Washington State Department of Social & Health Services
ALTSA Aging and Long-Term Support Administration

Adult Family Home Disclosure of Services Required by RCW 70.128.280

HOME / PROVIDER	LICENSE NUMBER
GABRIELA's QUALITY CARE/Gabriela Filip	**750282**

NOTE: The term "the home" refers to the adult family home / provider listed above.

The scope of care, services, and activities listed on this form may not reflect all required care and services the home must provide. The home may not be able to provide services beyond those disclosed on this form, unless the needs can be met through "reasonable accommodations." The home may also need to reduce the level of care they are able to provide based on the needs of the residents already in the home. For more information on reasonable accommodations and the regulations for adult family homes, see Chapter 388-76 of Washington Administrative Code.

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About the Home

1. PROVIDERS STATEMENT (OPTIONAL)

The optional provider's statement is free text description of the mission, values, and/or other distinct attributes of the home.

We are dedicated to serving seniors who are unable to live alone, but do not want to live in an institutional setting. We serve those recovering from illness, those needing long-term care or hospice care. Our mission is to protect the dignity, individuality and privacy of each of our residents while striving to support and maintain their independence with the highest quality of life.

2. INITIAL LICENSING DATE	3. OTHER ADDRESS OR ADDRESSES WHERE PROVIDER HAS BEEN LICENSED:
02/07/2007	

4. SAME ADDRESS PREVIOUSLY LICENSED AS:

5. OWNERSHIP

- ☒ Sole proprietor
- ☐ Limited Liability Corporation
- ☐ Co-owned by:
- ☐ Other:

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Personal Care
"Personal care services" means both physical assistance and/or prompting and supervising the performance of direct personal care tasks as determined by the resident's needs, and does not include assistance with tasks performed by a licensed health professional. (WAC 388-76-10000)
1. EATING If needed, the home may provide assistance with eating as follows: **1:1 supervision and/or feeding, therapeutic diets (e.g. diabetic, cardiac, renal, etc.), dysphagia diet**
2. TOILETING If needed, the home may provide assistance with toileting as follows: **Bowel/bladder program, incontinence care, Folley catheter, suprapubic catheter, colostomy care, ileostomy care, etc.**
3. WALKING If needed, the home may provide assistance with walking as follows: **Stand by assistance, cane, walker, wheelchair assistance**
4. TRANSFERRING If needed, the home may provide assistance with transferring as follows: **1-2 person assistance, transfer pole, trapeze, mecanical lift (Hoyer lift)**
5. POSITIONING If needed, the home may provide assistance with positioning as follows: **1-2 person assistance with repositioning every 2 hours and as needed, use of draw sheet, trapeze, etc.**
6. PERSONAL HYGIENE If needed, the home may provide assistance with personal hygiene as follows: **Assistance with daily grooming: brushing teeth, shaving, hair care, nail care, make-up, skin care, etc.**
7. DRESSING If needed, the home may provide assistance with dressing as follows: **Assistance or total care with dressing and undressing.**
8. BATHING If needed, the home may provide assistance with bathing as follows: **1-2 person assistance with shower/bath weekly and as needed.**
9. ADDITIONAL COMMENTS REGARDING PERSONAL CARE **We provide personal care to each resident to maintain good hygiene at all times.**
Medication Services
If the home admits residents who need medication assistance or medication administration services by a legally authorized person, the home must have systems in place to ensure the services provided meet the medication needs of each resident and meet all laws and rules relating to medications. (WAC 388-76-10430)
The type and amount of medication assistance provided by the home is: **Medication management and assistance, self administration, nurse delegation for residents dependent for medication administration, blood glucose monitoring, insulin injections, etc.**
ADDITIONAL COMMENTS REGARDING MEDICATION SERVICES **None**

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Skilled Nursing Services and Nurse Delegation

If the home identifies that a resident has a need for nursing care and the home is not able to provide the care per chapter 18.79 RCW, the home must contract with a nurse currently licensed in the state of Washington to provide the nursing care and service, or hire or contract with a nurse to provide nurse delegation. (WAC 388-76-10405)

The home provides the following skilled nursing services:

In home nursing care by local Home Health Agencies, in home physician visits, nurse delegator visits

The home has the ability to provide the following skilled nursing services by delegation:

Administration of oral medications, PRN medications, eye drops, apllication of cream and lotions, rectal suppositories, blood glucose monitoring, insulin injections, wound care, inhalers, nebulizers, etc.

ADDITIONAL COMMENTS REGARDING SKILLED NURSING SERVICE AND NURSING DELEGATION

None

Specialty Care Designations

We have completed DSHS approved training for the following specialty care designations:

- ☐ Developmental disabilities
- ☒ Mental illness
- ☒ Dementia

ADDITIONAL COMMENTS REGARDING SPECIALTY CARE DESIGNATIONS

We care for residents with Alzheimer's Dementia, Parkinson's Disease, Diabetes, Cardiac Disease, Renal Disease, Hospice Care, etc.

Staffing

The home's provider or entity representative must live in the home, or employ or have a contract with a resident manager who lives in the home and is responsible for the care and services of each resident at all times. The provider, entity representative, or resident manager is exempt from the requirement to live in the home if the home has 24-hour staffing coverage and a staff person who can make needed decisions is always present in the home. (WAC 388-76-10040)

- ☒ The provider lives in the home.
- ☐ A resident manager lives in the home and is responsible for the care and services of each resident at all times.
- ☐ The provider, entity representative, or resident manager does not live in the home but the home has 24-hour staffing coverage, and a staff person who can make needed decisions is always present in the home.

The normal staffing levels for the home are:

- ☒ Registered nurse, days and times: **ON CALL**
- ☐ Licensed practical nurse, days and times: _____
- ☒ Certified nursing assistant or long term care workers, days and times: **24/7**
- ☒ Awake staff at night
- ☐ Other:

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ADDITIONAL COMMENTS REGARDING STAFFING

None

Cultural or Language Access

The home must serve meals that accommodate cultural and ethnic backgrounds (388-76-10415) and provide informational materials in a language understood by residents and prospective residents (Chapter 388-76 various sections)

The home is particularly focused on residents with the following background and/or languages:

We have no preference on background. We accommodate all cultural and etnic backgrounds. We

communicate in English and Romanian.

ADDITIONAL COMMENTS REGARDING CULTURAL OR LANGUAGE ACCESS

None

Medicaid

The home must fully disclose the home's policy on accepting Medicaid payments. The policy must clearly state the circumstances under which the home provides care for Medicaid eligible residents and for residents who become eligible for Medicaid after admission. (WAC 388-76-10522)

☐ The home is a private pay facility and does not accept Medicaid payments.

☒ The home will accept Medicaid payments under the following conditions:

The AFH is contracted with Medicaid and has no conditions for eligible residents.

ADDITIONAL COMMENTS REGARDING MEDICAID

None

Activities

The home must provide each resident with a list of activities customarily available in the home or arranged for by the home (WAC 388-76-10530).

The home provides the following:

We provide a variety of activities based on each resident ability to participate. Example of activities: exercise, entertaiment, sing-along and music therapy, Zumba dancing, crafts and arts, Holiday and Birthday celebration, in home beauty/barber shop services, worship, bible studies, etc.

ADDITIONAL COMMENTS REGARDING ACTIVITIES

Residents have the right to refuse participation in activities.

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