

Adult Family Home Disclosure of Services Required by RCW 70.128.280

HOME / PROVIDER Mariana's AFH, Inc.	LICENSE NUMBER 751731
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NOTE: The term “the home” refers to the adult family home / provider listed above.

The scope of care, services, and activities listed on this form may not reflect all required care and services the home must provide. The home may not be able to provide services beyond those disclosed on this form, unless the needs can be met through “reasonable accommodations.” The home may also need to reduce the level of care they are able to provide based on the needs of the residents already in the home. For more information on reasonable accommodations and the regulations for adult family homes, see [Chapter 388-76](#) of Washington Administrative Code.

Table of Contents

[About the Home](#)

[Personal Care](#)

[Medication Services](#)

[Skilled Nursing Services and Nursing Delegation](#)

[Specialty Care Designations](#)

[Staffing](#)

[Cultural or Language Access](#)

[Medicaid](#)

[Activities](#)

About the Home

1. PROVIDERS STATEMENT (OPTIONAL)

The optional provider’s statement is free text description of the mission, values, and/or other distinct attributes of the home.

Mariana's AFH, Inc., has the understanding and ability to meet the psychosocial, personal, and special care needs of vulnerable adults. The provider, resident manager, and staff work together to ensure that the facility promotes the health, safety and well-being of each resident residing in each licensed adult family home.

2. INITIAL LICENSING DATE

08/08/2001

3. OTHER ADDRESS OR ADDRESSES WHERE PROVIDER HAS BEEN LICENSED:

8952 121st Ave. SE, Newcastle, WA 98056

4. SAME ADDRESS PREVIOUSLY LICENSED AS:

N/A

5. OWNERSHIP

- Sole proprietor
- Limited Liability Corporation
- Co-owned by:
- Other: **Corporation**

Personal Care

“Personal care services” means both physical assistance and/or prompting and supervising the performance of direct personal care tasks as determined by the resident’s needs, and does not include assistance with tasks performed by a licensed health professional. (WAC 388-76-10000)

1. EATING

If needed, the home may provide assistance with eating as follows:

Mariana's AFH, Inc. provides a tailored diet/menu according to the clients needs which can include: low sodium, low sugar, soft mechanical, puree foods, tube feeding, gluten free, etc. Although we encourage independent eating, we are also prepared to offer one on one care for clients that need to be spoon fed.

2. TOILETING

If needed, the home may provide assistance with toileting as follows:

Mariana's AFH, Inc. provides one on one assist with all toileting and incontinence needs which can include: transfer assistance, sitting, standing, positioning, pericare, stand-by assistance with locomotion , bladder/bowel program, colostomy care, night-time toileting, as well as reminders & cues.

3. WALKING

If needed, the home may provide assistance with walking as follows:

Mariana's AFH, Inc. provides one on one assistance with walking within the grounds of the adult family home which can include the indoor area, outdoor deck area and garden area. Our caregivers are specially trained to give the clients assistance while transferring, walking, sitting or standing in a way that is safe and provides balance and weight support. Our caregivers and staff are also trained to operate all walking assistive devices such as canes, walkers, wheelchairs, gait belts, etc.

4. TRANSFERRING

If needed, the home may provide assistance with transferring as follows:

Our caregivers are specially trained to give the clients assistance while transferring to a bed, chair, or toilet in a way that is safe and provides balance and weight support. Our caregivers and staff are also trained to operate all assistive devices such as walkers, wheelchairs and gait belts. We also offer total lift transfers using a hooyer lift. One or two person assistance with transfers are available also.

5. POSITIONING

If needed, the home may provide assistance with positioning as follows:

Mariana's AFH, Inc. provides assistance with repositioning every 2 hours as needed for residents with fragile skin or bedsores, etc.

6. PERSONAL HYGIENE

If needed, the home may provide assistance with personal hygiene as follows:

- 1. Oral hygiene and denture care; daily,**
 - 2. Showers and shampoos; weekly and as requested,**
 - 3. Dressing and undressing; cueing and assistance,**
 - 4. Transfer assistance with sitting, standing, positioning, bathing, toileting,**
 - 5. Stand-by assistance with locomotion,**
 - 6. Reminders & Cues daily and hands on assistance are provided.**
- *We provide toilet paper, soap, bedding, towels and shampoo.**

7. DRESSING

If needed, the home may provide assistance with dressing as follows:

Mariana's AFH, Inc. provides our residents one on one assistance with all their dressing needs and we encourage our residents to choose their own clothing. We also provide supervision to ensure safety, set up, and reminders & cues.

8. BATHING

If needed, the home may provide assistance with bathing as follows:

Mariana's AFH, Inc. provides one on one assistance with all bathing needs such as: showers and shampoos; weekly and as requested, transfer assistance into and out of the shower, bedside sponge baths, reminders & cues daily and hands on assistance are provided.

