

Adult Family Home Disclosure of Services Required by RCW 70.128.280

HOME / PROVIDER MAPLE ROAD ADULT FAMILY HOME/GUDULA R. YANOS	LICENSE NUMBER 750996
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NOTE: The term "the home" refers to the adult family home / provider listed above.

The scope of care, services, and activities listed on this form may not reflect all required care and services the home must provide. The home may not be able to provide services beyond those disclosed on this form, unless the needs can be met through "reasonable accommodations." The home may also need to reduce the level of care they are able to provide based on the needs of the residents already in the home. For more information on reasonable accommodations and the regulations for adult family homes, see [Chapter 388-76](#) of Washington Administrative Code.

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About the Home

1. PROVIDERS STATEMENT (OPTIONAL)

The optional provider's statement is free text description of the mission, values, and/or other distinct attributes of the home.

At Maple Road AFH, we are committed to make a difference in everyone's life. We provide the best quality of care anybody deserves. Our secure home allows your loved ones to live in a safe and comfortable environment, This place is their home away from home.

**Welcomes Everyone with Warmth,
Endearing and Nurturing Attention..**

**Cares like an Extended Family,
Attentive to Needs and Concerns..
Respects and Honors Individualities,
Exceeding Excellence in Service**

2. INITIAL LICENSING DATE 07/01/2008	3. OTHER ADDRESS OR ADDRESSES WHERE PROVIDER HAS BEEN LICENSED: N/A
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4. SAME ADDRESS PREVIOUSLY LICENSED AS:

3920 Maple Road Lynnwood, Wa. 98037

5. OWNERSHIP

- Sole proprietor
 Limited Liability Corporation
 Co-owned by:
 Other:

Personal Care

"Personal care services" means both physical assistance and/or prompting and supervising the performance of direct personal care tasks as determined by the resident's needs, and does not include assistance with tasks performed by a licensed health professional. (WAC 388-76-10000)

1. EATING

If needed, the home may provide assistance with eating as follows:

We provide cueing, prompting, monitoring and supervision to limited, extensive and total assistance with eating.

2. TOILETING

If needed, the home may provide assistance with toileting as follows:

We provide cueing, prompting, monitoring and supervision to limited, extensive and total assistance with toileting needs.

3. WALKING

If needed, the home may provide assistance with walking as follows:

We provide cueing, prompting, monitoring, supervision and stand by to limited, extensive and total assistance with ambulation. Use of cane and walkers are encouraged. Our facility is equipped with handrails for residents to use as needed.

4. TRANSFERRING

If needed, the home may provide assistance with transferring as follows:

We provide cueing, prompting, monitoring, supervision and 1-2 person limited to extensive and total assistance with transfers.. Staff are trained to use gait belt and hoyer lift for transfers. Safety precautions are always observed.

5. POSITIONING

If needed, the home may provide assistance with positioning as follows:

We provide cueing, prompting, monitoring, supervision to limited, extensive and total assistance with positioning. We encourage and implement turning and repositioning to help promote good circulation and maintain good skin integrity.

6. PERSONAL HYGIENE

If needed, the home may provide assistance with personal hygiene as follows:

We provide cueing, prompting, monitoring, supervision to limited, extensive and total assistance in maintaining good personal hygiene. We always encourage our residents to participate with simple tasks for them to be able to maintain their independence and help promote their self esteem.

7. DRESSING

If needed, the home may provide assistance with dressing as follows:

We encourage our residents to select their own choice of daily wear. We help assist to put on and take off clothes. We provide cueing, prompting, monitoring, supervision to limited, extensive and total assistance.

8. BATHING

If needed, the home may provide assistance with bathing as follows:

We have 2 full baths with roll in shower chair and hand held showers and 1 bathroom with standing shower. We provide cueing,prompting,monitoring,supervision to limited,extensive and total assistance. We also provide bed baths as well.

9. ADDITIONAL COMMENTS REGARDING PERSONAL CARE

Medication Services

If the home admits residents who need medication assistance or medication administration services by a legally authorized person, the home must have systems in place to ensure the services provided meet the medication needs of each resident and meet all laws and rules relating to medications. (WAC 388-76-10430)

The type and amount of medication assistance provided by the home is:

Medication monitoring,management,preparation,administration and documentation observing the 5 rights.Facility also orders new medications and refills from designated pharmacy.

ADDITIONAL COMMENTS REGARDING MEDICATION SERVICES

Our staff are trained and delegated to give medications orally and via Peg tube.

