

Adult Family Home Disclosure of Services Required by RCW 70.128.280

HOME / PROVIDER Bethesda, LLC AFH/Kostyantyn V Filonov	LICENSE NUMBER 752436
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NOTE: The term “the home” refers to the adult family home / provider listed above.

The scope of care, services, and activities listed on this form may not reflect all required care and services the home must provide. The home may not be able to provide services beyond those disclosed on this form, unless the needs can be met through “reasonable accommodations.” The home may also need to reduce the level of care they are able to provide based on the needs of the residents already in the home. For more information on reasonable accommodations and the regulations for adult family homes, see [Chapter 388-76](#) of Washington Administrative Code.

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About the Home

1. PROVIDERS STATEMENT (OPTIONAL)

The optional provider’s statement is free text description of the mission, values, and/or other distinct attributes of the home.

Mission: Supporting and improving the quality of life for seniors one person at a time in a caring, home-like setting

Values: Individualized Care, Compassion, Dignity, Quality, Respect, Safety

Vision: To make adult family homes an attractive and desirable place for seniors to reside

The facility is occupied by residents only and boasts attentive, knowledgeable caregivers around the clock. It prides itself in providing traditional, home-style cooking. The Provider's children are frequent visitors.

2. INITIAL LICENSING DATE

06/13/2013

3. OTHER ADDRESS OR ADDRESSES WHERE PROVIDER HAS BEEN LICENSED:

4. SAME ADDRESS PREVIOUSLY LICENSED AS:

5. OWNERSHIP

- Sole proprietor
- Limited Liability Corporation
- Co-owned by:
- Other:

Personal Care

“Personal care services” means both physical assistance and/or prompting and supervising the performance of direct personal care tasks as determined by the resident’s needs, and does not include assistance with tasks performed by a licensed health professional. (WAC 388-76-10000)

1. EATING

If needed, the home may provide assistance with eating as follows:

Basic assistance : prompting/reminding, set up assistance

Moderate assistance : set up and stand by assistance

Extensive assistance: maneuvering limbs and extremities, use of supportive devices

Total assistance: total care

Cooking, Cooking according to dietary needs, Serving meals, Cutting up food, Grinding food, Pureeing food, Prompting/Reminding, Feeding

2. TOILETING

If needed, the home may provide assistance with toileting as follows:

Basic assistance: prompting/reminding, set up assistance

Moderate assistance: Set up and stand by assistance

Extensive assistance: maneuvering limbs and extremities, use of supportive devices

Total assistance: total care

Toileting/Helping to get on/off the toilet, Wiping/Cleaning, Clothing assistance, Clothing management, Colostomy/Iliostomy Care, Urine catheter care, Urine bag/Leg bag Care

3. WALKING

If needed, the home may provide assistance with walking as follows:

One person walk by assistance

Walking a resident with gait belt

Walking a resident with walker

Walking a resident with walker and gait belt

4. TRANSFERRING

If needed, the home may provide assistance with transferring as follows:

In and from bed

In and from wheelchairs/chair

Toilet transfers

Shower transfers

Transfers with Sara/Hoyer Lift

5. POSITIONING

If needed, the home may provide assistance with positioning as follows:

With positioning devices of any type

Repositioning every 2hrs and/or as needed

Feet and head elevation as needed and/or for eating in bed

6. PERSONAL HYGIENE

If needed, the home may provide assistance with personal hygiene as follows:

Basic assistance: prompting/reminding, set up assistance

Moderate assistance: set up and stand by assistance

Extensive assistance: maneuvering limbs and extremities, use of supportive devices

Total assistance: total care

Showering, hair washing, bed bath, hand washing, face washing, brushing teeth, trimming/filing fingernails and toenails

7. DRESSING

If needed, the home may provide assistance with dressing as follows:

Basic assistance: prompting/reminding, set up assistance

Moderate assistance: set up and stand by assistance

Extensive assistance: resident maneuvers his/her limbs and extremities with assistance

Total assistance: total care

Offering a choice of clothes, helping to choose clothes, help with dressing, dressing

8. BATHING

If needed, the home may provide assistance with bathing as follows:

Basic assistance: prompting/reminding, set up assistance

Moderate Assistance: set up and stand by assistance, Resident is able to perform peri-care with help

