



## Adult Family Home Disclosure of Services Required by RCW 70.128.280

HOME / PROVIDER <b>P.A.T.H.S. ADULT FAMILY HOME &amp; RESPITE,LLC</b>	LICENSE NUMBER <b>A751842</b>
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**NOTE:** The term “the home” refers to the adult family home / provider listed above.

The scope of care, services, and activities listed on this form may not reflect all required care and services the home must provide. The home may not be able to provide services beyond those disclosed on this form, unless the needs can be met through “reasonable accommodations.” The home may also need to reduce the level of care they are able to provide based on the needs of the residents already in the home. For more information on reasonable accommodations and the regulations for adult family homes, see [Chapter 388-76](#) of Washington Administrative Code.

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### About the Home

<p>1. PROVIDERS STATEMENT (OPTIONAL)</p> <p>The optional provider’s statement is free text description of the mission, values, and/or other distinct attributes of the home.</p> <p><b>Positive Alternatives through Helpful Support.</b> We are an alternative to large instructional facilities. Skilled Nursing Facility, Assisted Living, Memory care, Post- Sub acute Surgical Rehabilitation &amp; Hospice Facility</p> <p>We cater to individuals with severe cognitive impairment, Medically Frail, Advanced Disease Process and catastrophic medical event</p> <p>Some of these conditions many including: Vascular Disease, Alzheimer's / Dementia Medically Frail, failure to thrive as well as advanced disease process i.e. Huntington's, Parkinson</p> <p><a href="http://www.paths-afh.com">www.paths-afh.com</a></p>	
<p>2. INITIAL LICENSING DATE</p> <p><b>2006</b></p>	<p>3. OTHER ADDRESS OR ADDRESSES WHERE PROVIDER HAS BEEN LICENSED:</p> <p><b>20302 N. HIGH ROCK RD MONROE WA 98272</b></p>
<p>4. SAME ADDRESS PREVIOUSLY LICENSED AS:</p> <p><b>NA</b></p>	
<p>5. OWNERSHIP</p> <p><input type="checkbox"/> Sole proprietor</p> <p><input checked="" type="checkbox"/> Limited Liability Corporation formed 2009</p>	

Co-owned by:

Other:

Owner is Former Washington State Registered Counselor, family preservation service background –focus on networking resources within community as community resource specialist and family education. Background information

Owner is Former EMT Emergency Medical Technician Licensed by State of Washington

Owner is trained Medical Assistant grad of Everett community College

ISSP independent provider 1993 for State of Washington resident as private duty

### Personal Care

“Personal care services” means both physical assistance and/or prompting and supervising the performance of direct personal care tasks as determined by the resident’s needs, and does not include assistance with tasks performed by a licensed health professional. (WAC 388-76-10000)

#### 1. EATING

If needed, the home may provide assistance with eating as follows:

At P.A.T.H.S., we try to make each meal special, whether it’s giving the best service, creating the perfect atmosphere or preparing great food. Specialty Diets accommodated from Cardiac, renal, mechanical soft, low carb, kosher vegetarian you name it! We also cater to individual’s tastes, from easy set up cutting, queuing to feeding individual with one on one assist. Experience with G-tubes.

#### 2. TOILETING

If needed, the home may provide assistance with toileting as follows:

Fully American's with Disability Acts requirements, Bars and "Seat Risers" heated floors so feet don't get cold. We assist from Stand-by assistance to Total Dependence with Personal Hygiene preformed. We use Bladder Schedule to routinely use restroom for optimal Hygiene Health and Comfort. Paying attention to rehabilitation requirements i.e. post-surgical restrictions (-90 degrees) as well as use anti-microbial cleansers and barrier creams to protect skin and prevent breakdown. From standby - to assistance- to total care, experience with incontinence bowel and bladder to Bed Bound.

#### 3. WALKING

If needed, the home may provide assistance with walking as follows:

We promote walking. From Independent to one on one standby assistance all the way to barring very little weight, also experience in fall precautions and impulse control issues of fall risk, contact guarding and two person assist with walkers, canes and so forth. We also have safe deck area for year round outdoor walking that is dry; a wonderful options for residents that have desire to pace, handrails to follow and hang onto . Safe and secure for those who have the desire to be outdoors, pace or enjoy our amazing views. We also have a safe secured court yard for the outdoor lover.

#### 4. TRANSFERRING

If needed, the home may provide assistance with transferring as follows:

One and two person transferring / Pivot assist from chair-to-chair or chair- to-bed. We can provide from simple assistance to Total dependent care, paraplegic transfers. We use 1 person 2 person to Hoyer lift and gate belts for those with care plans that define need. When needed we consult with Physical Therapist for evaluation and training for safe and comfortable transfer techniques for individuals, it takes more than basic knowledge of body mechanics we also take into consideration the individuals strengths, concerns and abilities.

