



Adult Family Home Disclosure of Services Required by RCW 70.128.280

HOME / PROVIDER COMFORT AND CARE ADULT FAMILY HOME/VICTORIA VISCAYA	LICENSE NUMBER 750921
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NOTE: The term “the home” refers to the adult family home / provider listed above.

The scope of care, services, and activities listed on this form may not reflect all required care and services the home must provide. The home may not be able to provide services beyond those disclosed on this form, unless the needs can be met through “reasonable accommodations.” The home may also need to reduce the level of care they are able to provide based on the needs of the residents already in the home. For more information on reasonable accommodations and the regulations for adult family homes, see [Chapter 388-76](#) of Washington Administrative Code.

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About the Home

1. PROVIDERS STATEMENT (OPTIONAL)

Our philosophy of care is to provide our residents an exceptional quality of care in a safe, comforting environment to the fullest. At Comfort and Care, we believe that every resident will have the opportunity to live their lives in a serene setting and be treated with respect, dignity, and kindness through the support of our committed caregivers.

2. INITIAL LICENSING DATE

May 2008

3. OTHER ADDRESS OR ADDRESSES WHERE PROVIDER HAS BEEN LICENSED:

8902 121ST Street SW Lakewood, WA 98498

4. SAME ADDRESS PREVIOUSLY LICENSED AS:

8902 121ST Street SW Lakewood, WA 98498

5. OWNERSHIP

- Sole proprietor
- Limited Liability Corporation
- Co-owned by Other:

Other:

Personal Care

“Personal care services” means both physical assistance and/or prompting and supervising the performance of direct personal care tasks as determined by the resident’s needs, and does not include assistance with tasks performed by a licensed health professional. (WAC 388-76-10000)

1. EATING

If needed, the home may provide assistance with eating as follows:

Our home provides basic care which includes preparing and cooking gourmet meals for our residents. We set up all meals and assist with feeding as necessary for assist to total assistance residents who require cueing and physical help. We will ensure that our residents are given 3 full meals with 2 snacks in between. We maintain the cleanliness and tidiness of the kitchen and dining area and will promptly clean up all spills for the resident's safety. We will observe for changes in our resident's eating habits, weight changes, and monitor nutritional issues and collaborate with their physician, case manager, DPOA/guardian as appropriate.

2. TOILETING

If needed, the home may provide assistance with toileting as follows:

We assist residents who require standby assist to total assistance with toileting. We have assistive devices for our residents, including commodes and raised toilet seats. We monitor for bowel and bladder problems and will report issues any issues to resident's physician, case manager, DPOA/guardian as appropriate. We provide care for residents with catheters and we will assure that the catheters remain patent, clean, and functional. We provide ostomy care and will assure that they are patent, clean, and functional. For further care needed with catheters and ostomies, including insertion, sterile irrigation, etc. we will refer our residents to home healthcare services or outside facilities to support these needs.

3. WALKING

If needed, the home may provide assistance with walking as follows:

The staff will provide assistance with mobility for our patients as appropriate. We will facilitate mobility through the use of walkers, canes, crutches, and wheelchairs. Our home can accommodate residents who are independent with mobility, 1-2 person standby assist, and total dependent residents. Our staff will cue and remind patients with mobility as appropriate. We will monitor and report any changes or issues in mobility to the resident's physician, case manager, DPOA/guardian.

4. TRANSFERRING

If needed, the home may provide assistance with transferring as follows:

Our home can provide assistance with transfers through the use of mechanical lifts. For residents who need assistance with transfers, we will assure that they are provided with 1-2 person standby assist as necessary. We will assist with moving them from bed to chair, bed to wheelchair, bed to commode/toilet, transfers to the shower/shower chair, and vice versa. We will observe for the resident's capabilities with transfers and provide for appropriate assistance with transfers to ensure their safety. Our staff will assure that our residents can transfer at their own pace to avoid orthostatic hypotension. Our staff will transfer safely using the appropriate body mechanics and for staff and resident safety.

5. POSITIONING

If needed, the home may provide assistance with positioning as follows:

We provide assistance with positioning, repositioning, bed transfers, and chair transfers frequently. We will assure that our residents are positioned/repositioned as appropriate to prevent development of skin issues and for comfort. We will use pillows under bony prominences. We will use appropriate equipment to prevent foot drop. We will report any changes and issues to the resident's PCP, case manager, and DPOA/guardian.

6. PERSONAL HYGIENE

If needed, the home may provide assistance with personal hygiene as follows:

Our home encourages and promotes maintaining good personal hygiene. We cue and/or assist our residents with brushing their teeth, combing their hair, assisting with showers, trimming nails, and applying moisturizing lotion. We will monitor for any skin changes or issues, including changes in the oral mucosa, issues with denture, foot and nail care and report them to the resident's PCP. For residents needing wound management, diabetic residents needing to trim their toe-nails, or care of ulcers, we will refer them to home health services or outside facilities as appropriate.

7. DRESSING

If needed, the home may provide assistance with dressing as follows:

We will assure that our residents maintain and clean and neat appearance daily. We will assist with changing the residents clothes. We will laundry weekly and as needed. We will assure that the residents clothes are clean and dry at all times.

8. BATHING

If needed, the home may provide assistance with bathing as follows:

Our home will provide bed baths, peri-care, assistance with shampooing hair, hands on application of special medicated shampoo and shaving. We will assist with setting up equipment for residents ranging from independent to total assistance.

