



## Adult Family Home Disclosure of Services Required by RCW 70.128.280

HOME / PROVIDER <b>Bethesda Gardens / Judith Kimani</b>	LICENSE NUMBER <b>752594</b>
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**NOTE:** The term "the home" refers to the adult family home / provider listed above.

The scope of care, services, and activities listed on this form may not reflect all required care and services the home must provide. The home may not be able to provide services beyond those disclosed on this form, unless the needs can be met through "reasonable accommodations." The home may also need to reduce the level of care they are able to provide based on the needs of the residents already in the home. For more information on reasonable accommodations and the regulations for adult family homes, see Chapter 388-76 of Washington Administrative Code.

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RCS/Public Disclosure

About the Home	
<p>1. PROVIDERS STATEMENT (OPTIONAL)</p> <p>The optional provider's statement is free text description of the mission, values, and/or other distinct attributes of the home.</p> <p><b>Bethesda Gardens is a beautiful home located in the heart of Twin Lakes in Federal way. Our home is a warm, comfortable, safe and engaging for our residents. We are dedicated to providing your loved one with the greatest level of care, respect, integrity and compassion.</b></p>	
<p>2. INITIAL LICENSING DATE</p> <p><b>03/09/2015</b></p>	<p>3. OTHER ADDRESS OR ADDRESSES WHERE PROVIDER HAS BEEN LICENSED:</p> <p><b>NONE</b></p>
<p>4. SAME ADDRESS PREVIOUSLY LICENSED AS:</p> <p><b>N/A</b></p>	
<p>5. OWNERSHIP</p> <p><input type="checkbox"/> Sole proprietor</p> <p><input checked="" type="checkbox"/> Limited Liability Corporation</p> <p><input type="checkbox"/> Co-owned by:</p> <p><input type="checkbox"/> Other:</p>	

### Personal Care

"Personal care services" means both physical assistance and/or prompting and supervising the performance of direct personal care tasks as determined by the resident's needs, and does not include assistance with tasks performed by a licensed health professional. (WAC 388-76-10000)

#### 1. EATING

If needed, the home may provide assistance with eating as follows:

**We provide eating assistance from cueing and monitoring to total assist**

#### 2. TOILETING

If needed, the home may provide assistance with toileting as follows:

**We provide toileting assistance from cueing to monitoring to total care assist**

#### 3. WALKING

If needed, the home may provide assistance with walking as follows:

**We provide walking assistance from cueing to monitoring to one or two person assist to total assist**

#### 4. TRANSFERRING

If needed, the home may provide assistance with transferring as follows:

**We provide transfer assistance from cueing to monitoring to one or two person assist to total assist**

#### 5. POSITIONING

If needed, the home may provide assistance with positioning as follows:

**We provide assistance with positioning from cueing to monitoring to one or two person assist to total assist**

#### 6. PERSONAL HYGIENE

If needed, the home may provide assistance with personal hygiene as follows:

**We provide assistance with personal hygiene from cueing and set up to total assistance**

#### 7. DRESSING

If needed, the home may provide assistance with dressing as follows:

**We provide assistance with dressing from cueing and set up to total assistance**

#### 8. BATHING

If needed, the home may provide assistance with bathing as follows:

**We provide assistance with bathing from cueing and set up to total assistance**

#### 9. ADDITIONAL COMMENTS REGARDING PERSONAL CARE

**We have roll-in showers & shower chairs. Bethesda Gardens also provides hospice/end-of- life care**

### Medication Services

If the home admits residents who need medication assistance or medication administration services by a legally authorized person, the home must have systems in place to ensure the services provided meet the medication needs of each resident and meet all laws and rules relating to medications. (WAC 388-76-10430)

The type and amount of medication assistance provided by the home is:

**Bethesda Gardens administers oral medication, eye drops, nebulizer treatments, blood sugar monitoring and insulin injections, etc., from self administration to cueing and monitoring to total care assistance under the delegation of a Registered Nurse Delegator**