#### 5. POSITIONING

If needed, the home may provide assistance with positioning as follows:

Extensive experience in position correct body mechanics for optimal comfort supporting body for less awkward

positions to reduce muscle strain and potential for sores. positioning every 2 hours for those who need for skin breakdown precautions, always use therapeutic sitting and lying surfaces to optimize comfort and PREVENT skin breakdown Positioning in Chairs, wheelchairs, recliners, sofa as well as beds turn schedules Special attention to boney surfaces and skin guarding. Take into consideration of specific individuals Needs and preferences.

#### 6. PERSONAL HYGIENE

If needed, the home may provide assistance with personal hygiene as follows:

Not only do we do Hygiene we put the polish on. Hair Doo's every day. Blow dry and style. Oral hygiene for natural teeth and appliances. Personal Hygiene to pampering. Ph. neutral soaps (less drying) good for sensitive skin types. Moisture sealed in daily with moisturizing hydrating lotions. Weekly exfoliation treatments. Weekly Manicures/ Pedicures polish. Powders where someone should be dry and lotions where you shouldn't. Cosmetics and Lipstick applied. Finished with choice of fragrance, on- site Salon service monthly provided by Indulge Salon.

#### 7. DRESSING

If needed, the home may provide assistance with dressing as follows:

From Setting out clothes to gentle reminders known as cueing. Light assistance and personal butler services (we dress individual) we work with loved ones with physical impairment, amputees and sever dementia No rushing promoting individuals abilities and personal choices. Options and opinions are a personal choice we promote for a sense of control and well-being.

#### 8. BATHING

If needed, the home may provide assistance with bathing as follows:

Grab bars, Arthroses chair for safety, no rush no slipping, we have extra-long handles showers roll-in style. From standby assistance to full care. Radiant heat floors "no chills" No slip shower shoes. Special attention to all surfaces of skin. Hair style after bath. Hydrating lotions to deal in moisture. Calm atmosphere, soft music no rushing. Warm towels.

#### 9. ADDITIONAL COMMENTS REGARDING PERSONAL:

CARE Fresh Sheets Daily is one of mottos... Personal time is our opportunity to pamper our residents. Minimum of showers is every third day and as needed. Resident's preference morning or evening most residents prefer every other day. Scented Lotions, relaxing atmosphere and most importantly time, we take our time.

### **Medication Services**

If the home admits residents who need medication assistance or medication administration services by a legally authorized person, the home must have systems in place to ensure the services provided meet the medication needs of each resident and meet all laws and rules relating to medications. (WAC 388-76-10430)

The type and amount of medication assistance provided by the home is:

Registered Nurse Delegated. We Provide all levels from reminders, assistance to full administration of Medications: Oral- Topical-Sublingual, inhalants, ointments, sprays. Suppository. Diabetic monitoring blood testing and sliding Insulin scale, transdermal patches, Eye drops, ear drops updated quarterly and as needed

If it can be Delegated the task will be preformed

ADDITIONAL COMMENTS REGARDING MEDICATION SERVICES

**If it can be delegated it will be preformed**

**Skilled Nursing Services and Nurse Delegation**

If the home identifies that a resident has a need for nursing care and the home is not able to provide the care per chapter 18.79 RCW, the home must contract with a nurse currently licensed in the state of Washington to provide the nursing care and service, or hire or contract with a nurse to provide nurse delegation. (WAC 388-76-10405)

The home provides the following skilled nursing services:

Skilled Nursing, prescribed by PHYSICIAN and Physical therapy, Occupational Therapy, wound care, speech therapy (swallow evaluations) is covered under Medicare Costs and are provided by third party providers i.e. Providence Home Health and Hospice or Evergreen Home Health, Evergreen Home Health Mental Health Services & Hospice Third party Skilled Nursing services are usually covered by Medicare and Secondary Insurance. Other services such as Schryver mobile Lab and mobile on-site X-Ray are also covered by insurance. Mobile Dentistry is not covered by Medicare but does accept private insurance and is available for fees. Furthermore If RN Services are needed for Hire to avoid displacement not covered by insurance home can recommend third party companies that can be hired (family paid) for short term therapies i.e. short course IV antibiotics.

The home has the ability to provide the following skilled nursing services by delegation:

If it can be delegated it will be done. Some things that come to mind are insulin injections, Blood sugar testing, INR monitoring for coagulation clinic, non-sterile bandage change, and Straight Catheter, Foley catheter care, enteral Feeding, G-tubes, J-Tube and Irrigations. Suctioning, Pump cartridge replacements such as L-Dopa / Levodopa refills. Specimen collection.

