Washington State Department of Social & Health Services
ALTSA Aging and Long-Term Support Administration

Adult Family Home Disclosure of Services Required by RCW 70.128.280

HOME / PROVIDER	LICENSE NUMBER

NOTE: The term "the home" refers to the adult family home / provider listed above.

The scope of care, services, and activities listed on this form may not reflect all required care and services the home must provide. The home may not be able to provide services beyond those disclosed on this form, unless the needs can be met through "reasonable accommodations." The home may also need to reduce the level of care they are able to provide based on the needs of the residents already in the home. For more information on reasonable accommodations and the regulations for adult family homes, see Chapter 388-76 of Washington Administrative Code.

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About the Home

1. PROVIDERS STATEMENT (OPTIONAL)

The optional provider's statement is free text description of the mission, values, and/or other distinct attributes of the home. Please see attached pages

2. INITIAL LICENSING DATE	3. OTHER ADDRESS OR ADDRESSES WHERE PROVIDE HAS BEEN LICENSED:
12/16/2012	none

4. SAME ADDRESS PREVIOUSLY LICENSED AS:

NA

5. OWNERSHIP

- ☐ Sole proprietor
- ☒ Limited Liability Corporation
- ☐ Co-owned by:
- ☐ Other:

Personal Care

"Personal care services" means both physical assistance and/or prompting and supervising the performance of direct personal care tasks as determined by the resident's needs, and does not include assistance with tasks performed by a licensed health professional. (WAC 388-76-10000)

1. EATING
If needed, the home may provide assistance with eating as follows:
2. TOILETING
If needed, the home may provide assistance with toileting as follows:
3. WALKING
If needed, the home may provide assistance with walking as follows:
4. TRANSFERRING
If needed, the home may provide assistance with transferring as follows:
5. POSITIONING
If needed, the home may provide assistance with positioning as follows:
6. PERSONAL HYGIENE
If needed, the home may provide assistance with personal hygiene as follows:
7. DRESSING
If needed, the home may provide assistance with dressing as follows:
8. BATHING
If needed, the home may provide assistance with bathing as follows:
9. ADDITIONAL COMMENTS REGARDING PERSONAL CARE
Medication Services
If the home admits residents who need medication assistance or medication administration services by a legally authorized person, the home must have systems in place to ensure the services provided meet the medication needs of each resident and meet all laws and rules relating to medications. (WAC 388-76-10430)
The type and amount of medication assistance provided by the home is:
ADDITIONAL COMMENTS REGARDING MEDICATION SERVICES
Skilled Nursing Services and Nurse Delegation
If the home identifies that a resident has a need for nursing care and the home is not able to provide the care per chapter 18.79 RCW, the home must contract with a nurse currently licensed in the state of Washington to provide the nursing care and service, or hire or contract with a nurse to provide nurse delegation. (WAC 388-76-10405)
The home provides the following skilled nursing services:
The home has the ability to provide the following skilled nursing services by delegation:

ADDITIONAL COMMENTS REGARDING SKILLED NURSING SERVICE AND NURSING DELEGATION

Specialty Care Designations

We have completed DSHS approved training for the following specialty care designations:

- ☐ Developmental disabilities
- ☐ Mental illness
- ☒ Dementia

ADDITIONAL COMMENTS REGARDING SPECIALTY CARE DESIGNATIONS

Staffing

The home's provider or entity representative must live in the home, or employ or have a contract with a resident manager who lives in the home and is responsible for the care and services of each resident at all times. The provider, entity representative, or resident manager is exempt from the requirement to live in the home if the home has 24-hour staffing coverage and a staff person who can make needed decisions is always present in the home. (WAC 388-76-10040)

- ☒ The provider lives in the home.
- ☐ A resident manager lives in the home and is responsible for the care and services of each resident at all times.
- ☐ The provider, entity representative, or resident manager does not live in the home but the home has 24-hour staffing coverage, and a staff person who can make needed decisions is always present in the home.

The normal staffing levels for the home are:

- ☒ Registered nurse, days and times: _____
- ☐ Licensed practical nurse, days and times: _____
- ☒ Certified nursing assistant or long term care workers, days and times: _____
- ☒ Awake staff at night
- ☐ Other:

ADDITIONAL COMMENTS REGARDING STAFFING

Cultural or Language Access

The home must serve meals that accommodate cultural and ethnic backgrounds (388-76-10415) and provide informational materials in a language understood by residents and prospective residents (Chapter 388-76 various sections)

The home is particularly focused on residents with the following background and/or languages:

ADDITIONAL COMMENTS REGARDING CULTURAL OR LANGUAGE ACCESS

Medicaid

The home must fully disclose the home's policy on accepting Medicaid payments. The policy must clearly state the circumstances under which the home provides care for Medicaid eligible residents and for residents who become eligible for Medicaid after admission. (WAC 388-76-10522)

- ☐ The home is a private pay facility and does not accept Medicaid payments.
- ☐ The home will accept Medicaid payments under the following conditions:

ADDITIONAL COMMENTS REGARDING MEDICAID
Activities
The home must provide each resident with a list of activities customarily available in the home or arranged for by the home (WAC 388-76-10530).
The home provides the following services:
ADDITIONAL COMMENTS REGARDING ACTIVITIES

Hodgson's Home Care, LLC

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1. At HHC we provide superior living through quality care. We strive to do the "right thing right the first time, every time, on time".