9. ADDITIONAL COMMENTS REGARDING PERSONAL CARE

Medication Services

If the home admits residents who need medication assistance or medication administration services by a legally authorized person, the home must have systems in place to ensure the services provided meet the medication needs of each resident and meet all laws and rules relating to medications. (WAC 388-76-10430)

The type and amount of medication assistance provided by the home is:

Our medication passes are based on the resident's assessment and care plan. All medications are stored in a locked cabinet that is only accessed by staff. Our caregivers are delegated to pass medications to our residents. The medications will be passed according to the 5 rights of medications: right resident, right medication, right dose, right time, and right route. This is to ensure that the resident is safely taking their medications. The medications will be poured into a medication cup for easy administration for the resident. We will observe for the resident's ability to safely take the medication. We will observe for any side effects to the medications and report them to the PCP as appropriate.

ADDITIONAL COMMENTS REGARDING MEDICATION SERVICES

Provider and caregivers are Nurse Delegated

Skilled Nursing Services and Nurse Delegation

If the home identifies that a resident has a need for nursing care and the home is not able to provide the care per chapter 18.79 RCW, the home must contract with a nurse currently licensed in the state of Washington to provide the nursing care and service, or hire or contract with a nurse to provide nurse delegation. (WAC 388-76-10405)

The home provides the following skilled nursing services:

Our home provides personal care services, medication assistance, administration, management, diabetes management (blood sugar monitoring, overseeing resident insulin injections), oversight of oxygen administration, catheter care, ostomy care, Hospice care. Our home may provide assistance with resident's DPOA/guardian to arrange for skilled nursing services such as Physical Therapy, OT, Speech Therapy, Wound care with home health agencies and The Home doctor and Hospice care services.

The home has the ability to provide the following skilled nursing services by delegation:

**Oral, topical medications/ointments, nose/ear/eye drops
Simple, non-sterile dressing changes as ordered by PCP
Suppositories, enemas, ostomy care in established and healed condition
Blood sugar checks and insulin injections**

Should a resident's condition deteriorate, we will refer our resident to the appropriate facility to meet their needs

ADDITIONAL COMMENTS REGARDING SKILLED NURSING SERVICE AND NURSING DELEGATION

Specialty Care Designations

We have completed DSHS approved training for the following specialty care designations:

- Developmental disabilities
- Mental illness
- Dementia

ADDITIONAL COMMENTS REGARDING SPECIALTY CARE DESIGNATIONS

Provider & Caregiver are experienced working on residents with specialty needs for more than 25 years.

Staffing

The home's provider or entity representative must live in the home, or employ or have a contract with a resident manager who lives in the home and is responsible for the care and services of each resident at all times. The provider, entity representative, or resident manager is exempt from the requirement to live in the home if the home has 24-hour staffing coverage and a staff person who can make needed decisions is always present in the home. (WAC 388-76-10040)

- The provider lives in the home.
- A resident manager lives in the home and is responsible for the care and services of each resident at all times.
- The provider, entity representative, or resident manager does not live in the home but the home has 24-hour staffing coverage, and a staff person who can make needed decisions is always present in the home.

The normal staffing levels for the home are:

- Registered nurse, days and times: on call 24/7
- Licensed practical nurse, days and times: Administrator/Provider: Licensed Nurse on call 24/7
- Certified nursing assistant or long term care workers, days and times: 1-2 long term care workers 24/7
- Awake staff at night : **24/7 as needed**
- Other: **RN Nurse Delegator on call**

ADDITIONAL COMMENTS REGARDING STAFFING

Cultural or Language Access

The home must serve meals that accommodate cultural and ethnic backgrounds (388-76-10415) and provide informational materials in a language understood by residents and prospective residents (Chapter 388-76 various sections)

The home is particularly focused on residents with the following background and/or languages:

Our home fosters the right that every individual deserves to be treated with respect and dignity, regardless of race, gender, religion, cultural background and individual lifestyle.

ADDITIONAL COMMENTS REGARDING CULTURAL OR LANGUAGE ACCESS

Our home welcomes and supports diversity, ethnic, cultural, and religious backgrounds.

Medicaid

The home must fully disclose the home's policy on accepting Medicaid payments. The policy must clearly state the circumstances under which the home provides care for Medicaid eligible residents and for residents who become eligible for Medicaid after admission. (WAC 388-76-10522)

The home is a private pay facility and does not accept Medicaid payments.

The home will accept Medicaid payments under the following conditions:

Resident may convert from private pay status to medicaid pay after 18 months of residence

ADDITIONAL COMMENTS REGARDING MEDICAID

Activities

The home must provide each resident with a list of activities customarily available in the home or arranged for by the home (WAC 388-76-10530).

The home provides the following:

Our home provides board games, puzzles, movie & popcorn, music therapy, coloring, karaoke (video singing), watching television (Food Network, sports, Animal Planet), birthday celebrations, walks around the neighborhood and park, short trips to local stores, recreational facility (e.g. bowling), restaurants and other activities based on resident's interest, abilities, and desire.

ADDITIONAL COMMENTS REGARDING ACTIVITIES

Our home enjoys hosting resident's birthdays and other special occasions, including Mother's Day, Father's Day, Thanksgiving day, Christmas day, and we encourage the resident's family and friends to join us.