



Adult Family Home Disclosure of Services Required by RCW 70.128.280

HOME / PROVIDER Adagio Adult Family Home / Harvey and Maxine Brink	LICENSE NUMBER 750846
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NOTE: The term “the home” refers to the adult family home / provider listed above.

The scope of care, services, and activities listed on this form may not reflect all required care and services the home must provide. The home may not be able to provide services beyond those disclosed on this form, unless the needs can be met through “reasonable accommodations.” The home may also need to reduce the level of care they are able to provide based on the needs of the residents already in the home. For more information on reasonable accommodations and the regulations for adult family homes, see [Chapter 388-76](#) of Washington Administrative Code.

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About the Home	
1. PROVIDERS STATEMENT (OPTIONAL) The optional provider’s statement is free text description of the mission, values, and/or other distinct attributes of the home. Our mission is to provide quality of life care for vulnerable adults as their limitations allow. We develop individual care plans with the assistance of medical providers, home care services and our delegating nurse, in addition to the required Negotiated Care Plan. Our family-oriented environment is obvious when you enter our home. We proactively look for ways to give joy.	
2. INITIAL LICENSING DATE 03/04/2008	3. OTHER ADDRESS OR ADDRESSES WHERE PROVIDER HAS BEEN LICENSED: NA
4. SAME ADDRESS PREVIOUSLY LICENSED AS:	
5. OWNERSHIP <input type="checkbox"/> Sole proprietor <input checked="" type="checkbox"/> Limited Liability Corporation <input type="checkbox"/> Co-owned by: <input type="checkbox"/> Other:	

Personal Care

"Personal care services" means both physical assistance and/or prompting and supervising the performance of direct personal care tasks as determined by the resident's needs, and does not include assistance with tasks performed by a licensed health professional. (WAC 388-76-10000)

1. EATING

If needed, the home may provide assistance with eating as follows:

If needed Adagio Caregivers may provide assistance with eating as follows:

1. **Handling utensils and drinking glass or cup**
2. **Cutting food into bite-sized pieces**
3. **Feeding**
4. **Chopping food for ease of swallowing; adding "Thicken" to liquids for ease of swallowing**
5. **Fluids are offered regularly in liquid form or in Jello, ice cream, applesauce, etc.**

2. TOILETING

If needed, the home may provide assistance with toileting as follows:

If needed Adagio Caregivers may provide assistance with toileting as follows:

1. **Directing resident to the bathroom**
2. **Stand by assist**
3. **Use of a commode in the resident's room**
4. **Assist with wiping and cleaning as needed**
5. **Changing brief as needed**
6. **Changing resident on the bed as needed**

3. WALKING

If needed, the home may provide assistance with walking as follows:

If needed Adagio Caregivers may provide assistance with walking as follows:

1. **Offering arm or hand for guidance**
2. **Walking with walker as needed**
3. **Encouraging ambulation for as much as possible before resident tires**

4. TRANSFERRING

If needed, the home may provide assistance with transferring as follows:

Safety for resident and caregiver is our concern. If needed Adagio Caregivers may provide assistance with transferring as follows:

1. **Standby assist**
2. **Using gait belt to assist resident to stand, turn and sit**
3. **Using gait belt to lift resident from one chair to another or commode**
4. **Two person using gait belt to lift resident from sitting to change**
5. **Hoyer Lift if needed**

5. POSITIONING

If needed, the home may provide assistance with positioning as follows:

If needed Adagio Caregivers may provide assistance with positioning as follows:

1. **Skin breaks down as quickly as two hours when pressure restricts blood flow**
2. **Re-positioning on a bed or in a chair can be accomplished with pillows**
3. **We welcome instruction from Physical or Occupational Therapists**

6. PERSONAL HYGIENE

If needed, the home may provide assistance with personal hygiene as follows:

When needed Adagio Caregivers may provide assistance with Personal Hygiene as follows:

1. **Nail care**
2. **Showers or bed baths as needed**
3. **Walk in showers**
4. **Deoderant and skin creams provided by the family**
5. **Skin care products ordered by a doctor**
6. **Oral care with products provided by the family**

7. DRESSING

If needed, the home may provide assistance with dressing as follows:

If needed Adagio Caregivers may provide assistance with dressing as follows:

1. **Give choice of clothing appropriate for the weather**
2. **Give assistance putting on clothing appropriately, i.e., shirts over the head, pants on legs, etc.**
3. **Shoes and stockings**
4. **Any assistance that also encourages independence in activities of daily living**

8. BATHING

If needed, the home may provide assistance with bathing as follows:

We plan the bath area for maximum comfort and cooperation. Showers may begin with the feet rather than removing all clothing and washing the head first. Baths are opportunitis for foot care and skin examination, for gentle spa-like treatment.

9. ADDITIONAL COMMENTS REGARDING PERSONAL CARE

At Adagio we respect your habits and preferences and encourage you to do as much as possible in your own care

Medication Services

If the home admits residents who need medication assistance or medication administration services by a legally authorized person, the home must have systems in place to ensure the services provided meet the medication needs of each resident and meet all laws and rules relating to medications. (WAC 388-76-10430)

The type and amount of medication assistance provided by the home is:

Adagio uses the pharmaceutical services of Ready Meds Pharmacy. They work with all Insurance companies.

