



# Adult Family Home Disclosure of Services Required by RCW 70.128.280

HOME / PROVIDER <b>Care with Dignity, Inc. DBA New Horizons AFH</b>	LICENSE NUMBER <b>AH750521</b>
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**NOTE:** The term “the home” refers to the adult family home / provider listed above.

The scope of care, services, and activities listed on this form may not reflect all required care and services the home must provide. The home may not be able to provide services beyond those disclosed on this form, unless the needs can be met through “reasonable accommodations.” The home may also need to reduce the level of care they are able to provide based on the needs of the residents already in the home. For more information on reasonable accommodations and the regulations for adult family homes, see [Chapter 388-76](#) of Washington Administrative Code.

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### About the Home

**1. PROVIDERS STATEMENT (OPTIONAL)**

The optional provider’s statement is free text description of the mission, values, and/or other distinct attributes of the home.

**We welcome elders, their friend and family into our active, loving community where we offer individualized attention with care and professionalism.**

**2. INITIAL LICENSING DATE**

**12/31/1989**

**3. OTHER ADDRESS OR ADDRESSES WHERE PROVIDER HAS BEEN LICENSED:**

**6308 234 st SW Mountlake Terrace, WA, 8831 240<sup>th</sup> st SW Edmonds, WA**

**4. SAME ADDRESS PREVIOUSLY LICENSED AS:**

**N/A**

**5. OWNERSHIP**

- Sole proprietor
- Limited Liability Corporation
- Co-owned by:
- Other: **Corporation**

## Personal Care

“Personal care services” means both physical assistance and/or prompting and supervising the performance of direct personal care tasks as determined by the resident’s needs, and does not include assistance with tasks performed by a licensed health professional. (WAC 388-76-10000)

### 1. EATING

If needed, the home may provide assistance with eating as follows:

**Set-up, cueing, special diets, 1:1 feeding**

### 2. TOILETING

If needed, the home may provide assistance with toileting as follows:

**1-2 caregiver assistance: in bathroom, assistance to a bedside commode, total incontinence care in bed, cueing, minimal to maximum assistance**

### 3. WALKING

If needed, the home may provide assistance with walking as follows:

**1-2 caregiver assistance: standby assistance for safety, hands-on assistance, reminders and set-up with walkers, wheelchair assistance**

### 4. TRANSFERRING

If needed, the home may provide assistance with transferring as follows:

**1-2 caregiver transfers: standby, cueing to hands-up pivot non weight bearing transfers . Weight limits may apply for overweight clients.**

### 5. POSITIONING

If needed, the home may provide assistance with positioning as follows:

**1-2 caregiver: bed and chair repositioning minimal to maximum**

### 6. PERSONAL HYGIENE

If needed, the home may provide assistance with personal hygiene as follows:

**1-2 caregiver: set-up and cueing to total assistance**

### 7. DRESSING

If needed, the home may provide assistance with dressing as follows:

**1-2 caregiver : set-up and cueing to total assistance**

### 8. BATHING

If needed, the home may provide assistance with bathing as follows:

**1-2 caregiver bathing assistance. minimum to maximum assistance. Shower bench and walk-in tub available in home. Caregivers provide continual assistance in the shower or bath for safety.**

### 9. ADDITIONAL COMMENTS REGARDING PERSONAL CARE

**Personal care levels are determined on an individual basis based on care plan. Clients are encouraged to maintain a maximum level of independence.**

## Medication Services

If the home admits residents who need medication assistance or medication administration services by a legally authorized person, the home must have systems in place to ensure the services provided meet the medication needs of each resident and meet all laws and rules relating to medications. (WAC 388-76-10430)

The type and amount of medication assistance provided by the home is:

**New Horizons has pharmacy that delivers medications, tracks refills, and communicates with the doctor and the home as needed to ensure refills are delivered on time. New Horizons AFH gives medication reminders and assistance, tracks medication taken on a daily basis, and administers medications under**

**the nurse delegation program for clients unable to administer their own medications.**

ADDITIONAL COMMENTS REGARDING MEDICATION SERVICES

**Skilled Nursing Services and Nurse Delegation**

If the home identifies that a resident has a need for nursing care and the home is not able to provide the care per chapter 18.79 RCW, the home must contract with a nurse currently licensed in the state of Washington to provide the nursing care and service, or hire or contract with a nurse to provide nurse delegation. (WAC 388-76-10405)

The home provides the following skilled nursing services:

