

Adult Family Home Disclosure of Services Required by RCW 70.128.280

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| HOME / PROVIDE Nora's Homecare | LICENSE NUMBER #665300 |
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NOTE: The term “the home” refers to the adult family home / provider listed above.

The scope of care, services, and activities listed on this form may not reflect all required care and services the home must provide. The home may not be able to provide services beyond those disclosed on this form, unless the needs can be met through “reasonable accommodations.” The home may also need to reduce the level of care they are able to provide based on the needs of the residents already in the home. For more information on reasonable accommodations and the regulations for adult family homes, see [Chapter 388-76](#) of Washington Administrative Code.

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| About the Home | |
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| <p>1. PROVIDERS STATEMENT (OPTIONAL)</p> <p>The optional provider’s statement is free text description of the mission, values, and/or other distinct attributes of the home: Nora’s Homecare is owned and operated by an RN with over 25 years’ experience in geriatrics. Our customized care plans combine a home-like environment with proven practices, and incorporate new developments in geriatric and dementia care. We know the importance of keeping residents as independent as possible, both cognitively and physically and do so in a warm loving home.</p> | |
| <p>2. INITIAL LICENSING DATE 04/30/2004</p> | <p>3. OTHER ADDRESS OR ADDRESSES WHERE PROVIDER HAS BEEN LICENSED:</p> |
| <p>4. SAME ADDRESS PREVIOUSLY LICENSED AS:</p> | |
| <p>5. OWNERSHIP</p> <p><input type="checkbox"/> Sole proprietor</p> <p><input checked="" type="checkbox"/> Limited Liability Corporation</p> <p><input type="checkbox"/> Co-owned by:</p> <p><input type="checkbox"/> Other:</p> | |
| Personal Care | |
| <p>“Personal care services” means both physical assistance and/or prompting and supervising the performance of direct personal care tasks as determined by the resident’s needs, and does not include assistance with tasks performed by a licensed health professional. (WAC 388-76-10000)</p> | |
| <p>1. EATING</p> | |

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| <p>If needed, the home may provide assistance with eating as follows: Caregivers prepare and serve meals according to resident needs. This includes special diets or mechanically altered meals. Caregivers assist during meals, including 1:1 assist if needed. All meals are home cooked and nutritious.</p> |
| <p>2. TOILETING</p> <p>If needed, the home may provide assistance with toileting as follows: Caregivers provide full assistance with toileting needs. We have an awake staff at night to assist with toileting. Special care is taken to maintain skin integrity and cleanliness.</p> |
| <p>3. WALKING</p> <p>If needed, the home may provide assistance with walking as follows: We encourage residents to maintain mobility. Caregivers are available to assist residents in walking to and from meals and the bathroom. Exercise is offered during the week and PT can be ordered in house if needed.</p> |
| <p>4. TRANSFERRING</p> <p>If needed, the home may provide assistance with transferring as follows: We provide 1 to 2 caregivers on staff to provide with transfers. We also have an in house Hoyer Lift, Sit-to-Stand, lift chairs and a geri-spin for safety and ease of transfers.</p> |
| <p>5. POSITIONING</p> <p>If needed, the home may provide assistance with positioning as follows: Caregivers assist with repositioning as often as needed for resident comfort and to maintain skin integrity and promote circulation. Most of our chairs recline. We have special mattresses for residents with limited bed mobility.</p> |
| <p>6. PERSONAL HYGIENE</p> <p>If needed, the home may provide assistance with personal hygiene as follows: Caregivers are able to provide full assistance if needed for personal hygiene. This includes oral care, peri care, skin care and showering.</p> |
| <p>7. DRESSING</p> <p>If needed, the home may provide assistance with dressing as follows: Caregivers provide whatever assistance is needed. Residents are encouraged to choose their own clothing and assist as they are able.</p> |
| <p>8. BATHING</p> <p>If needed, the home may provide assistance with bathing as follows: Residents are encouraged to have a minimum of 2 showers weekly; they receive more if needed. Caregivers provide whatever level of assistance is needed.</p> |
| <p>9. ADDITIONAL COMMENTS REGARDING PERSONAL CARE: Nora's Homecare has a podiatry service if needed. We also have a hairdresser and a manicurist available. This can be done in house, or if the resident is able, we enjoy taking them to the salon for an outing.</p> |
| <p>Medication Services</p> |
| <p>If the home admits residents who need medication assistance or medication administration services by a legally authorized person, the home must have systems in place to ensure the services provided meet the medication needs of each resident and meet all laws and rules relating to medications. (WAC 388-76-10430)</p> |
| <p>The type and amount of medication assistance provided by the home is: This is an RN run home. We are able to provide all services for medication management. We communicate to and receive orders from the M.D., and order and obtain medications from the pharmacy. They are administered as ordered and documented.</p> |
| <p>ADDITIONAL COMMENTS REGARDING MEDICATION SERVICES</p> |
| <p>Skilled Nursing Services and Nurse Delegation</p> |
| <p>If the home identifies that a resident has a need for nursing care and the home is not able to provide the care per chapter 18.79 RCW, the home must contract with a nurse currently licensed in the state of Washington to provide the nursing care and service, or hire or contract with a nurse to provide nurse delegation. (WAC 388-76-10405)</p> |
| <p>The home provides the following skilled nursing services: An R.N. is on call 24 hours a day and is in the home daily. All staff is licensed and trained per DSHS requirements. The residents' conditions are continually monitored and assessed by the R.N. and any change of condition is reported to the M.D.</p> |
| <p>The home has the ability to provide the following skilled nursing services by delegation: We have the ability to perform all tasks allowed by the Nurse Delegation program.</p> |