To administer medication, we must receive faxed orders from your Medical Provider for our records and for Ready Meds to fill prescriptions. Harvey accommodates these necessities.

You may examine your resident's records upon request.

Adagio uses a computerized record keeping system for accuracy and confidentiality.

ADDITIONAL COMMENTS REGARDING MEDICATION SERVICES

We can not administer or assist with medications without a doctor's orders. Unused medications are brought to the Mukilteo Police Station for disposal, never returned to the family.

Skilled Nursing Services and Nurse Delegation

If the home identifies that a resident has a need for nursing care and the home is not able to provide the care per chapter 18.79 RCW, the home must contract with a nurse currently licensed in the state of Washington to provide the nursing care and service, or hire or contract with a nurse to provide nurse delegation. (WAC 388-76-10405)

The home provides the following skilled nursing services:

We eagerly cooperate with other skilled nursing services. This can include Physical, Speech/Swallowing, and Occupational Therapy and must be ordered by your medical provider. It is usually paid for by Medicare or your insurance.

If a resident needs residential therapy in a rehabilitation facility, we will accept them back and work with the therapists to recover as much as possible. The room will be held at the agreed upon rate.

Adagio works with all physicians and may transport the resident with our wheelchair-access van for a fee. We also utilize the services of In Home Primary Care and Dr. Heidi Rendell of Anchor Medical Clinic, both concierge services that allow our residents to receive care without transporting to an office. Dr. Randy Fisher comes to us four times a year to provide podiatrist care. The cost may be covered by insurance. If not, Adagio will invoice for payment the next month.

The home has the ability to provide the following skilled nursing services by delegation:

Adagio operates under the license of Rainy Day Consulting, Margy Griffeths, RN. She will do the original assessment to develop a written negotiated care plan (WAC 388-76-10355), and follow up monitoring our care and records every three months. She is also on-call when we need medical guidance. She has more than 30 years experience and is highly respected in the industry.

ADDITIONAL COMMENTS REGARDING SKILLED NURSING SERVICE AND NURSING DELEGATION

Specialty Care Designations

We have completed DSHS approved training for the following specialty care designations:

- Developmental disabilities
- Mental illness
- Dementia

ADDITIONAL COMMENTS REGARDING SPECIALTY CARE DESIGNATIONS

Maxine has been certified by DSHS to teach caregivers Mental Health and Dementia specialty training.

Staffing

The home's provider or entity representative must live in the home, or employ or have a contract with a resident manager who lives in the home and is responsible for the care and services of each resident at all times. The provider, entity representative, or resident manager is exempt from the requirement to live in the home if the home has 24-hour staffing coverage and a staff person who can make needed decisions is always present in the home. (WAC 388-76-10040)

- The provider lives in the home.
- A resident manager lives in the home and is responsible for the care and services of each resident at all times.
- The provider, entity representative, or resident manager does not live in the home but the home has 24-hour staffing

coverage, and a staff person who can make needed decisions is always present in the home.

The normal staffing levels for the home are:

- Registered nurse, days and times: _____
- Licensed practical nurse, days and times: _____
- Certified nursing assistant or long term care workers, days and times: _____
- Awake staff at night
- Other: _____

ADDITIONAL COMMENTS REGARDING STAFFING

Our caregivers are experienced and respected by management where they previously worked.

Cultural or Language Access

The home must serve meals that accommodate cultural and ethnic backgrounds (388-76-10415) and provide informational materials in a language understood by residents and prospective residents (Chapter 388-76 various sections)

The home is particularly focused on residents with the following background and/or languages:

We cater to each resident's tastes, sometimes serving different meals at the same time. We are always interested in new recipes and foods. Variety has been more a medical issue than cultural. We are of Dutch background and do not ask anyone to eat Dutch cabbage and potatoes, although we do know how to bake.

ADDITIONAL COMMENTS REGARDING CULTURAL OR LANGUAGE ACCESS

Medicaid

The home must fully disclose the home's policy on accepting Medicaid payments. The policy must clearly state the circumstances under which the home provides care for Medicaid eligible residents and for residents who become eligible for Medicaid after admission. (WAC 388-76-10522)

- The home is a private pay facility and does not accept Medicaid payments.
- The home will accept Medicaid payments under the following conditions: _____

ADDITIONAL COMMENTS REGARDING MEDICAID

Activities

The home must provide each resident with a list of activities customarily available in the home or arranged for by the home (WAC 388-76-10530).

The home provides the following:

Our activities change with the residents. What do you want to do? Adagio is your home and as much as possible, we will make activities accessible to you that you enjoy. We have supplied library books, games, crafts, assisting with meal prep, doing the dishes, folding laundry, riding to the MUK ferry for an ice cream cone, etc. We are Classically trained musicians and will play your favorite Country music CD with good humor. Television is never used as a substitute for social engagement.

ADDITIONAL COMMENTS REGARDING ACTIVITIES