Received
MAR 11 2015
RCS/Public Disclosure

Washington State Department of Social & Health Services
ALTSA Aging and Long-Term Support Administration

Adult Family Home Disclosure of Services Required by RCW 70.128.280

HOME / PROVIDER	LICENSE NUMBER
Royal Anne Senior Care Home 1/ Theresa C. Frigillana RN, BSN	**751309**

NOTE: The term "the home" refers to the adult family home / provider listed above.

The scope of care, services, and activities listed on this form may not reflect all required care and services the home must provide. The home may not be able to provide services beyond those disclosed on this form, unless the needs can be met through "reasonable accommodations." The home may also need to reduce the level of care they are able to provide based on the needs of the residents already in the home. For more information on reasonable accommodations and the regulations for adult family homes, see Chapter 388-76 of Washington Administrative Code.

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About the Home

1. PROVIDERS STATEMENT (OPTIONAL)

The optional provider's statement is free text description of the mission, values, and/or other distinct attributes of the home.

Royal Anne Senior Care Home 1 is a residential care facility where we provide an inviting, home-like atmosphere where residents can receive comprehensive yet personalized care through excellent service. We encourage independence and create opportunities for residents to be involved in routines familiar to them.

2. INITIAL LICENSING DATE	3. OTHER ADDRESS OR ADDRESSES WHERE PROVIDER HAS BEEN LICENSED:
05/01/2009	**21019 Royal Anne Road Unit B, Bothell, WA 98021** **10121 219th ST SE, Snohomish, WA 98296**

4. SAME ADDRESS PREVIOUSLY LICENSED AS:

None

5. OWNERSHIP

- ☐ Sole proprietor
- ☐ Limited Liability Corporation
- ☐ Co-owned by:
- ☒ Other: **S-Corp**

Personal Care

"Personal care services" means both physical assistance and/or prompting and supervising the performance of direct personal care tasks as determined by the resident's needs, and does not include assistance with tasks performed by a licensed health professional. (WAC 388-76-10000)

1. EATING

If needed, the home may provide assistance with eating as follows:

Provide set-up, supervision, cueing to maximum assistance with individual food preferences and allergies considered; special diets (regular to mechanical soft, pureed with thickened liquids, swallowing precautions) are accomodated; enteral feeding

2. TOILETING

If needed, the home may provide assistance with toileting as follows:

Provide supervision, cueing, SBA to maximum assist with toileting; promote bladder and bowel training with incontinence care; catheter (foley & condom) care

3. WALKING

If needed, the home may provide assistance with walking as follows:

Provide supervision, SBA to maximum assist of 1-2 person at all times while maintaining safety, coordinate with in-home therapy as ordered

4. TRANSFERRING

If needed, the home may provide assistance with transferring as follows:

Provide supervision, SBA to maximum assist of 1-2 person with use of transfer belt, pole, board; mechanical lift (sit-to-stand & hoyer)

5. POSITIONING

If needed, the home may provide assistance with positioning as follows:

Provide supervision, SBA to maximum assist of 1-2 person with positioning in bed, wheelchair, recliner while maintaining good body alignment; routine repositioning (every 2-3 hrs) for bedbound residents ensuring comfort and maintaining skin integrity

6. PERSONAL HYGIENE

If needed, the home may provide assistance with personal hygiene as follows:

Provide set-up, cueing, SBA to maximum assist for hair grooming, shaving, applying make-up; nail care to be provided by RN weekly and podiatrist as needed

7. DRESSING

If needed, the home may provide assistance with dressing as follows:

Provide supervision, set-up, cueing while encouraging independence, SBA to maximum assist of 1-2 person with upper and lower body dressing as needed

8. BATHING

If needed, the home may provide assistance with bathing as follows:

Provide supervision, minimum to maximum assist with showers (roll-in) & bed bath; schedules vary from daily to resident preferences

9. ADDITIONAL COMMENTS REGARDING PERSONAL CARE

In-home beauty salon services (haircut, perm, manicure, pedicure) are available

Medication Services

If the home admits residents who need medication assistance or medication administration services by a legally

authorized person, the home must have systems in place to ensure the services provided meet the medication needs of each resident and meet all laws and rules relating to medications. (WAC 388-76-10430)

