

Adult Family Home Disclosure of Services Required by RCW 70.128.280

HOME / PROVIDER Companion Adult Family Home	LICENSE NUMBER 752337
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NOTE: The term “the home” refers to the adult family home / provider listed above.

The scope of care, services, and activities listed on this form may not reflect all required care and services the home must provide. The home may not be able to provide services beyond those disclosed on this form, unless the needs can be met through “reasonable accommodations.” The home may also need to reduce the level of care they are able to provide based on the needs of the residents already in the home. For more information on reasonable accommodations and the regulations for adult family homes, see [Chapter 388-76](#) of Washington Administrative Code.

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About the Home

1. PROVIDERS STATEMENT (OPTIONAL)

The optional provider’s statement is free text description of the mission, values, and/or other distinct attributes of the home.

Companion Adult Family Home is centrally located, tucked away in a quiet neighborhood right off Highway 205 and Mill Plain in Vancouver, WA, just minutes away from the Peace Health SW Hospital. We are a certified care team that is committed to providing the highest quality of care; maintaining the joy, health, independence, and dignity of our residents. Caring for the elderly is not an easy job and is taken on with great responsibility.

Our home is clean, bright, and airy with lots of natural light in each spacious room. We offer four private bedrooms, one which includes a private bathroom and two that share a Jack-and-Jill style bathroom.

Our large master bedroom includes a spacious covered private patio as well as a private bathroom with its own shower. Tours are welcome.

2. INITIAL LICENSING DATE

11/15/2012

3. OTHER ADDRESS OR ADDRESSES WHERE PROVIDER HAS BEEN LICENSED:

N/A

4. SAME ADDRESS PREVIOUSLY LICENSED AS:

N/A

5. OWNERSHIP

Sole proprietor

Limited Liability Corporation

Co-owned by:

Other:

Personal Care

“Personal care services” means both physical assistance and/or prompting and supervising the performance of direct personal care tasks as determined by the resident’s needs, and does not include assistance with tasks performed by a licensed health professional. (WAC 388-76-10000)

1. EATING

If needed, the home may provide assistance with eating as follows:

Assistance is provided at all levels from cuing/monitoring to total assistance. Special diets are accommodated; anything from Diabetic, Renal, Dysphagia (all levels) to tube-feeding and spoon feeding when needed. Special preferences are accepted and encouraged.

2. TOILETING

If needed, the home may provide assistance with toileting as follows:

Toileting assistance is provided as needed, no limitations for assistance including bed-bound changing.

3. WALKING

If needed, the home may provide assistance with walking as follows:

Side-by-side assistance is offered unless client is safely capable of independence. Wheelchair/walker and one person hooyer lift assistance is provided as needed.

4. TRANSFERRING

If needed, the home may provide assistance with transferring as follows:

All staff is trained for safe transfers. Traditional one person hooyer lift as well as an electronic hooyer lift system available in home for non-weight bearing and/or bariatric transfer needs.

5. POSITIONING

If needed, the home may provide assistance with positioning as follows:

Repositioning program in place for skin breakdown and pressure ulcer prevention as needed. Rotating air mattresses for night-time care can be provided per availability and need.

6. PERSONAL HYGIENE

If needed, the home may provide assistance with personal hygiene as follows:

Although residents are encouraged to participate to promote independence, most personal hygiene needs are followed up by care staff or performed by staff to ensure cleanliness and well being.

7. DRESSING

If needed, the home may provide assistance with dressing as follows:

Staff provides as much assistance as needed to ensure client is adequately and comfortably dressed in clean, appropriate and presentable clothing.

8. BATHING

If needed, the home may provide assistance with bathing as follows:

All bath needs are met, from cuing, setup to total assistance including bed-baths for non-weight bearing residents.

9. ADDITIONAL COMMENTS REGARDING PERSONAL CARE

Nail care is provided including shaping and color polishing if desired free of charge. Friendly hairdresser available that visits the home for haircuts, color and perms for additional fee.

Medication Services

If the home admits residents who need medication assistance or medication administration services by a legally authorized person, the home must have systems in place to ensure the services provided meet the medication needs of each resident and meet all laws and rules relating to medications. (WAC 388-76-10430)

The type and amount of medication assistance provided by the home is:

Assistance includes reminding/cuing/monitoring to full administration including crushing of medication.

ADDITIONAL COMMENTS REGARDING MEDICATION SERVICES

All staff is trained, certified and delegated by a contracted Registered Nurse to assist and administer all medications including Insulin injections.

