



## Adult Family Home Disclosure of Services Required by RCW 70.128.280

HOME / PROVIDER <b>Adult Family Home at Westgate / Marsha Delos Santos</b>	LICENSE NUMBER <b>751900</b>
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**NOTE:** The term “the home” refers to the adult family home / provider listed above.

The scope of care, services, and activities listed on this form may not reflect all required care and services the home must provide. The home may not be able to provide services beyond those disclosed on this form, unless the needs can be met through “reasonable accommodations.” The home may also need to reduce the level of care they are able to provide based on the needs of the residents already in the home. For more information on reasonable accommodations and the regulations for adult family homes, see [Chapter 388-76](#) of Washington Administrative Code.

### Table of Contents

- [About the Home](#)
- [Personal Care](#)
- [Medication Services](#)
- [Skilled Nursing Services and Nursing Delegation](#)
- [Specialty Care Designations](#)
- [Staffing](#)
- [Cultural or Language Access](#)
- [Medicaid](#)
- [Activities](#)

### About the Home

1. PROVIDERS STATEMENT (OPTIONAL) The optional provider’s statement is free text description of the mission, values, and/or other distinct attributes of the home. <b>Our home specializes in meeting the unique needs of seniors in a small group setting. We provide individualized, personal one on one care. We serve delicious home cooked meals and snacks. We provide lots of good conversation and companionship. Come over for a tour today! Call 425-244-7746.</b>	
2. INITIAL LICENSING DATE <b>03/01/2011</b>	3. OTHER ADDRESS OR ADDRESSES WHERE PROVIDER HAS BEEN LICENSED: <b>N/A</b>
4. SAME ADDRESS PREVIOUSLY LICENSED AS:	
5. OWNERSHIP <input type="checkbox"/> Sole proprietor <input checked="" type="checkbox"/> Limited Liability Corporation <input type="checkbox"/> Co-owned by: <input type="checkbox"/> Other:	

## Personal Care

“Personal care services” means both physical assistance and/or prompting and supervising the performance of direct personal care tasks as determined by the resident’s needs, and does not include assistance with tasks performed by a licensed health professional. (WAC 388-76-10000)

### 1. EATING

If needed, the home may provide assistance with eating as follows:

**We provide assistance guided by the residents wishes, and medical needs. Pureed foods, swallowing precautions, special diets, providing stand by assistance or encouragement, cueing and prompting for residents who need help to stay on task, hand over hand technique, total assistance (feeding the resident).**

### 2. TOILETING

If needed, the home may provide assistance with toileting as follows:

**Cueing and reminders, changing incontinent briefs, changing colostomy bag, emptying catheter bag, assisting on or off bedpan, assisting with urinal use, assisting with clothing before/after toileting, cleaning after toileting, standby assistance as needed.**

### 3. WALKING

If needed, the home may provide assistance with walking as follows:

**Assisting in positioning walker or wheelchair, one on one assisting with ambulation, using gait belt, standby assistance, following physical therapy orders.**

### 4. TRANSFERRING

If needed, the home may provide assistance with transferring as follows:

**Assistance with mobility such as getting in and out of bed, sitting up, turning, standing, and walking, transfers to commode, wheelchair, chair, couch or vehicle.**

### 5. POSITIONING

If needed, the home may provide assistance with positioning as follows:

**Adjusting or changing the resident's position in a bed, chair or wheelchair. For the bed bound resident turning or repositioning on a set schedule as ordered or on an as needed basis.**

### 6. PERSONAL HYGIENE

If needed, the home may provide assistance with personal hygiene as follows:

**Brushing teeth/dentures, shaving, nail care, washing, combing, brushing hair, applying lotion, perinium care. All care needs on a daily set schedule, as needed or on standby to help as needed.**

### 7. DRESSING

If needed, the home may provide assistance with dressing as follows:

**Helping choose and lay out clothing, dressing the individual, putting on socks, support hoes, shoes, undressing the individual. Verbal prompting, reminders. Or to help when needed.**

### 8. BATHING

If needed, the home may provide assistance with bathing as follows:

**Turn on the water and adjusting temperature, laying out supplies, assisting in and out of shower, providing standby assistance. Or, if needed, fully washing the resident and shampooing hair, drying and dressing. Applying lotion to dry skin. Sponge bath and bed bathing when needed.**

