

Adult Family Home Disclosure of Services Required by RCW 70.128.280

HOME / PROVIDER Jennifer Gastineau ARNP is the provider Blueberry Gardens 1, located at: 17519 Eason Ave Bothell WA 98011	LICENSE NUMBER 751582
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NOTE: The term “the home” refers to the adult family home / provider listed above.

The scope of care, services, and activities listed on this form may not reflect all required care and services the home must provide. The home may not be able to provide services beyond those disclosed on this form, unless the needs can be met through “reasonable accommodations.” The home may also need to reduce the level of care they are able to provide based on the needs of the residents already in the home. For more information on reasonable accommodations and the regulations for adult family homes, see [Chapter 388-76](#) of Washington Administrative Code.

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About the Home	
<p>1. PROVIDERS STATEMENT (OPTIONAL)</p> <p>The optional provider’s statement is free text description of the mission, values, and/or other distinct attributes of the home.</p> <p>Blueberry Gardens LLC is owned and managed by an RN who is also an ARNP. As a high quality adult family home, we promote and protect an individuals ability to age in place, in a warm, friendly, nurturing home environment where their care needs will be met, and attention to quality of life for each individual is at the forefront of every care plan. All residents are provided a private room and private bath in our purpose built single level home that was designed specifically for this use.</p>	
<p>2. INITIAL LICENSING DATE</p> <p>2-10-2010</p>	<p>3. OTHER ADDRESS OR ADDRESSES WHERE PROVIDER HAS BEEN LICENSED:</p> <p>Blueberry Gardens LLC operates 4 adult family home facilities: Blueberry gardens 1, 2, 3 and 4, located at: 17519 Eason Ave, 17525 Eason Ave, 17422 Eason ave and 10725 East Riverside Drive. all are in Bothell WA 98011.</p>
<p>4. SAME ADDRESS PREVIOUSLY LICENSED AS:</p> <p>N/A</p>	
<p>5. OWNERSHIP</p> <p><input type="checkbox"/> Sole proprietor</p> <p><input checked="" type="checkbox"/> Limited Liability Corporation</p> <p><input type="checkbox"/> Co-owned by:</p> <p><input type="checkbox"/> Other:</p>	
Personal Care	
<p>“Personal care services” means both physical assistance and/or prompting and supervising the performance of direct personal care tasks as determined by the resident’s needs, and does not include assistance with tasks performed by a licensed health professional. (WAC 388-76-10000)</p>	
<p>1. EATING Whatever assistance is required, up to full assistance and feeding, is provided by our caregivers. Nutritional home cooked meals and snacks are prepared from fresh ingredients.</p>	

If needed, the home may provide assistance with eating as follows:	At Blueberry Gardens, Caregivers prepare home made meals three times a day as well as nutritious snacks and deserts. Caregivers sit and eat with residents providing up to full assistance with eating if needed & Engaging in social and conversational activities during the meal.
2. TOILETING If needed, the home may provide assistance with toileting as follows:	Blueberry Gardens Caregivers provide full assistance with whatever amount of care the resident needs regarding toileting. We have fully awake staff at night to assist with nighttime toileting needs, and our caregivers assist in bathroom as often as needed and/or change care products and provide skin/peri/hygiene care as often as is needed.
3. WALKING If needed, the home may provide assistance with walking as follows:	We encourage mobility and provide caregiver assisted exercise to encourage continued strength and endurance. Caregivers walk with residents indoors as needed throughout the day and outdoors up to twice daily as appropriate, to facilitate continued mobility or more often as directed by care plan. We promote and encourage mobility.
4. TRANSFERRING If needed, the home may provide assistance with transferring as follows:	Blueberry Gardens has two caregivers working during all waking shifts and a fully awake caregiver staff at night. We can provide 2 person transfers during the daytime and evening hours and 1 person transfers during the overnight shifts.
5. POSITIONING If needed, the home may provide assistance with positioning as follows:	Blueberry Gardens is prepared to position or reposition residents up to every hour as needed. Proper positioning adds greatly to resident comfort as well as promotes healthy circulation. In general, bed bound residents are repositioned every 2 hours during night or more often if directed to do so by care plan or provider.
6. PERSONAL HYGIENE If needed, the home may provide assistance with personal hygiene as follows:	Caregivers at Blueberry Gardens provide up to full assistance with hygiene, including full assistance and/or management of oral care, shaving, personal skin care, peri care, showering, hair care, nail care and toenail care. Caregivers value personal appearance of residents and understand that looking good promotes feeling good.
7. DRESSING If needed, the home may provide assistance with dressing as follows:	Caregivers provide whatever level of assistance with dressing that is needed, up to and including dressing residents that are fully dependent upon caregivers for all their dressing and undressing needs. We encourage and support personal choice and encourage and assist residents to choose their own clothing and accessories when able to.
8. BATHING If needed, the home may provide assistance with bathing as follows:	All Blueberry Gardens facilities have a full roll in shower room, where residents are provided assistance from a caregiver to shower, up to full and complete assistance with bathing is provided if needed. Most residents shower twice a week, but a preference for showering more often can be accommodated.
9. ADDITIONAL COMMENTS REGARDING PERSONAL CARE	Blueberry Gardens promotes and encourages as much independence as possible as in general, residents feel more in control and have better self esteem if they participate in their personal hygiene. Caregivers will provide up to full assistance with all hygiene tasks though if needed or as increased needs develop due to aging, illness or decline over time.
Medication Services	
If the home admits residents who need medication assistance or medication administration services by a legally authorized person, the home must have systems in place to ensure the services provided meet the medication needs of each resident and meet all laws and rules relating to medications. (WAC 388-76-10430)	
The type and amount of medication assistance provided by the home is:	Blueberry Gardens is owned and managed by an RN who is also an ARNP. Nurse Delegation is provided free of charge and all levels of care are provided, from medication assistance through to full nurse delegation/administration of all medications.
ADDITIONAL COMMENTS REGARDING MEDICATION SERVICES	Blueberry Gardens staff provide all services in relation to medication management, from communication with the MD or ARNP team, to ordering and obtaining medications from the pharmacy, to ensuring that medications are given and documented appropriately.
Skilled Nursing Services and Nurse Delegation	
If the home identifies that a resident has a need for nursing care and the home is not able to provide the care per chapter 18.79 RCW, the home must contract with a nurse currently licensed in the state of Washington to provide the nursing care and service, or hire or contract with a nurse to provide nurse delegation. (WAC 388-76-10405)	
The home provides the following skilled nursing services:	Ongoing oversight and care management by our facility ARNP. Weekly care conferences with ARNP and caregiver staff. Care is provided 24 hour a day by licensed nursing assistants who are fully trained and supervised by the facility ARNP. RN/ARNP is on call for the facility 24 hrs a day and is in the home daily.
The home has the ability to provide the following skilled nursing services by delegation:	Complete management and administration of all medications and tasks as allowed by the Nurse Delegation program.