The type and amount of medication assistance provided by the home is:

Provide supervision, verbal cues, minimum to maximum assistance and administration of meds with RN Delegation

ADDITIONAL COMMENTS REGARDING MEDICATION SERVICES

In home delivery of meds by pharmacy is available, RN coordinates with resident/ family for pharmacy of choice

Skilled Nursing Services and Nurse Delegation

If the home identifies that a resident has a need for nursing care and the home is not able to provide the care per chapter 18.79 RCW, the home must contract with a nurse currently licensed in the state of Washington to provide the nursing care and service, or hire or contract with a nurse to provide nurse delegation. (WAC 388-76-10405)

The home provides the following skilled nursing services:

medication management with coordination through MD, oxygen administration, skin and wound care, tube feeding, ostomies, diabetic management, pain management, hospice, mental health/ dementia with behavior management, rehab post stroke, surgery

The home has the ability to provide the following skilled nursing services by delegation:

medication administration (oral, topical, spray/ nasal, eye drops, suppositories, enemas), foley catheter management, G-tube medication and site care, blood glucose monitoring and insulin administration, simple wound care

ADDITIONAL COMMENTS REGARDING SKILLED NURSING SERVICE AND NURSING DELEGATION

RN provider is on-site routinely and on-call 24/7

Specialty Care Designations

We have completed DSHS approved training for the following specialty care designations:

- ☐ Developmental disabilities
- ☒ Mental illness
- ☒ Dementia

ADDITIONAL COMMENTS REGARDING SPECIALTY CARE DESIGNATIONS

We specialize in behavior management for mental health/ dementia residents

Staffing

The home's provider or entity representative must live in the home, or employ or have a contract with a resident manager who lives in the home and is responsible for the care and services of each resident at all times. The provider, entity representative, or resident manager is exempt from the requirement to live in the home if the home has 24-hour staffing coverage and a staff person who can make needed decisions is always present in the home. (WAC 388-76-10040)

- ☐ The provider lives in the home.
- ☐ A resident manager lives in the home and is responsible for the care and services of each resident at all times.
- ☒ The provider, entity representative, or resident manager does not live in the home but the home has 24-hour staffing coverage, and a staff person who can make needed decisions is always present in the home.

The normal staffing levels for the home are:

- ☒ Registered nurse, days and times: **Monday-Friday 0800-1200; on call weekends and PRN**
- ☐ Licensed practical nurse, days and times: _____
- ☒ Certified nursing assistant or long term care workers, days and times: **24 hrs/ day (6a-6p, 6p-6a shifts)**
- ☒ Awake staff at night

☐ Other:

ADDITIONAL COMMENTS REGARDING STAFFING

If resident prefers female CG for certain tasks (bathing, dressing, grooming), facility is flexible

Cultural or Language Access

The home must serve meals that accommodate cultural and ethnic backgrounds (388-76-10415) and provide informational materials in a language understood by residents and prospective residents (Chapter 388-76 various sections)

The home is particularly focused on residents with the following background and/or languages:

Residents who can understand English; we welcome and promote cultural diversity

ADDITIONAL COMMENTS REGARDING CULTURAL OR LANGUAGE ACCESS

CGs speak English, Filipino, French, Swahili, Spanish, Indonesian

Medicaid

The home must fully disclose the home's policy on accepting Medicaid payments. The policy must clearly state the circumstances under which the home provides care for Medicaid eligible residents and for residents who become eligible for Medicaid after admission. (WAC 388-76-10522)

☒ The home is a private pay facility and does not accept Medicaid payments.

☐ The home will accept Medicaid payments under the following conditions:

ADDITIONAL COMMENTS REGARDING MEDICAID

none

Activities

The home must provide each resident with a list of activities customarily available in the home or arranged for by the home (WAC 388-76-10530).

The home provides the following:

Daily strengthening exercises (in-home Gym), outside walks with assistance (weather permitting), movies with popcorn, board games, bingo, puzzles, card games, music therapy

ADDITIONAL COMMENTS REGARDING ACTIVITIES

Residents are encouraged to engage in daily activities, current news discussion, reminiscing to enhance quality of life