Extensive Assistance: Resident is maneuvering his/her limbs and extremities with assistance, resident is weight bearing, caregiver performs the task

Total assistance/Total Care: showering, bed bath

9. ADDITIONAL COMMENTS REGARDING PERSONAL CARE

Taking clothes to and from dry cleaners, doing laundry, housekeeping, setting up appointments

Medication Services

If the home admits residents who need medication assistance or medication administration services by a legally authorized person, the home must have systems in place to ensure the services provided meet the medication needs of each resident and meet all laws and rules relating to medications. (WAC 388-76-10430)

The type and amount of medication assistance provided by the home is:

Storing Medication in a safe, locked location;

Giving reminders to take medication;

Ordering Medication;

Picking up Medication;

Dispensing Medication;

Administering Medication;

Insulin Administration;

Blood/Glucose Monitoring;

Disposing Medication,

Documenting Medical Administration

ADDITIONAL COMMENTS REGARDING MEDICATION SERVICES

Skilled Nursing Services and Nurse Delegation

If the home identifies that a resident has a need for nursing care and the home is not able to provide the care per chapter 18.79 RCW, the home must contract with a nurse currently licensed in the state of Washington to provide the nursing care and service, or hire or contract with a nurse to provide nurse delegation. (WAC 388-76-10405)

The home provides the following skilled nursing services:

none

The home has the ability to provide the following skilled nursing services by delegation:

**Blood Glucose monitoring
Insulin Administration**

ADDITIONAL COMMENTS REGARDING SKILLED NURSING SERVICE AND NURSING DELEGATION

none

Specialty Care Designations

We have completed DSHS approved training for the following specialty care designations:

- Developmental disabilities
- Mental illness
- Dementia

ADDITIONAL COMMENTS REGARDING SPECIALTY CARE DESIGNATIONS

Staffing

The home’s provider or entity representative must live in the home, or employ or have a contract with a resident manager who lives in the home and is responsible for the care and services of each resident at all times. The provider, entity representative, or resident manager is exempt from the requirement to live in the home if the home has 24-hour staffing coverage and a staff person who can make needed decisions is always present in the home. (WAC 388-76-10040)

- The provider lives in the home.
- A resident manager lives in the home and is responsible for the care and services of each resident at all times.
- The provider, entity representative, or resident manager does not live in the home but the home has 24-hour staffing coverage, and a staff person who can make needed decisions is always present in the home.

The normal staffing levels for the home are:

- Registered nurse, days and times: As needed
- Licensed practical nurse, days and times: _____
- Certified nursing assistant or long term care workers, days and times: 24/7
- Awake staff at night
- Other: **Awake staff at night as needed**

ADDITIONAL COMMENTS REGARDING STAFFING

Cultural or Language Access

The home must serve meals that accommodate cultural and ethnic backgrounds (388-76-10415) and provide informational materials in a language understood by residents and prospective residents (Chapter 388-76 various sections)

The home is particularly focused on residents with the following background and/or languages:

Elderly

ADDITIONAL COMMENTS REGARDING CULTURAL OR LANGUAGE ACCESS

May accommodate residents who speak Ukrainian and/or Russian Language

Medicaid

The home must fully disclose the home's policy on accepting Medicaid payments. The policy must clearly state the circumstances under which the home provides care for Medicaid eligible residents and for residents who become eligible for Medicaid after admission. (WAC 388-76-10522)

The home is a private pay facility and does not accept Medicaid payments.

The home will accept Medicaid payments under the following conditions:

Minimum \$100/day rate for new Medicaid residents, non-smokers, no pets

Private pay residents may switch to Medicaid after two years guaranteed private pay payments, non-smokers, no pets

ADDITIONAL COMMENTS REGARDING MEDICAID

Activities

The home must provide each resident with a list of activities customarily available in the home or arranged for by the home (WAC 388-76-10530).

The home provides the following:

Cable TV, Wireless Internet Access, Seasonal Crafts, Puzzles, Tea parties, Field trips, Movie nights

ADDITIONAL COMMENTS REGARDING ACTIVITIES

We are happy to facilitate as much or as little activity for each resident in accordance with their individual interests and abilities

Please Return the completed form electronically to AFHDisclosures@DSHS.WA.GOV

The form may also be returned by mail at:
RCS – Attn: Disclosure of Services
PO Box 45600
Olympia, WA 98504-5600