Skilled Nursing Services and Nurse Delegation

If the home identifies that a resident has a need for nursing care and the home is not able to provide the care per chapter 18.79 RCW, the home must contract with a nurse currently licensed in the state of Washington to provide the nursing care and service, or hire or contract with a nurse to provide nurse delegation. (WAC 388-76-10405)

The home provides the following skilled nursing services:

Skilled nursing services include but are not limited to: indwelling catheter care, ostomy care, suppositories, diabetic care, wound care, oxygen as well as hospice care.

The home has the ability to provide the following skilled nursing services by delegation:

Medication administration, wound care, suppositories, diabetic care, Insulin injections and any other tasks that require delegation by a Registered Nurse under state law.

ADDITIONAL COMMENTS REGARDING SKILLED NURSING SERVICE AND NURSING DELEGATION

All care staff are fully trained, certified and delegated before taking on and performing any delegatable task. Our Registered Nurse is available around the clock for additional support when needed.

Specialty Care Designations

We have completed DSHS approved training for the following specialty care designations:

- Developmental disabilities
- Mental illness**
- Dementia**

ADDITIONAL COMMENTS REGARDING SPECIALTY CARE DESIGNATIONS

Non-weight bearing and bariatric care accepted. Specialized electronic lift system set up throughout bedroom for assistance with transferring.

Staffing

The home's provider or entity representative must live in the home, or employ or have a contract with a resident manager who lives in the home and is responsible for the care and services of each resident at all times. The provider, entity representative, or resident manager is exempt from the requirement to live in the home if the home has 24-hour staffing coverage and a staff person who can make needed decisions is always present in the home. (WAC 388-76-10040)

- The provider lives in the home.
- A resident manager lives in the home and is responsible for the care and services of each resident at all times.
- The provider, entity representative, or resident manager does not live in the home but the home has 24-hour staffing coverage, and a responsible staff person who can make needed decisions is always present in the home.**

The normal staffing levels for the home are:

- Registered nurse, days and times: On call
- Licensed practical nurse, days and times: _____
- Certified nursing assistant (CNA) or long term care workers, days and times: 24-hour
- Awake staff at night
- Other: Call buttons provided to residents and motion detectors used as needed.

ADDITIONAL COMMENTS REGARDING STAFFING

Very involved and active owners/providers in all aspects of resident care needs. Close-knit staff based on trust and open communication with family, residents as well as all involved medical personnel.

Cultural or Language Access

The home must serve meals that accommodate cultural and ethnic backgrounds (388-76-10415) and provide informational materials in a language understood by residents and prospective residents (Chapter 388-76 various sections)

The home is particularly focused on residents with the following background and/or languages:

Any and all are welcome.

ADDITIONAL COMMENTS REGARDING CULTURAL OR LANGUAGE ACCESS

Owners fluent in Russian. All staff are required to speak basic English for best communication with residents.

Medicaid

The home must fully disclose the home's policy on accepting Medicaid payments. The policy must clearly state the circumstances under which the home provides care for Medicaid eligible residents and for residents who become eligible for Medicaid after admission. (WAC 388-76-10522)

- The home is a private pay facility and does not accept Medicaid payments.
- The home will accept Medicaid payments under the following conditions:

Companion AFH accepts Medicaid payments based on room availability and the dynamics of the financial income of the home at that time involving the current residents residing in the home. If a resident starts out as a private pay client, we ask they pay at least 6 months of private pay before converting to Medicaid pay.

ADDITIONAL COMMENTS REGARDING MEDICAID

Activities

The home must provide each resident with a list of activities customarily available in the home or arranged for by the home (WAC 388-76-10530).

The home provides the following:

Companion Adult Family Home encourages an active lifestyle full of healthy relationships and daily mental stimulation. We help with and encourage daily exercising including Range of Motion Therapy, "Spa days", game nights, outdoor afternoon tea, group discussions. We enjoy special events such as birthday parties and family reunions.

Decorating activities for holidays such as decorating the live Christmas Tree or pumpkin carving/coloring during the fall season. Music is a big part of our day and we love to sing together. Pets are welcome and provide wonderful companionship (limitations apply).

Gardening, crafts, movie nights, knitting, sending cards for special occasions and any other activity that is

desired by the resident we would be happy to accommodate if feasible. Cable TV and Wi-fi is included free of charge.

ADDITIONAL COMMENTS REGARDING ACTIVITIES

Please Return the completed form electronically to AFHDisclosures@DSHS.WA.GOV

The form may also be returned by mail at:
RCS – Attn: Disclosure of Services
PO Box 45600
Olympia, WA 98504-5600