



Adult Family Home Disclosure of Services Required by RCW 70.128.280

HOME / PROVIDER KC Care Adult Family Home, Maria Arabella Samedra	LICENSE NUMBER 751120
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NOTE: The term “the home” refers to the adult family home / provider listed above.

The scope of care, services, and activities listed on this form may not reflect all required care and services the home must provide. The home may not be able to provide services beyond those disclosed on this form, unless the needs can be met through “reasonable accommodations.” The home may also need to reduce the level of care they are able to provide based on the needs of the residents already in the home. For more information on reasonable accommodations and the regulations for adult family homes, see [Chapter 388-76](#) of Washington Administrative Code.

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About the Home

1. PROVIDERS STATEMENT (OPTIONAL)

The optional provider’s statement is free text description of the mission, values, and/or other distinct attributes of the home.

We are all family at KC Care. Owners and staff live in the home with residents so that they always have a friendly, caring, familiar person there for them. Our home is dedicated to respect and compassion whether residents have physical, mental or emotional challenges.

2. INITIAL LICENSING DATE

10/22/2008

3. OTHER ADDRESS OR ADDRESSES WHERE PROVIDER HAS BEEN LICENSED:

Same

4. SAME ADDRESS PREVIOUSLY LICENSED AS:

5. OWNERSHIP

- Sole proprietor
- Limited Liability Corporation
- Co-owned by:
- Other:

Personal Care

"Personal care services" means both physical assistance and/or prompting and supervising the performance of direct personal care tasks as determined by the resident's needs, and does not include assistance with tasks performed by a licensed health professional. (WAC 388-76-10000)

1. EATING

If needed, the home may provide assistance with eating as follows:

We provide appetizing, healthy meals. We try to honor residents' special requests and food preferences. We assure soft textures for those with chewing or swallowing problems. We feed residents who are too confused or weak to feed themselves. We sit with residents while they are having meals and encourage them as needed. We invite families to share meals with their loved ones.

2. TOILETING

If needed, the home may provide assistance with toileting as follows:

We respectfully change Depends and clean incontinent residents. We take residents to the bathroom on a schedule to prevent incontinence if possible. We are available for residents who needed to use the bathroom during the night.

3. WALKING

If needed, the home may provide assistance with walking as follows:

We assure that residents use their walkers at all times for safety and walk with them with hands' on assistance as needed.

4. TRANSFERRING

If needed, the home may provide assistance with transferring as follows:

We are well-trained in correct transfer methods. We have two staff members available for transfers as needed. We are experienced in using a Hoyer lift and own one that residents can use. We have experience with other transfer devices such as sit-to-stand and transfer poles.

5. POSITIONING

If needed, the home may provide assistance with positioning as follows:

We understand the importance of keeping pressure off sensitive areas. We reposition residents frequently during the day and night or encourage them to reposition themselves.

6. PERSONAL HYGIENE

If needed, the home may provide assistance with personal hygiene as follows:

Totally dependent residents are given a bed bath each morning. They are bathed during the day after episodes of incontinence and as needed. If residents are able to perform some or all of their hygiene tasks, we provide set up and encouragement and assist as needed.

7. DRESSING

If needed, the home may provide assistance with dressing as follows:

We dress residents who are unable to dress themselves. We encourage residents who are able to choose their clothes for the day and to do as much for themselves as they are able and want to do.

8. BATHING

If needed, the home may provide assistance with bathing as follows:

We shower residents according to their preferences and abilities and can provide 2-person assist as needed.

9. ADDITIONAL COMMENTS REGARDING PERSONAL CARE

We have relationships with hair stylists and manicurists who come to the home and provide these services for residents for a reasonable fee.

Medication Services

If the home admits residents who need medication assistance or medication administration services by a legally authorized person, the home must have systems in place to ensure the services provided meet the medication needs of each resident and meet all laws and rules relating to medications. (WAC 388-76-10430)

The type and amount of medication assistance provided by the home is:

We provide medication assistance for all residents and can directly administer medications, under nurse delegation, for residents who cannot place medication in their mouths. We are trained and certified to provide diabetic care such as blood glucose testing and administration of insulin with nurse delegation.

ADDITIONAL COMMENTS REGARDING MEDICATION SERVICES

We are thorough in being sure residents receive correct medications on time. We work closely with doctors to ensure that medications are effective.

Skilled Nursing Services and Nurse Delegation

If the home identifies that a resident has a need for nursing care and the home is not able to provide the care per chapter 18.79 RCW, the home must contract with a nurse currently licensed in the state of Washington to provide the nursing care and service, or hire or contract with a nurse to provide nurse delegation. (WAC 388-76-10405)

The home provides the following skilled nursing services:

Nurse Delegation.

The home has the ability to provide the following skilled nursing services by delegation:

We have taken courses to ensure that we can provide tasks required by our residents. With nurse delegation we can provide wound care, tube feedings, insulin injections, blood sugar monitoring, bowel programs, catheter care and flushing, medication administration, administration of Hospice medications and treatments and many others.

ADDITIONAL COMMENTS REGARDING SKILLED NURSING SERVICE AND NURSING DELEGATION

We have had the same Delegating Nurse for the past 4 years.

Specialty Care Designations

We have completed DSHS approved training for the following specialty care designations:

- Developmental disabilities
- Mental illness
- Dementia

ADDITIONAL COMMENTS REGARDING SPECIALTY CARE DESIGNATIONS

We are very experienced in caring for residents with dementia. We understand that this condition requires patience and extra caring.

Staffing

The home's provider or entity representative must live in the home, or employ or have a contract with a resident manager who lives in the home and is responsible for the care and services of each resident at all times. The provider, entity representative, or resident manager is exempt from the requirement to live in the home if the home has 24-hour staffing coverage and a staff person who can make needed decisions is always present in the home. (WAC 388-76-10040)

- The provider lives in the home.
- A resident manager lives in the home and is responsible for the care and services of each resident at all times.
- The provider, entity representative, or resident manager does not live in the home but the home has 24-hour staffing coverage, and a staff person who can make needed decisions is always present in the home.

The normal staffing levels for the home are:

- Registered nurse, days and times: **Delegating RN available 8-5 seven days a week.**
- Licensed practical nurse, days and times: _____
- Certified nursing assistant or long term care workers, days and times: **24 hours**
- Awake staff at night
- Other: _____

ADDITIONAL COMMENTS REGARDING STAFFING

We always have at least two staff members available to care for and assist residents.

Cultural or Language Access

The home must serve meals that accommodate cultural and ethnic backgrounds (388-76-10415) and provide informational materials in a language understood by residents and prospective residents (Chapter 388-76 various sections)

The home is particularly focused on residents with the following background and/or languages:

Residents of all cultures and backgrounds are welcome.

ADDITIONAL COMMENTS REGARDING CULTURAL OR LANGUAGE ACCESS

Medicaid

The home must fully disclose the home's policy on accepting Medicaid payments. The policy must clearly state the circumstances under which the home provides care for Medicaid eligible residents and for residents who become eligible for Medicaid after admission. (WAC 388-76-10522)

- The home is a private pay facility and does not accept Medicaid payments.
- The home will accept Medicaid payments under the following conditions:

ADDITIONAL COMMENTS REGARDING MEDICAID

We welcome Medicaid residents.

Activities

The home must provide each resident with a list of activities customarily available in the home or arranged for by the home (WAC 388-76-10530).

The home provides the following:

Board games and puzzles. Afternoon exercises at all levels. Music. Movies. Books and magazines. Active listening and discussion of topics of interest.

ADDITIONAL COMMENTS REGARDING ACTIVITIES