Skilled Nursing Services and Nurse Delegation

If the home identifies that a resident has a need for nursing care and the home is not able to provide the care per chapter 18.79 RCW, the home must contract with a nurse currently licensed in the state of Washington to provide the nursing care and service, or hire or contract with a nurse to provide nurse delegation. (WAC 388-76-10405)

The home provides the following skilled nursing services:

Mental Health and Dementia Specialty,Diabetic Management,Skin and Wound Care,Oxygen Therapy, Restorative Therapy,Incontinent Care, Post Hospitalization Management, Congestive Heart Failure/Stroke Management, Long Term/ 24 Hour Care.

The home has the ability to provide the following skilled nursing services by delegation:

Medication administration,supervision and management (Application of topical ointments, creams,powder,medicated lotion,administration of eye drops,inhalers,nasal spray, nebulizer treatments, rectal suppositories and oral medications . Our staff are also trained on Peg tube feeding via pump, dressing changes on Peg tube site, use of suction machine, blood glucose monitoring and insulin injections.Staff are trained and delegated by a nurse delegator contracted with DSHS.Provider is an RN and also provides delegation for private pay residents.

ADDITIONAL COMMENTS REGARDING SKILLED NURSING SERVICE AND NURSING DELEGATION

Specialty Care Designations

We have completed DSHS approved training for the following specialty care designations:

- Developmental disabilities
- Mental illness
- Dementia

ADDITIONAL COMMENTS REGARDING SPECIALTY CARE DESIGNATIONS

Staff are trained and certified to take care of residents with dementia and mental health illness.

Staffing

The home's provider or entity representative must live in the home, or employ or have a contract with a resident manager who lives in the home and is responsible for the care and services of each resident at all times. The provider, entity

representative, or resident manager is exempt from the requirement to live in the home if the home has 24-hour staffing coverage and a staff person who can make needed decisions is always present in the home. (WAC 388-76-10040)

- The provider lives in the home.
- A resident manager lives in the home and is responsible for the care and services of each resident at all times.
- The provider, entity representative, or resident manager does not live in the home but the home has 24-hour staffing coverage, and a staff person who can make needed decisions is always present in the home.

The normal staffing levels for the home are:

- Registered nurse, days and times: Lives in the home
- Licensed practical nurse, days and times: _____
- Certified nursing assistant or long term care workers, days and times: 2-3 staff on day shift, 1 staff on night shift. Owner/Provider lives in the home.
- Awake staff at night
- Other: Home Health Aid, Nurse Assistant Registered

ADDITIONAL COMMENTS REGARDING STAFFING

Cultural or Language Access

The home must serve meals that accommodate cultural and ethnic backgrounds (388-76-10415) and provide informational materials in a language understood by residents and prospective residents (Chapter 388-76 various sections)

The home is particularly focused on residents with the following background and/or languages:

Maple Road AFH does not discriminate. We welcome anyone regardless of ethnicity or background. English is the main language and as long as the client speaks or understands the language, staff will be able communicate with the residents and be able to provide and meet their needs. We provide 3 meals and snacks and also cater to their food preferences.

ADDITIONAL COMMENTS REGARDING CULTURAL OR LANGUAGE ACCESS

Other Language spoken: Tagalog, Ilocano

Medicaid

The home must fully disclose the home's policy on accepting Medicaid payments. The policy must clearly state the circumstances under which the home provides care for Medicaid eligible residents and for residents who become eligible for Medicaid after admission. (WAC 388-76-10522)

- The home is a private pay facility and does not accept Medicaid payments.
- The home will accept Medicaid payments under the following conditions:
Maple Road AFH accepts Medicaid as a payment source. The facility has a contract with the DSHS for Medicaid residents. For admitted private pay residents who will eventually be Medicaid eligible, it is the responsibility of the resident or legal representative to inform the facility of certain changes 30 days in advance. Medicaid payment will be paid for by the DSHS office on behalf of the resident. This payment will equal the negotiated payment as agreed to by the facility and DSHS when the

ADDITIONAL COMMENTS REGARDING MEDICAID

assessment was completed. The resident's participation is due by the 5th of each month.

Activities

The home must provide each resident with a list of activities customarily available in the home or arranged for by the

home (WAC 388-76-10530).

The home provides the following:

We provide recreational and therapeutic activities like morning exercises, range of motion exercises, crossword puzzle, memory recall, trivia, reading, catching ball, bingo, gardening, walking, barbecue, watching TV, musical entertainment. We also celebrate birthdays and holiday celebrations. Family and friends are invited and encouraged to join birthday and holiday celebrations as well.

ADDITIONAL COMMENTS REGARDING ACTIVITIES