

## Adult Family Home Disclosure of Services Required by RCW 70.128.280

HOME / PROVIDER <b>RODICA STEFAROI</b>	LICENSE NUMBER <b>605000</b>
---	---------------------------------

**NOTE:** The term “the home” refers to the adult family home / provider listed above.

The scope of care, services, and activities listed on this form may not reflect all required care and services the home must provide. The home may not be able to provide services beyond those disclosed on this form, unless the needs can be met through “reasonable accommodations.” The home may also need to reduce the level of care they are able to provide based on the needs of the residents already in the home. For more information on reasonable accommodations and the regulations for adult family homes, see [Chapter 388-76](#) of Washington Administrative Code.

### Table of Contents

- [About the Home](#)
- [Personal Care](#)
- [Medication Services](#)
- [Skilled Nursing Services and Nursing Delegation](#)
- [Specialty Care Designations](#)
- [Staffing](#)
- [Cultural or Language Access](#)
- [Medicaid](#)
- [Activities](#)

### About the Home

1. PROVIDERS STATEMENT (OPTIONAL)  
The optional provider’s statement is free text description of the mission, values, and/or other distinct attributes of the home.  
**Newport Hills Home Care is committed to providing the highest quality elderly care in a comfortable, family style setting.**

2. INITIAL LICENSING DATE <b>07/17/1995</b>	3. OTHER ADDRESS OR ADDRESSES WHERE PROVIDER HAS BEEN LICENSED: <b>5048 119th AVE SE BELLEVUE WA 98006</b>
--	---

4. SAME ADDRESS PREVIOUSLY LICENSED AS:

5. OWNERSHIP
- Sole proprietor
  - Limited Liability Corporation
  - Co-owned by:
  - Other:

### Personal Care

“Personal care services” means both physical assistance and/or prompting and supervising the performance of direct personal care tasks as determined by the resident’s needs, and does not include assistance with tasks performed by a licensed health professional. (WAC 388-76-10000)

1. EATING

If needed, the home may provide assistance with eating as follows:

**Light prompting, including making sure residents eat sufficient and healthy meals up to full assistance feeding.**

2. TOILETING

If needed, the home may provide assistance with toileting as follows:

**Light prompting to use restroom up to full assistance toileting.**

3. WALKING

If needed, the home may provide assistance with walking as follows:

**Light supervision, stand by assistance and hand on assistance.**

4. TRANSFERRING

If needed, the home may provide assistance with transferring as follows:

**One person assist.**

5. POSITIONING

If needed, the home may provide assistance with positioning as follows:

**Reposition the residents every two hours.**

6. PERSONAL HYGIENE

If needed, the home may provide assistance with personal hygiene as follows:

**Light prompting up to full physical assistance with activities of daily living, including fully assistance with oral care and bathing.**

7. DRESSING

If needed, the home may provide assistance with dressing as follows:

**Light prompting up to full physical assistance.**

8. BATHING

If needed, the home may provide assistance with bathing as follows:

**Daily sponge baths up to total assist for showers.**

9. ADDITIONAL COMMENTS REGARDING PERSONAL CARE

**Applying lotion after showers and sponge baths.**

**Medication Services**

If the home admits residents who need medication assistance or medication administration services by a legally authorized person, the home must have systems in place to ensure the services provided meet the medication needs of each resident and meet all laws and rules relating to medications. (WAC 388-76-10430)

The type and amount of medication assistance provided by the home is:

**Reminding the resident when its time to take meds, handling the medication container and opening the medication container.**

ADDITIONAL COMMENTS REGARDING MEDICATION SERVICES

**If a resident is unable to take the medications then the provider will be delegated by a nurse delegator.**

**Skilled Nursing Services and Nurse Delegation**

If the home identifies that a resident has a need for nursing care and the home is not able to provide the care per chapter 18.79 RCW, the home must contract with a nurse currently licensed in the state of Washington to provide the nursing care and service, or hire or contract with a nurse to provide nurse delegation. (WAC 388-76-10405)

The home provides the following skilled nursing services:

N/A

The home has the ability to provide the following skilled nursing services by delegation:

**Tub feeding if the resident is in stable condition, insulin injections, oxygen and chateter care.**

ADDITIONAL COMMENTS REGARDING SKILLED NURSING SERVICE AND NURSING DELEGATION

**Specialty Care Designations**

We have completed DSHS approved training for the following specialty care designations:

- Developmental disabilities
- Mental illness
- Dementia

ADDITIONAL COMMENTS REGARDING SPECIALTY CARE DESIGNATIONS

**Staffing**

The home’s provider or entity representative must live in the home, or employ or have a contract with a resident manager who lives in the home and is responsible for the care and services of each resident at all times. The provider, entity representative, or resident manager is exempt from the requirement to live in the home if the home has 24-hour staffing coverage and a staff person who can make needed decisions is always present in the home. (WAC 388-76-10040)

- The provider lives in the home.
- A resident manager lives in the home and is responsible for the care and services of each resident at all times.
- The provider, entity representative, or resident manager does not live in the home but the home has 24-hour staffing coverage, and a staff person who can make needed decisions is always present in the home.

The normal staffing levels for the home are:

- Registered nurse, days and times: \_\_\_\_\_
- Licensed practical nurse, days and times: \_\_\_\_\_
- Certified nursing assistant or long term care workers, days and times: 24/7
- Awake staff at night
- Other:

ADDITIONAL COMMENTS REGARDING STAFFING

**Cultural or Language Access**

The home must serve meals that accommodate cultural and ethnic backgrounds (388-76-10415) and provide informational materials in a language understood by residents and prospective residents (Chapter 388-76 various sections)

The home is particularly focused on residents with the following background and/or languages:

**English speaking and no strict cultural food requirements. Reasonable accomidations can be made.**

ADDITIONAL COMMENTS REGARDING CULTURAL OR LANGUAGE ACCESS

**We welcome residents from different backgrounds and cultures.**

**Medicaid**

The home must fully disclose the home's policy on accepting Medicaid payments. The policy must clearly state the circumstances under which the home provides care for Medicaid eligible residents and for residents who become eligible for Medicaid after admission. (WAC 388-76-10522)

The home is a private pay facility and does not accept Medicaid payments.

The home will accept Medicaid payments under the following conditions:

**The home requires 3 yr of private funds before accepting medicaid payments.**

ADDITIONAL COMMENTS REGARDING MEDICAID

**Activities**

The home must provide each resident with a list of activities customarily available in the home or arranged for by the home (WAC 388-76-10530).

The home provides the following:

**Live instument music, daily newspaper, library on wheels, discussions of daily events.**

**Board / Card games**

**Outside time,nail care**

**Small exercise group**

**Social events (ie. Birthday parties, holidays)**

ADDITIONAL COMMENTS REGARDING ACTIVITIES

Please Return the completed form electronically to [AFHDisclosures@DSHS.WA.GOV](mailto:AFHDisclosures@DSHS.WA.GOV)

The form may also be returned by mail at:  
RCS – Attn: Disclosure of Services  
PO Box 45600  
Olympia, WA 98504-5600