ADDITIONAL COMMENTS REGARDING MEDICATION SERVICES

**Our Nurse Assistants/Caregivers are credentialed, trained and delegated by a Registered Nurse to give medications**

**Skilled Nursing Services and Nurse Delegation**

If the home identifies that a resident has a need for nursing care and the home is not able to provide the care per chapter 18.79 RCW, the home must contract with a nurse currently licensed in the state of Washington to provide the nursing care and service, or hire or contract with a nurse to provide nurse delegation. (WAC 388-76-10405)

The home provides the following skilled nursing services:

**Our home works with home health agencies for tasks such as physical therapy, speech therapy, occupational therapy, etc.**

The home has the ability to provide the following skilled nursing services by delegation:

**Some of the skilled nursing services provided by delegation include but not limited to: wound care (simple 'non-sterile' dressing changes), blood glucose monitoring, Insulin administration, inhalation medication/nebulizer treatments, etc.**

ADDITIONAL COMMENTS REGARDING SKILLED NURSING SERVICE AND NURSING DELEGATION

**Specialty Care Designations**

We have completed DSHS approved training for the following specialty care designations:

- Developmental disabilities
- Mental illness
- Dementia

ADDITIONAL COMMENTS REGARDING SPECIALTY CARE DESIGNATIONS

**Most of our residents are the elderly**

**Staffing**

The home's provider or entity representative must live in the home, or employ or have a contract with a resident manager who lives in the home and is responsible for the care and services of each resident at all times. The provider, entity representative, or resident manager is exempt from the requirement to live in the home if the home has 24-hour staffing coverage and a staff person who can make needed decisions is always present in the home. (WAC 388-76-10040)

- The provider lives in the home.
- A resident manager lives in the home and is responsible for the care and services of each resident at all times.
- The provider, entity representative, or resident manager does not live in the home but the home has 24-hour staffing coverage, and a staff person who can make needed decisions is always present in the home.

The normal staffing levels for the home are:

- Registered nurse, days and times: As needed.
- Licensed practical nurse, days and times: \_\_\_\_\_
- Certified nursing assistant or long term care workers, days and times: 24/7 staffing
- Awake staff at night
- Other:

ADDITIONAL COMMENTS REGARDING STAFFING

**We will have a primary care physician available (House Doctor) who will make house calls and accepts Medicare and Medicaid**

**Cultural or Language Access**

The home must serve meals that accommodate cultural and ethnic backgrounds (388-76-10415) and provide informational materials in a language understood by residents and prospective residents (Chapter 388-76 various sections)

The home is particularly focused on residents with the following background and/or languages:

**Bethesda Gardens accepts all ethnic backgrounds and religious groups;preferably English speaking**

ADDITIONAL COMMENTS REGARDING CULTURAL OR LANGUAGE ACCESS

**We accommodate all cultural and ethnic backgrounds; and even residents with language impairment**

#### Medicaid

The home must fully disclose the home's policy on accepting Medicaid payments. The policy must clearly state the circumstances under which the home provides care for Medicaid eligible residents and for residents who become eligible for Medicaid after admission. (WAC 388-76-10522)

The home is a private pay facility and does not accept Medicaid payments.

The home will accept Medicaid payments under the following conditions:

**Direct Medicaid (only two beds available) and/or private pay with intent to convert to medicaid after at least one year of private pay**

ADDITIONAL COMMENTS REGARDING MEDICAID

#### Activities

The home must provide each resident with a list of activities customarily available in the home or arranged for by the home (WAC 388-76-10530).

The home provides the following:

**Planned and individual activities; puzzles, games, decorating, music therapy, movies, reading, arts and craft, walking outside in good weather and other exercises. Birthday and holiday celebrations. In-home hair dresser who also does manicure and pedicure.**

ADDITIONAL COMMENTS REGARDING ACTIVITIES

**Bethesda Gardens will also follow the care plan in regards to each resident's activity preference and/or doctor's recommendation.**

Please Return the completed form electronically to [AFHDisclosures@DSHS.WA.GOV](mailto:AFHDisclosures@DSHS.WA.GOV)

The form may also be returned by mail at:  
RCS – Attn: Disclosure of Services  
PO Box 45600  
Olympia, WA 98504-5600