



## Adult Family Home Disclosure of Services Required by RCW 70.128.280

HOME / PROVIDER <b>LAKE HEIGHTS AGING AFH / GABRIELA C. SIRBU RN, BSN</b>	LICENSE NUMBER <b>619000</b>
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**NOTE:** The term “the home” refers to the adult family home / provider listed above.

The scope of care, services, and activities listed on this form may not reflect all required care and services the home must provide. The home may not be able to provide services beyond those disclosed on this form, unless the needs can be met through “reasonable accommodations.” The home may also need to reduce the level of care they are able to provide based on the needs of the residents already in the home. For more information on reasonable accommodations and the regulations for adult family homes, see [Chapter 388-76](#) of Washington Administrative Code.

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### About the Home

**1. PROVIDERS STATEMENT (OPTIONAL)**

The optional provider’s statement is free text description of the mission, values, and/or other distinct attributes of the home.

**Registered Nurse owned/operated.**

**We, at Lake Heights Aging AFH, have the ability to identify the needs of older adults based on pysical and psychosocial changes. We have the ability to incorporate knowledge about developmental theories and related challenges affecting the aging seniors and plan effective personal and nursing care.**

**We stand out from the crowd by giving choices to our residents. Working to improve their independence and recognize all efforts made in accomplishing every task.**

**2. INITIAL LICENSING DATE**

**04/01/2003**

**3. OTHER ADDRESS OR ADDRESSES WHERE PROVIDER HAS BEEN LICENSED:**

**N/A**

**4. SAME ADDRESS PREVIOUSLY LICENSED AS:**

**N/A**

**5. OWNERSHIP**

- Sole proprietor
- Limited Liability Corporation
- Co-owned by:

Other: **S-Corporation**

### Personal Care

“Personal care services” means both physical assistance and/or prompting and supervising the performance of direct personal care tasks as determined by the resident’s needs, and does not include assistance with tasks performed by a licensed health professional. (WAC 388-76-10000)

#### 1. EATING

If needed, the home may provide assistance with eating as follows:

**Set up, cueing, cutting up foods, feeding, supervision to prevent choking/aspiration, escort to table, meals in room if requested.**

#### 2. TOILETING

If needed, the home may provide assistance with toileting as follows:

**Escort to bathroom, transfer to toilet, supervision, pericare, incontinent product changes, monitoring bladder/bowel functions, sub/suprapubic catheters, colostomies, ileostomies**

#### 3. WALKING

If needed, the home may provide assistance with walking as follows:

**Hands on assist, stand by assist, supervision, monitoring recovery progress**

#### 4. TRANSFERRING

If needed, the home may provide assistance with transferring as follows:

**To/from chair, wheelchair, bed, toilet, car.**

#### 5. POSITIONING

If needed, the home may provide assistance with positioning as follows:

**Positioning in bed/ chair/wheelchair in proper body alignment as needed to prevent stiffness and skin issues such as pressure sores**

#### 6. PERSONAL HYGIENE

If needed, the home may provide assistance with personal hygiene as follows:

**Cueing, moderate/total assistance with all personal hygiene such as: washing face, brushing teeth, combing hair, shaving, moisturizing skin, trimming/filing finger and toe nails.**

#### 7. DRESSING

If needed, the home may provide assistance with dressing as follows:

**Assistance with choosing clothing, cueing, moderate/total assist with dressing upper and lower body**

#### 8. BATHING

If needed, the home may provide assistance with bathing as follows:

**Skin assessment with each bathing session, assistance with transfers if needed, supervision, partial/total assist with bathing, moisturizing skin to prevent skin breakdown.**

#### 9. ADDITIONAL COMMENTS REGARDING PERSONAL CARE

**Our nursing staff and licensed caregivers provide health management and personal assistance with ADL's (activities of daily living) helping our residents to achieve the most of their abilities. We are offering care**

### Medication Services

If the home admits residents who need medication assistance or medication administration services by a legally authorized person, the home must have systems in place to ensure the services provided meet the medication needs of each resident and meet all laws and rules relating to medications. (WAC 388-76-10430)

The type and amount of medication assistance provided by the home is:

