



# Adult Family Home Disclosure of Services Required by RCW 70.128.280

HOME / PROVIDER HELD STAR INC/ SARAH HELD	LICENSE NUMBER <b>750066</b>
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**NOTE:** The term "the home" refers to the adult family home / provider listed above.

The scope of care, services, and activities listed on this form may not reflect all required care and services the home must provide. The home may not be able to provide services beyond those disclosed on this form, unless the needs can be met through "reasonable accommodations." The home may also need to reduce the level of care they are able to provide based on the needs of the residents already in the home. For more information on reasonable accommodations and the regulations for adult family homes, see [Chapter 388-76](#) of Washington Administrative Code. [Table of Contents](#)

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About the Home	
<p>1. PROVIDERS STATEMENT (OPTIONAL)</p> <p>The optional provider's statement is free text description of the mission, values, and/or other distinct attributes of the home.</p>	
<p>2. INITIAL LICENSING DATE</p> <p style="text-align: center;"><b>JUNE 2006</b></p>	<p>3. OTHER ADDRESS OR ADDRESSES WHERE PROVIDER HAS BEEN LICENSED:</p>
<p>4. SAME ADDRESS PREVIOUSLY LICENSED AS:</p>	
<p>5. OWNERSHIP Sole</p> <p><input type="checkbox"/> proprietor</p> <p><input type="checkbox"/> Limited Liability Company</p> <p><input checked="" type="checkbox"/> Co-owned by: JEFF HELD</p> <p><input type="checkbox"/> Other:</p>	
Personal Care	

"Personal care services" means both physical assistance and/or prompting and supervising the performance of direct personal care tasks as determined by the resident's needs, and does not include assistance with tasks performed by a licensed health professional. (WAC 388-76-10000)

1. EATING

If needed, the home may provide assistance with eating as follows:

**The home provides assistance with eating including feeding a resident and specialty diet**

2. TOILETING

If needed, the home may provide assistance with toileting as follows:

**We provide assistance with changing disposable briefs as well as assisting with toileting during day time hours.**

3. WALKING

If needed, the home may provide assistance with walking as follows:

**We provide one person assistance with walking.**

4. TRANSFERRING

If needed, the home may provide assistance with transferring as follows:

**We provide one person assistance with transferring.**

5. POSITIONING

If needed, the home may provide assistance with positioning as follows:

**We provide assistance with positioning during day time hours.**

6. PERSONAL HYGIENE

If needed, the home may provide assistance with personal hygiene as follows:

**We provide assistance with hygiene eg: denture care, shaving, make-up, etc.**

7. DRESSING

If needed, the home may provide assistance with dressing as follows:

**We provide full assistance with dressing.**

8. BATHING

If needed, the home may provide assistance with bathing as follows:

**We provide assistance with showering, walk-in shower, bath bench, hand held shower head, & grab bars**

9. ADDITIONAL COMMENTS REGARDING PERSONAL CARE

**Medication Services**

If the home admits residents who need medication assistance or medication administration services by a legally authorized person, the home must have systems in place to ensure the services provided meet the medication needs of each resident and meet all laws and rules relating to medications. (WAC 388-76-10430)

The type and amount of medication assistance provided by the home is:

**We provide assistance with medications including insulin injections and blood sugar monitoring**

ADDITIONAL COMMENTS REGARDING MEDICATION SERVICES

**Skilled Nursing Services and Nurse Delegation**



If the home identifies that a resident has a need for nursing care and the home is not able to provide the care per chapter 18.79 RCW, the home must contract with a nurse currently licensed in the state of Washington to provide the nursing care and service, or hire or contract with a nurse to provide nurse delegation. (WAC 388-76-10405)

The home provides the following skilled nursing services: **We do have PT and OT as well as Home Health come to the home when orders are given by resident physician.**

The home has the ability to provide the following skilled nursing services by delegation:  
**The provider does have a RN who does our Nurse Delegation for all medications needed Delegation**

ADDITIONAL COMMENTS REGARDING SKILLED NURSING SERVICE AND NURSING DELEGATION

#### Specialty Care Designations

We have completed DSHS approved training for the following specialty care designations:

- Developmental disabilities
- X Mental illness
- X Dementia

ADDITIONAL COMMENTS REGARDING SPECIALTY CARE DESIGNATIONS

#### Staffing

The home's provider or entity representative must live in the home, or employ or have a contract with a resident manager who lives in the home and is responsible for the care and services of each resident at all times. The provider, entity representative, or resident manager is exempt from the requirement to live in the home if the home has 24-hour staffing coverage and a staff person who can make needed decisions is always present in the home. (WAC 388-76-10040)

- The provider lives in the home.
- A resident manager lives in the home and is responsible for the care and services of each resident at all times.
- X The provider, entity representative, or resident manager does not live in the home but the home has 24-hour staffing coverage, and a staff person who can make needed decisions is always present in the home.

The normal staffing levels for the home are:

- X Registered nurse, days and times: AVAILABLE BY PHONE 24/7
- Licensed practical nurse, days and times: \_\_\_\_\_
- X Certified nursing assistant or long term care workers, days and times: 24/7 one caregiver on staff per day
- Awake staff at night
- Other:

ADDITIONAL COMMENTS REGARDING STAFFING

**Staff is available at night for emergency assistance**

#### Cultural or Language Access

The home must serve meals that accommodate cultural and ethnic backgrounds (388-76-10415) and provide informational materials in a language understood by residents and prospective residents (Chapter 388-76 various sections)

The home is particularly focused on residents with the following background and/or languages:  
No particular specialties

ADDITIONAL COMMENTS REGARDING CULTURAL OR LANGUAGE ACCESS

**Medicaid**

The home must fully disclose the home's policy on accepting Medicaid payments. The policy must clearly state the circumstances under which the home provides care for Medicaid eligible residents and for residents who become eligible for Medicaid after admission. (WAC 388-76-10522)

The home is a private pay facility and does not accept Medicaid payments.

X The home will accept Medicaid payments under the following conditions:

The home will accept Medicaid after 2 years of private pay.

ADDITIONAL COMMENTS REGARDING MEDICAID

**Activities**

The home must provide each resident with a list of activities customarily available in the home or arranged for by the home (WAC 388-76-10530).

The home provides the following: **Walking path, BINGO twice a week, jigsaw puzzles, Boggle and other games, occasional Karaoke.**

ADDITIONAL COMMENTS REGARDING ACTIVITIES

Please Return the completed form electronically to [AFHDisclosures@DSHS.WA.GOV](mailto:AFHDisclosures@DSHS.WA.GOV)

The form may also be returned by mail at: RCS  
– Attn: Disclosure of Services  
PO Box 45600  
Olympia, WA 98504-5600