



Adult Family Home Disclosure of Services Required by RCW 70.128.280

HOME / PROVIDER NORTH STAR AFH / VICTORIA B. ABERNETHY	LICENSE NUMBER 682500
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NOTE: The term "the home" refers to the adult family home / provider listed above.

The scope of care, services, and activities listed on this form may not reflect all required care and services the home must provide. The home may not be able to provide services beyond those disclosed on this form, unless the needs can be met through "reasonable accommodations." The home may also need to reduce the level of care they are able to provide based on the needs of the residents already in the home. For more information on reasonable accommodations and the regulations for adult family homes, see [Chapter 388-76](#) of Washington Administrative Code.

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About the Home	
1. PROVIDERS STATEMENT (OPTIONAL) The optional provider's statement is free text description of the mission, values, and/or other distinct attributes of the home. <div style="text-align: center; font-size: 1.2em; font-family: cursive;">TO PROMOTE HEALTH & SAFETY TO RESIDENTS.</div>	
2. INITIAL LICENSING DATE <div style="font-size: 1.2em; font-family: cursive;">OCT. 2004</div>	3. OTHER ADDRESS OR ADDRESSES WHERE PROVIDER HAS BEEN LICENSED: <div style="font-size: 1.2em; font-family: cursive;">NONE</div>
4. SAME ADDRESS PREVIOUSLY LICENSED AS: <div style="font-size: 1.2em; font-family: cursive;">SAME</div>	
5. OWNERSHIP <input checked="" type="checkbox"/> Sole proprietor <input type="checkbox"/> Limited Liability Corporation <input type="checkbox"/> Co-owned by: <input type="checkbox"/> Other:	
Personal Care	
"Personal care services" means both physical assistance and/or prompting and supervising the performance of direct personal care tasks as determined by the resident's needs, and does not include assistance with tasks performed by a licensed health professional. (WAC 388-76-10000)	
1. EATING	

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If needed, the home may provide assistance with eating as follows: PROVIDE RESIDENTS WITH A WIDE VARIETY OF WHOLESOME VARIETY FOOD. SERVE MEALS, PUT ON BIBS, CUT MEAT, BUTTER, ASSIST W/ FEEDING, OBSERVE FOR CHEWING, SWALLOWING PROBLEMS

2. TOILETING

If needed, the home may provide assistance with toileting as follows: STAND BY ASSIST OBSERVE FOR SAFETY, CHANGE DEPENDS, GARMENTS AS NEEDED. HELP RESIDENTS GET CLEAN! GET CHANGE, CLEAN STOMY EQUIPMENT, CATHETER, URINAL, BEEPAN ETC CATHETER - EMPTY BAGS NEEDED

3. WALKING

If needed, the home may provide assistance with walking as follows: ASSIST W/ WALKING, ASSIST W/ WALKER/CANE/CRUTCHES, WHEELCHAIR, GAIT BELT, STAND BY ASSIST OBSERVE FOR SAFETY, ASSIST W/ TRANSFERS.

4. TRANSFERRING

If needed, the home may provide assistance with transferring as follows: STAND BY ASSIST FOR SAFETY, MECHANICAL TRANSFER, TRANSFER TO/FROM BED, TRANSFER TO/FROM CHAIR, TRANSFER TO/FROM TOILET, TRANSFER TO/FROM TUB, LIFT, PIVOT & TRANSFER BOARD.

5. POSITIONING

If needed, the home may provide assistance with positioning as follows: STAND BY ASSIST OBSERVE FOR SAFETY, RE-POSITION AS NEEDED, ASSIST W/ ADAPTIVE EQUIPMENT AS NEEDED & AT TIMES AS NEEDED & REQUESTED.

6. PERSONAL HYGIENE

If needed, the home may provide assistance with personal hygiene as follows: STAND BY ASSIST, OBSERVE FOR SAFETY, ASSIST TO CLEAN & APPLY GLASSES, HEARING AIDS, DENTURES BRIDGES, BRUSH TEETH, MOUTH WASH, WASH FACE, BRUSH & COMB HAIR, DEODORANT - PERFUME /

7. DRESSING

If needed, the home may provide assistance with dressing as follows: STAND BY ASSIST, OBSERVE FOR SAFETY, PICK OUT CLOTHES, DRESS & UNDRRESS UPPER BODY & LOWER BODY FOR SAFETY, PUT ON SHOES & SOCKS, PUT ON JEWELRY, TIE & BUTTON AS NEEDED. COLGANE

8. BATHING

If needed, the home may provide assistance with bathing as follows: STAND BY ASSIST, OBSERVE FOR SAFETY, SET UP BATHROOM W/ TOWELS, ETC., RUN BATH, ADJUST WATER & AIR TEMP, TRANSFER INTO & OUT OF BATH, BED BATH, BATH UPPER & LOWER BODY, SHAMPOO HAIR, DRY HAIR, BODY CLEAN BATH-ROOM. (UPPER & LOWER)

9. ADDITIONAL COMMENTS REGARDING PERSONAL CARE

WE RESPECT RESIDENTS RIGHTS & PRIVACY.