**Total administration of medication, assistance with administration, reminders as needed based on Health**

**Care Provider's orders.**

ADDITIONAL COMMENTS REGARDING MEDICATION SERVICES

**Skilled Nursing Services and Nurse Delegation**

If the home identifies that a resident has a need for nursing care and the home is not able to provide the care per chapter 18.79 RCW, the home must contract with a nurse currently licensed in the state of Washington to provide the nursing care and service, or hire or contract with a nurse to provide nurse delegation. (WAC 388-76-10405)

The home provides the following skilled nursing services:

**AFH provider is a Registered Nurse who provides skilled nursing services such as: administration of medications, crushing medications, oxigen administration, dressing changes, tube feeding, Blood Sugar monitoring, Insulin administration (sliding scale), induelling catheter changes, sub/suprapubic catheter care.**

The home has the ability to provide the following skilled nursing services by delegation:

**All of the above**

ADDITIONAL COMMENTS REGARDING SKILLED NURSING SERVICE AND NURSING DELEGATION

**Nurse Delegations provided in the home by RN provider**

**Specialty Care Designations**

We have completed DSHS approved training for the following specialty care designations:

- Developmental disabilities
- Mental illness
- Dementia

ADDITIONAL COMMENTS REGARDING SPECIALTY CARE DESIGNATIONS

**Currently caring for residents 65 and older**

**Staffing**

The home's provider or entity representative must live in the home, or employ or have a contract with a resident manager who lives in the home and is responsible for the care and services of each resident at all times. The provider, entity representative, or resident manager is exempt from the requirement to live in the home if the home has 24-hour staffing coverage and a staff person who can make needed decisions is always present in the home. (WAC 388-76-10040)

- The provider lives in the home.
- A resident manager lives in the home and is responsible for the care and services of each resident at all times.
- The provider, entity representative, or resident manager does not live in the home but the home has 24-hour staffing coverage, and a staff person who can make needed decisions is always present in the home.

The normal staffing levels for the home are:

- Registered nurse, days and times: **Registered Nurse provider lives in the home**
- Licensed practical nurse, days and times: \_\_\_\_\_
- Certified nursing assistant or long term care workers, days and times: **Three shifts coverage 24/7**
- Awake staff at night
- Other:

ADDITIONAL COMMENTS REGARDING STAFFING

**All nursing staff is licensed w/ WA State credentials and 12 hours/year of Continuing Education maintained at all times**

**Cultural or Language Access**

The home must serve meals that accommodate cultural and ethnic backgrounds (388-76-10415) and provide

informational materials in a language understood by residents and prospective residents (Chapter 388-76 various sections)

The home is particularly focused on residents with the following background and/or languages:

**We are able to accommodate all cultural and ethnic backgrounds, ethnic foods, diets, and preferences upon request**

ADDITIONAL COMMENTS REGARDING CULTURAL OR LANGUAGE ACCESS

**We are able to accommodate all cultural and ethnic backgrounds, ethnic foods, diets, and preferences upon request**

#### Medicaid

The home must fully disclose the home's policy on accepting Medicaid payments. The policy must clearly state the circumstances under which the home provides care for Medicaid eligible residents and for residents who become eligible for Medicaid after admission. (WAC 388-76-10522)

The home is a private pay facility and does not accept Medicaid payments.

The home will accept Medicaid payments under the following conditions:

**Home accepts medicaid payments if the resident used up all private funds in 6 years of living in the facility.**

ADDITIONAL COMMENTS REGARDING MEDICAID

#### Activities

The home must provide each resident with a list of activities customarily available in the home or arranged for by the home (WAC 388-76-10530).

The home provides the following:

**We believe in promoting independence hence daily activities are a priority. We offer:**

**Exercise, active/passive range of motion, walking, dancing, orientation to the day, newspaper browsing, coffee/tea parties on our sunny deck, guest entertainers, outings (Arboretum, Botanical garden, parks, beaches, shopping), prayer meetings with volunteers from church, piano plays by school age students.**

ADDITIONAL COMMENTS REGARDING ACTIVITIES

**We celebrate all holidays, birthdays, family reunions.**