempt from the requirement to live in the home if the home has 24-hour staffing coverage and a staff person who can make needed decisions is always present in the home. (WAC 388-76-10040)

- The provider lives in the home.
- A resident manager lives in the home and is responsible for the care and services of each resident at all times.
- The provider, entity representative, or resident manager does not live in the home but the home has 24-hour staffing coverage, and a staff person who can make needed decisions is always present in the home.

The normal staffing levels for the home are:

- Registered nurse, days and times: nurse delegation as needed/requested
- Licensed practical nurse, days and times: as needed/requested
- Certified nursing assistant or long term care workers, days and times: 24/7
- Awake staff at night
- Other: Visiting MD and on call

ADDITIONAL COMMENTS REGARDING STAFFING

Meet or exceed WA State Law minimum standards

Cultural or Language Access

The home must serve meals that accommodate cultural and ethnic backgrounds (388-76-10415) and provide informational materials in a language understood by residents and prospective residents (Chapter 388-76 various sections)

The home is particularly focused on residents with the following background and/or languages:
We at the Heritage Retreat do not discriminate and all backgrounds are welcome.

ADDITIONAL COMMENTS REGARDING CULTURAL OR LANGUAGE ACCESS

Medicaid

The home must fully disclose the home's policy on accepting Medicaid payments. The policy must clearly state the circumstances under which the home provides care for Medicaid eligible residents and for residents who become eligible for Medicaid after admission. (WAC 388-76-10522)

The home is a private pay facility and does not accept Medicaid payments.

The home will accept Medicaid payments under the following conditions:

ADDITIONAL COMMENTS REGARDING MEDICAID

Activities

The home must provide each resident with a list of activities customarily available in the home or arranged for by the home (WAC 388-76-10530).

The home provides the following:

Social hour, board games, reading, walking/stretching, watching tv, and drawing.

ADDITIONAL COMMENTS REGARDING ACTIVITIES

For more information, please visit: www.heritageretreat.net