ADDITIONAL COMMENTS REGARDING SKILLED NURSING SERVICE AND NURSING DELEGATION

Third party can be hired by family to avoid displacement

**Specialty Care Designations**

We have completed DSHS approved training for the following specialty care designations:

- Developmental disabilities
- Mental illness
- Dementia

ADDITIONAL COMMENTS REGARDING SPECIALTY CARE:

Have worked with specific population scene 1986. Specialty care and gentle care methodology trained. Furthermore more than experience and excellent de-escalation skills, we promote a scene of daily joys, celebrate the moments. Provide a calm but engaging atmosphere. Family is encouraged to participate... we come alongside the family, explain road hurdles, we model, coach and encourage communication skills as well as suggest activities for better visits. Promote individual choices no cookie cut

**Staffing**

The home's provider or entity representative must live in the home, or employ or have a contract with a resident manager who lives in the home and is responsible for the care and services of each resident at all times. The provider, entity representative, or resident manager is exempt from the requirement to live in the home if the home has 24-hour staffing coverage and a staff person who can make needed decisions is always present in the home. (WAC 388-76-10040)

- The provider lives in the home.
- A resident manager lives in the home and is responsible for the care and services of each resident at all times.
- The provider, entity representative, or resident manager does not live in the home but the home has 24-hour staffing

coverage, and a staff person who can make needed decisions is always present in the home.

The normal staffing levels for the home are:

Registered nurse, days and times: As Needed third party ... Dietician, Lab Tech, Message therapist Physical therapist, Occupational therapist. Phlebotomist, Dentist, X-ray Reduce anxiety and uncomfortable outings by providing catered services on site. Enhance quality of life.

Licensed practical nurse, days and times: \_\_\_\_\_

Certified nursing assistant or long term care workers, days and times: **24/7 NAC. CNA and HCA**

Awake staff at night

Other: As Needed third party ... Dietician, Lab Tech, Message therapist Physical therapist, Occupational therapist. Phlebotomist, Dentist, X-ray

ADDITIONAL COMMENTS REGARDING STAFFING

We work hand in hand with Providence Home Health, Hospice and Evergreen Home Health, Mental Health and Hospice that work under the direction of Medical Director MD and each have their own RN staff as well as Wound Care Specialist that come to our home.

**Cultural or Language Access**

The home must serve meals that accommodate cultural and ethnic backgrounds (388-76-10415) and provide informational materials in a language understood by residents and prospective residents (Chapter 388-76 various sections)

The home is particularly focused on residents with the following background and/or languages:

We welcome residents from all walks of life, most of our residents are English Speaking working Class. I.e. retired Administrators, Secretaries, Attorneys, Home makers, Clergy, Nurses and Teachers and our honored Military persons.

We love learn about our resident's cultures and love to incorporate in meal planning, holidays and celebrations.

ADDITIONAL COMMENTS REGARDING CULTURAL OR LANGUAGE ACCESS

**We love learn about our resident's cultures and love to incorporate in meal planning, holidays and celebrations.**

**Medicaid**

The home must fully disclose the home's policy on accepting Medicaid payments. The policy must clearly state the circumstances under which the home provides care for Medicaid eligible residents and for residents who become eligible for Medicaid after admission. (WAC 388-76-10522)

The home is a private pay facility and does not accept Medicaid payments.

The home will accept Medicaid payments under the following conditions:

ADDITIONAL COMMENTS REGARDING MEDICAID

Medicaid is accepted with Hospice referral or spend down

Also will consider when appropriate ETR (exception to rate) is applied

**Activities**

The home must provide each resident with a list of activities customarily available in the home or arranged for by the home (WAC 388-76-10530).

The home provides the following:

We celebrate each day to the fullest. Activities vary from Resident to resident based desire, personal choice and ability; abilities change so we evolve with resident's needs example (artist who has always painted, may have very unsteady hands, and need to start working with water colors to colored pencils to achieve art. Coffee hour, high Tea and red hat

day. We always suggest two - three choices multiple times a day. BBQ's, Picnics, gardening, reading, movie night, book reading, books on tape, full video library on hand including religious sermons, musicals documentaries, wildlife, sci-fi, science and classics. Also have books on tape. We also have residents that enjoy being read to, folding laundry, crafts scrap booking, board games, card playing, arts / crafts. Activities are individualized and group based but always flexible to accommodate. Looking for wild life or just playing with resident dog and petting lap cats, at times Food preparation, reminiscing, group activity as well as manicures Pedicures. Foot baths and skin spa like treatments. We also tailor activities for individuals based on incorporating a person's personal occupational information, religion culture and preferences, Pictures classics as well as Sit-&-be-fit videos.

ADDITIONAL COMMENTS REGARDING ACTIVITIES

Celebration of all holidays... accommodates most families. We understand that many families have other engagements to attend at holiday time. We usually celebrate either Pre or Post holiday to maximize family access and involvement. We understand that many families have other engagements to attend at holiday time. We also come along side families to assist with communication and techniques of communication as well as model alternative ways to communicate with loved ones as changes occur.