ADDITIONAL COMMENTS REGARDING SKILLED NURSING SERVICE AND NURSING DELEGATION

Specialty Care Designations

We have completed DSHS approved training for the following specialty care designations:

- Developmental disabilities
- Mental illness
- Dementia

ADDITIONAL COMMENTS REGARDING SPECIALTY CARE DESIGNATIONS

Staffing

The home's provider or entity representative must live in the home, or employ or have a contract with a resident manager who lives in the home and is responsible for the care and services of each resident at all times. The provider, entity representative, or resident manager is exempt from the requirement to live in the home if the home has 24-hour staffing coverage and a staff person who can make needed decisions is always present in the home. (WAC 388-76-10040)

- The provider lives in the home.
- A resident manager lives in the home and is responsible for the care and services of each resident at all times.
- The provider, entity representative, or resident manager does not live in the home but the home has 24-hour staffing coverage, and a staff person who can make needed decisions is always present in the home.

The normal staffing levels for the home are:

- Registered nurse**, days and times: Daily visits and on call 24/7.
- Licensed practical nurse, days and times: _____
- Certified nursing assistant or long term care workers, days and times: _____
- Awake staff at night: **We provide awake staff at night.**
- Other:

ADDITIONAL COMMENTS REGARDING STAFFING

Cultural or Language Access

The home must serve meals that accommodate cultural and ethnic backgrounds (388-76-10415) and provide informational materials in a language understood by residents and prospective residents (Chapter 388-76 various sections)

The home is particularly focused on residents with the following background and/or languages: English speaking.

ADDITIONAL COMMENTS REGARDING CULTURAL OR LANGUAGE ACCESS

Medicaid

The home must fully disclose the home's policy on accepting Medicaid payments. The policy must clearly state the circumstances under which the home provides care for Medicaid eligible residents and for residents who become eligible for Medicaid after admission. (WAC 388-76-10522)

- The home is a private pay facility and does not accept Medicaid payments.
- The home will accept Medicaid payments under the following conditions:** After a minimum of 60 months private pay.

ADDITIONAL COMMENTS REGARDING MEDICAID

Activities

The home must provide each resident with a list of activities customarily available in the home or arranged for by the home (WAC 388-76-10530).

The home provides the following: On a bi-weekly basis this home provides games and exercises. We have movie and popcorn afternoons. In the summer the sunny back deck offers container gardening. We enjoy outings to Molbaks and Kirkland water front as residents are able.

ADDITIONAL COMMENTS REGARDING ACTIVITIES

Please Return the completed form electronically to AFHDisclosures@DSHS.WA.GOV

The form may also be returned by mail at:
RCS – Attn: Disclosure of Services
PO Box 45600
Olympia, WA 98504-5600