### 9. ADDITIONAL COMMENTS REGARDING PERSONAL CARE

**All help with personal care on a case to case basis.**

## Medication Services

If the home admits residents who need medication assistance or medication administration services by a legally authorized person, the home must have systems in place to ensure the services provided meet the medication needs of each resident and meet all laws and rules relating to medications. (WAC 388-76-10430)

The type and amount of medication assistance provided by the home is:

**Supervision or assistance with administration of medications: tablets, solutions, suspensions, etc. Topical medications for the skin, eyes, ears and nose by nurse delegation. Medication is bubble packed by our pharmacy for ease of use and accuracy. All doctor ordered medication help.**

ADDITIONAL COMMENTS REGARDING MEDICATION SERVICES

### Skilled Nursing Services and Nurse Delegation

If the home identifies that a resident has a need for nursing care and the home is not able to provide the care per chapter 18.79 RCW, the home must contract with a nurse currently licensed in the state of Washington to provide the nursing care and service, or hire or contract with a nurse to provide nurse delegation. (WAC 388-76-10405)

The home provides the following skilled nursing services:

**We contract with a nursing care agency to provide nursing care services on an as needed, case by case basis.**

The home has the ability to provide the following skilled nursing services by delegation:

**All staff are qualifid to provide care for all nurse delegation tasks and care as needed. Nasal spray, topical creams and ointments, eye drops, suppositories, inhalation therapies, blood glucose monitoring, prn oxygen, wound care, ostomy care, enema, gastrostomy tube medication, foley catheter, etc.**

ADDITIONAL COMMENTS REGARDING SKILLED NURSING SERVICE AND NURSING DELEGATION

### Specialty Care Designations

We have completed DSHS approved training for the following specialty care designations:

- Developmental disabilities
- Mental illness
- Dementia

ADDITIONAL COMMENTS REGARDING SPECIALTY CARE DESIGNATIONS

### Staffing

The home's provider or entity representative must live in the home, or employ or have a contract with a resident manager who lives in the home and is responsible for the care and services of each resident at all times. The provider, entity representative, or resident manager is exempt from the requirement to live in the home if the home has 24-hour staffing coverage and a staff person who can make needed decisions is always present in the home. (WAC 388-76-10040)

- The provider lives in the home.
- A resident manager lives in the home and is responsible for the care and services of each resident at all times.
- The provider, entity representative, or resident manager does not live in the home but the home has 24-hour staffing coverage, and a staff person who can make needed decisions is always present in the home.

The normal staffing levels for the home are:

- Registered nurse, days and times: On an as needed basis
- Licensed practical nurse, days and times: On an as needed basis
- Certified nursing assistant or long term care workers, days and times: 24 hours a day seven days a week

Awake staff at night

Other:

ADDITIONAL COMMENTS REGARDING STAFFING

#### Cultural or Language Access

The home must serve meals that accommodate cultural and ethnic backgrounds (388-76-10415) and provide informational materials in a language understood by residents and prospective residents (Chapter 388-76 various sections)

The home is particularly focused on residents with the following background and/or languages:

**Seniors that speak english**

ADDITIONAL COMMENTS REGARDING CULTURAL OR LANGUAGE ACCESS

**Some staff speak tagalog, the language of the Philippines, but all are fluent in the english language.**

#### Medicaid

The home must fully disclose the home's policy on accepting Medicaid payments. The policy must clearly state the circumstances under which the home provides care for Medicaid eligible residents and for residents who become eligible for Medicaid after admission. (WAC 388-76-10522)

The home is a private pay facility and does not accept Medicaid payments.

The home will accept Medicaid payments under the following conditions:

**We require one year of private pay before tranfering to medicaid.**

ADDITIONAL COMMENTS REGARDING MEDICAID

#### Activities

The home must provide each resident with a list of activities customarily available in the home or arranged for by the home (WAC 388-76-10530).

The home provides the following:

**Delicious home cooked meals. Large outdoor covered deck to enjoy the sun. Lunch and snacks are served outside when weather permits. Growing flowers and vegetables, DART transportation to the Edmonds Senior Center, birthday and holiday celebrations, tea time, baking, arts and crafts, movies, trips to the store or starbucks, conversing with other residents and saff.**

ADDITIONAL COMMENTS REGARDING ACTIVITIES

**Weekly bingo, crafts and exercises with Natalie from Senior Activities, LLC**