ADDITIONAL COMMENTS REGARDING SKILLED NURSING SERVICE AND NURSING DELEGATION

Specialty Care Designations

We have completed DSHS approved training for the following specialty care designations:

- Developmental disabilities
- Mental illness
- Dementia

ADDITIONAL COMMENTS REGARDING SPECIALTY CARE DESIGNATIONS Blueberry Gardens specializes in the care of elderly residents, many of whom have dementia. Our staff are sensitive to the needs of the elderly population and approach each resident with patience, individuality and love.

Staffing

The home's provider or entity representative must live in the home, or employ or have a contract with a resident manager who lives in the home and is responsible for the care and services of each resident at all times. The provider, entity representative, or resident manager is exempt from the requirement to live in the home if the home has 24-hour staffing coverage and a staff person who can make needed decisions is always present in the home. (WAC 388-76-10040)

- The provider lives in the home.
- A resident manager lives in the home and is responsible for the care and services of each resident at all times.
- The provider, entity representative, or resident manager does not live in the home but the home has 24-hour staffing coverage, and a staff person who can make needed decisions is always present in the home.

The normal staffing levels for the home are:

- Registered nurse, days and times: 5 days a week, 8am-6pm, weekends, variable hours, and on call 24 hours a day.
- Licensed practical nurse, days and times: _____
- Certified nursing assistant or long term care workers, days and times: 2 licensed caregivers are always in the home
- Awake staff at night
- Other: The home is owned and managed by an RN/ARNP who lives within 2 blocks of the facility and is on call 24 hrs a day

ADDITIONAL COMMENTS REGARDING STAFFING As per our residents request, all staff at Blueberry Gardens are female, and are licensed nursing assistants. We have two caregivers providing care to our 6 residents on every day and evening shift and a fully awake night shift. We always have 2 caregivers in house

Cultural or Language Access

The home must serve meals that accommodate cultural and ethnic backgrounds (388-76-10415) and provide informational materials in a language understood by residents and prospective residents (Chapter 388-76 various sections)

The home is particularly focused on residents with the following background and/or languages: English speaking individuals with a traditional background

ADDITIONAL COMMENTS REGARDING CULTURAL OR LANGUAGE ACCESS Caregivers at Blueberry Gardens are very accommodating of cultural or dietary needs and strive to create a comfortable environment that caters to the individuals needs of residents.

Medicaid

The home must fully disclose the home's policy on accepting Medicaid payments. The policy must clearly state the circumstances under which the home provides care for Medicaid eligible residents and for residents who become eligible for Medicaid after admission. (WAC 388-76-10522)

- The home is a private pay facility and does not accept Medicaid payments.
- The home will accept Medicaid payments under the following conditions:

ADDITIONAL COMMENTS REGARDING MEDICAID

Activities

The home must provide each resident with a list of activities customarily available in the home or arranged for by the home (WAC 388-76-10530).

The home provides the following: Daily scheduled activities include music and pet therapy, tabletop art, outdoor walks, "salon day" with manicures and pedicures and visiting beautician, games, cooking activities, outdoor parties, family dinners with extended families invited, holiday and birthday celebrations, movie and popcorn night, read a loud.

ADDITIONAL COMMENTS REGARDING ACTIVITIES All of our Blueberry Gardens Facilities are designed with a great room concept, meaning that the kitchen, living room and dining room are all one large space, where the caregivers can socialize with and interact with the residents throughout the day as they go about their cooking, cleaning and caregiving activities. This helps promote a more stimulating, healthy, and home like experience for our residents.

Please Return the completed form electronically to AFHDisclosures@DSHS.WA.GOV

The form may also be returned by mail at:
RCS – Attn: Disclosure of Services
PO Box 45600
Olympia, WA 98504-5600