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1. Nutritious meals are prepared from scratch using fresh, local ingredients from our own and neighbors'gardens and Farmer's Markets when in season. Meals are served family style and those Residents needing assistance are seated next to staff who coach or feed as needed.
2. HHC staff respectfully care for Residents toileting needs including changing disposible diapers on those with frequent bladder and/or bowel incontinence and emptying ostomy bags as needed.
3. HHC staff walk with those resident's needing assistance while using a walker. Our ramp is sufficiently wide to allow two staff members to walk on either side of a resident who requires additional support.
4. HHC staff is trained in transferring residents from place to place safely and with minimal discomfort. For residents with unusual needs a Physical Therapist may be called upon to train staff in transferring that individual.
5. Staff is trained to position and reposition residents comfortably in optimal body alignment and appropriately padding areas which may be prone to skin breakdown. Repositioning is accomplished when requested by the resident, if he/she appears uncomfortable, and/or on a schedule ordered by their physician or other health care provider.
6. HHC staff is trained to give total assistance with whatever personal hygiene issue, such as oral care, that needs to be addressed in a professional and caring manner.
7. HHC staff will coach, help in areas that are difficult, or completely dress the the resident requiring such assistance skillfully and cheerfully.
8. HHC staff will set up the bathroom so residents can bathe/shower themselves, bathe/shower those areas they can reach, or be totally bathed/showered by staff. The bed bound resident may be given full or partial bedbaths as needed. Baths, showers, bedbaths or sponge baths (used when areas of the body must not get wet) are provided when requested or at least three times per week. Requested times will be honored as much as practable depending on needs of the entire household.
9. All personal care is done professionally and respectfully with a smile. The individual preferences are shared among staff and techniques such as joking, laughter, talking, singing or whatever it takes to distract the resident and make the care provided seem like simply part of everyday living.

Medication Services

1. HHC has procedures in place to allow for medication assistance ranging from a resident taking and recording his or her own medications up to and including feeding crushed oral medications to a resident who is unable to swallow pills and recording total medication assistance. This is achieved by the RN administrating the medications or using Nurse Delegation to teach qualified staff to do so. Also included are topical, nasal, eye drops, ear drops, and insulin injections.
2. Residents or their representatives are encouraged to use the services of pharmacies who offer custom medication packets and 24-7 delivery services.

Skilled Nursing Services and Nurse Delegation

1. Nursing diagnosis, assessment, and planning, creation and revision of Nursing Care Plans, medication management, nurse delegation, crises management, documentation and implementation of physician and other health care provider orders, assessment and planning to prevent events that could potentially have an adverse outcome for the resident. Additionally direct care includes: nursing care for catheterization, dressing changes, blood glucose monitoring and other diabetic care.
2. Exceptions-
   (a) Administration of medication by injection, with the exception of insulin injections
   (b) Sterile procedures
   (c) Central line maintenance
   (d) Acts that require nursing judgment
3. Co-owner, Gloria Foster RN, lives on the premesis, and is available for services commonly provided by an RN. Exceptions are time off for vacations and holidays, when an experienced RN is available on call to replace her.

Staffing

Staffing levels
RN - Monday, Tuesday, Thursday, Friday – times of day vary by residents' need and educational needs of CNAs.
CNAs - when RN is not on duty
Awake staff at night
Staffing to Resident Ratio:1 RN or CNA to 3 Residents and 2 staff members on duty when special needs occur.

Cultural or Language Access

1. We frequently prepare dishes from many parts of the world. Residents with dysphasia or a Pescatarian choice are easily accommodated at HHC as part of the negotiated care plan. Residents that adhere to stricter food guidelines e.g. Vegan, Kosher and Halal meals may also be accommodated under the negotiated care plan.
2. Currently, fluent Swedish and some French is regularly available to our residents. Spanish is often available. Some Russian is expected to be available before the next WC.
3. At HHC, we treat others as we wish to be treated, and expect the same of our residents. This includes a respect, and an openness to a world of differences, including, but not limited to: culture, language, race, politics, sexual identity, religion and irreligious views.

Medicaid - Private Pay Only

Activities

1. Activities are dependent upon the capabilities of the residents and range from board games, Karaoke, holiday parties, potlucks, block parties and barbeques to field trips for shopping, concerts, plays, movies, art shows, museum lectures and presentations within a 1 hour radius from HHC.

2. A private or semi-private room, laundry services, room cleaning weekly and as needed, meals and snacks based on nutritional assessment, or a special diet as prescribed by one's health care provider, reminders or assistance with medication, hygiene, including oral care, bathing, toileting, incontinence management, dressing and grooming tasks, activities of daily living, monitoring for general health and well being, blood pressure monitoring as ordered by a physician or health care provider. Also available is nursing care for catheterization, dressing changes, blood glucose monitoring and other diabetes care which require the services of a Registered Nurse. Total Care-Hospice-or End of Life Care, including feeding (oral or parenteral), positioning every 2 hours, changing Depends, bed baths, oral care, etc. as needed for well-being and comfort until the end of life.