**New Horizons has an RN on staff who will provide intermittent skilled nursing tasks with an MD order on a case by case basis. This might include, for example, injections other than insulin or urinary catheter care. Depending on the service there may be additional cost for RN, which would be disclosed prior to providing the service. Furthermore, we maintain relationship with Home Health care services which will provide intermittent skilled nursing care under Medicare and an MD order for short-term needs. New Horizons is able to manage Coumadin (Warfarin) and INRs checks in conjunction with MDs.**

The home has the ability to provide the following skilled nursing services by delegation:

**Certified Nursing Aides(CNAs) are able to administer eye drops, ear drops, medicated patches, topical creams, suppositories, PRN medications, types of catheter care, inhaled medications, glucose monitoring, insulin injections, hospice medications and some wound care under nurse delegation training and supervision.**

ADDITIONAL COMMENTS REGARDING SKILLED NURSING SERVICE AND NURSING DELEGATION

**New Horizons maintains relationships with local hospice services to provide hospice care in partnership with primary physician and family**

**Specialty Care Designations**

We have completed DSHS approved training for the following specialty care designations:

- Developmental disabilities
- Mental illness
- Dementia

ADDITIONAL COMMENTS REGARDING SPECIALTY CARE DESIGNATIONS

**Staffing**

The home's provider or entity representative must live in the home, or employ or have a contract with a resident manager who lives in the home and is responsible for the care and services of each resident at all times. The provider, entity representative, or resident manager is exempt from the requirement to live in the home if the home has 24-hour staffing coverage and a staff person who can make needed decisions is always present in the home. (WAC 388-76-10040)

- The provider lives in the home.
- A resident manager lives in the home and is responsible for the care and services of each resident at all times.
- The provider, entity representative, or resident manager does not live in the home but the home has 24-hour staffing coverage, and a staff person who can make needed decisions is always present in the home.

The normal staffing levels for the home are:

- Registered nurse, days and times: **3-5 days weekly in the home 10AM-3PM and other times for training and on-call 24 hours daily.**
- Licensed practical nurse, days and times: \_\_\_\_\_
- Certified nursing assistant or long term care workers, days and times: **7AM-3PM shift, 2:45 PM-10 PM shift,**

**10 PM-8AM shift, overlapping CNAs as needed on shorter shifts, (CNAs 24 hours per day)**

Awake staff at night

Other:

ADDITIONAL COMMENTS REGARDING STAFFING

**Cultural or Language Access**

The home must serve meals that accommodate cultural and ethnic backgrounds (388-76-10415) and provide informational materials in a language understood by residents and prospective residents (Chapter 388-76 various sections)

The home is particularly focused on residents with the following background and/or languages:

**We currently have 1 Spanish speaking resident and 3 Spanish speaking staff**

ADDITIONAL COMMENTS REGARDING CULTURAL OR LANGUAGE ACCESS

**We are open to all cultural backgrounds**

**Medicaid**

The home must fully disclose the home's policy on accepting Medicaid payments. The policy must clearly state the circumstances under which the home provides care for Medicaid eligible residents and for residents who become eligible for Medicaid after admission. (WAC 388-76-10522)

The home is a private pay facility and does not accept Medicaid payments.

The home will accept Medicaid payments under the following conditions:

**3 year period of private pay and then residents will be allowed to covert to Medicaid under DSHS qualification**

ADDITIONAL COMMENTS REGARDING MEDICAID

**Activities**

The home must provide each resident with a list of activities customarily available in the home or arranged for by the home (WAC 388-76-10530).

The home provides the following:

**Live musical shows 4-5x monthly (guitar, piano, singing), Outings on a leisure bus 2-4x monthly: Senior center, parks, restaurants, museums, aquarium. Animal therapies: therapy dog 2 x monthly, occasional 4-H club with rabbits and Animal Encounters Inc. , Designated activity staff 1-2 x weekly for crafts, friendly visits, games, walks, Seasonal and birthday celebrations, often including family members. Picnics on the patio and a Hawaiian Luau in the summer. Traveling library system once monthly to pick-up and deliver books. Individualized activities might include: baking, games, walks, movies, flower arranging, talks, games, meal planning, folding laundry (if a resident enjoys it). We are always learning about our residents open to activity ideas!**

ADDITIONAL COMMENTS REGARDING ACTIVITIES

**We also have a hairdresser / nail care professional who comes 1 x weekly and residents can choose to use her as often or as little as preferred. This is an additional cost paid directly to hairdresser.**