***We provide toilet paper, soap, bedding, towels and shampoo.**

9. ADDITIONAL COMMENTS REGARDING PERSONAL CARE

Medication Services

If the home admits residents who need medication assistance or medication administration services by a legally authorized person, the home must have systems in place to ensure the services provided meet the medication needs of each resident and meet all laws and rules relating to medications. (WAC 388-76-10430)

The type and amount of medication assistance provided by the home is:

Mariana's AFH, Inc. provides nurse delegation as allowed under the state law. A Registered Nurse Delegator is scheduled to come every 90 days and as needed to assess the resident's status and to review with the care giving staff, all the delegated task, medication and treatments.

ADDITIONAL COMMENTS REGARDING MEDICATION SERVICES

Mariana's AFH, Inc. staff provides assistance with medications and medical needs as identified in the assessment and care plan. Medications will be kept in locked storage.

Skilled Nursing Services and Nurse Delegation

If the home identifies that a resident has a need for nursing care and the home is not able to provide the care per chapter 18.79 RCW, the home must contract with a nurse currently licensed in the state of Washington to provide the nursing care and service, or hire or contract with a nurse to provide nurse delegation. (WAC 388-76-10405)

The home provides the following skilled nursing services:

Mariana's AFH, Inc. cooperates with various home health services that come to the home, primary care physicians that do home visits, and podiatry foot care that also provide home visit services. We also provide a nurse delegator available on call.

The home has the ability to provide the following skilled nursing services by delegation:

Our caregivers are specially trained and qualified to provide delegated nursing services such as: wound dressing changes, insulin administration, blood glucose monitoring checks, medication administration (PRN), comfort kit administration, topical and eye drop administration.

ADDITIONAL COMMENTS REGARDING SKILLED NURSING SERVICE AND NURSING DELEGATION

Specialty Care Designations

We have completed DSHS approved training for the following specialty care designations:

- Developmental disabilities
- Mental illness
- Dementia

ADDITIONAL COMMENTS REGARDING SPECIALTY CARE DESIGNATIONS

Staffing

The home's provider or entity representative must live in the home, or employ or have a contract with a resident manager who lives in the home and is responsible for the care and services of each resident at all times. The provider, entity representative, or resident manager is exempt from the requirement to live in the home if the home has 24-hour staffing coverage and a staff person who can make needed decisions is always present in the home. (WAC 388-76-10040)

- The provider lives in the home.
- A resident manager lives in the home and is responsible for the care and services of each resident at all times.
- The provider, entity representative, or resident manager does not live in the home but the home has 24-hour staffing coverage, and a staff person who can make needed decisions is always present in the home.

The normal staffing levels for the home are:

- Registered nurse, days and times: **By scheduled appointment** _____
- Licensed practical nurse, days and times: _____
- Certified nursing assistant or long term care workers, days and times: **On staff 2 days per week.** _____
- Awake staff at night
- Other: **Registered Nurse Assistants on staff daily.**

ADDITIONAL COMMENTS REGARDING STAFFING

Provider and Resident Manager are always on call. There are 2 caregivers living in the home (NAR).

Cultural or Language Access

The home must serve meals that accommodate cultural and ethnic backgrounds (388-76-10415) and provide informational materials in a language understood by residents and prospective residents (Chapter 388-76 various sections)

The home is particularly focused on residents with the following background and/or languages:

American, English

ADDITIONAL COMMENTS REGARDING CULTURAL OR LANGUAGE ACCESS

All cultural backgrounds and languages are welcome.

Medicaid

The home must fully disclose the home's policy on accepting Medicaid payments. The policy must clearly state the circumstances under which the home provides care for Medicaid eligible residents and for residents who become eligible for Medicaid after admission. (WAC 388-76-10522)

- The home is a private pay facility and does not accept Medicaid payments.
- The home will accept Medicaid payments under the following conditions:
If the client is a good match for the home, if AFH can meet the needs of the client, and if the client is compatible with the other residents.

ADDITIONAL COMMENTS REGARDING MEDICAID

Activities

The home must provide each resident with a list of activities customarily available in the home or arranged for by the home (WAC 388-76-10530).

The home provides the following:

Mariana's AFH, Inc. staff will provide planned activity programs as specified in Residents' negotiated care plan, designed to meet the Resident's preferences. Live guitar & piano vocal singer performs at the AFH one a week for one hour. We subscribe to a variety of magazines and local newspapers. DVD and book rentals are also available. Mariana's AFH, Inc. staff will have birthday parties; will celebrate Easter, Christmas, the 4th of July and other holidays.

ADDITIONAL COMMENTS REGARDING ACTIVITIES

Mariana's AFH, Inc. functions as a conventional family household, incorporating the needs and preferences of its Residents.