Medication Services

If the home admits residents who need medication assistance or medication administration services by a legally authorized person, the home must have systems in place to ensure the services provided meet the medication needs of each resident and meet all laws and rules relating to medications. (WAC 388-76-10430)

The type and amount of medication assistance provided by the home is: REMINDING THE RESIDENT WHEN IT IS TIME TO TAKE MEDICATION, HANDING THE RESIDENT THE MEDICATION CONTAINER & OPENING THE RESIDENTS MEDICATION CONTAINER.

ADDITIONAL COMMENTS REGARDING MEDICATION SERVICES

ADMINISTER MEDICATIONS (REQUIRES NURSE DELEGATION)

Skilled Nursing Services and Nurse Delegation

If the home identifies that a resident has a need for nursing care and the home is not able to provide the care per chapter 18.79 RCW, the home must contract with a nurse currently licensed in the state of Washington to provide the nursing care and service, or hire or contract with a nurse to provide nurse delegation. (WAC 388-76-10405)

The home provides the following skilled nursing services:

CAREGIVER WILL FOLLOW INSTRUCTIONS AS DELEGATED.

The home has the ability to provide the following skilled nursing services by delegation:

BLOOD SUGAR MONITORING, INSULIN INJECTIONS, BINTMENTS, EYEDROPS & ETC.

ADDITIONAL COMMENTS REGARDING SKILLED NURSING SERVICE AND NURSING DELEGATION

Specialty Care Designations

We have completed DSHS approved training for the following specialty care designations:

- Developmental disabilities
- Mental illness
- Dementia

ADDITIONAL COMMENTS REGARDING SPECIALTY CARE DESIGNATIONS

Staffing

The home's provider or entity representative must live in the home, or employ or have a contract with a resident manager who lives in the home and is responsible for the care and services of each resident at all times. The provider, entity representative, or resident manager is exempt from the requirement to live in the home if the home has 24-hour staffing coverage and a staff person who can make needed decisions is always present in the home. (WAC 388-76-10040)

- The provider lives in the home.
- A resident manager lives in the home and is responsible for the care and services of each resident at all times.
- The provider, entity representative, or resident manager does not live in the home but the home has 24-hour staffing coverage, and a staff person who can make needed decisions is always present in the home.

The normal staffing levels for the home are:

- Registered nurse, days and times: FOR NURSE DELEGATION ONLY EVERY 3 MOS.
- Licensed practical nurse, days and times: _____
- Certified nursing assistant or long term care workers, days and times: _____
- Awake staff at night

Other: NO AWAKE STAFF AT NIGHT BUT CAN BE AWAKEN IF RESIDENT NEEDS HELP ALL RESIDENTS HAVE CALL BEL IN THEIR ROOM.

ADDITIONAL COMMENTS REGARDING STAFFING

Cultural or Language Access

The home must serve meals that accommodate cultural and ethnic backgrounds (388-76-10415) and provide informational materials in a language understood by residents and prospective residents (Chapter 388-76 various sections)

The home is particularly focused on residents with the following background and/or languages:

N/A (THE HOME WILL TAKE ANY RESIDENT REGARDLESS OF

ADDITIONAL COMMENTS REGARDING CULTURAL OR LANGUAGE ACCESS

BACKGROUND & OR LANGUAGES)

Medicaid

The home must fully disclose the home's policy on accepting Medicaid payments. The policy must clearly state the circumstances under which the home provides care for Medicaid eligible residents and for residents who become eligible for Medicaid after admission. (WAC 388-76-10522)

- The home is a private pay facility and does not accept Medicaid payments.
- The home will accept Medicaid payments under the following conditions:

THE PROVIDER WILL REVIEW THE ASSESSMENT.

ADDITIONAL COMMENTS REGARDING MEDICAID

THE HOME WILL TAKE MEDICAID PAYMENTS UNDER NO CONDITIONS

Activities

The home must provide each resident with a list of activities customarily available in the home or arranged for by the home (WAC 388-76-10530).

The home provides the following: DAILY NEWSPAPERS TO READ BY THE RESIDENT IF THE WISH
PUZZLES, CARDS, CRAFTING, KARAOKE, SHOPPING DOLLAR STORES,
VIDEO GAMES, TRIPS TO SILVER LAKE & TO EVERETT MALL.

ADDITIONAL COMMENTS REGARDING ACTIVITIES

SOME RESIDENTS GO TO FULL LIFE CARE FOR ACTIVITIES
3X A WEEK OR MORE AS DESIRED. STAFF WILL HELP RESIDENT TO

Please Return the completed form electronically to AFHDisclosures@DSHS.WA.GOV

SIGN-UP IF THEY
WISH TO REGISTER.

The form may also be returned by mail at:
RCS - Attn: Disclosure of Services
PO Box 45600
Olympia, WA 98504-5600