

Adult Family Home Disclosure of Services Required by RCW 70.128.280

HOME / PROVIDER Birchwood Adult Family Home / Suzanne and Joe Shrock	LICENSE NUMBER 501800
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NOTE: The term “the home” refers to the adult family home / provider listed above.

The scope of care, services, and activities listed on this form may not reflect all required care and services the home must provide. The home may not be able to provide services beyond those disclosed on this form, unless the needs can be met through “reasonable accommodations.” The home may also need to reduce the level of care they are able to provide based on the needs of the residents already in the home. For more information on reasonable accommodations and the regulations for adult family homes, see [Chapter 388-76](#) of Washington Administrative Code.

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About the Home

1. PROVIDERS STATEMENT (OPTIONAL)

The optional provider’s statement is free text description of the mission, values, and/or other distinct attributes of the home.

RN owned since 1999. Please see birchwoodafh.com for more information. Our goal is to enhance the quality of seniors lives physically, mentally, and emotionally, through exercise, nutritious meals, recreational activities, and social interaction. Our promise is to respect, care for, and encourage our residents in daily living.

2. INITIAL LICENSING DATE

08/09/1999

3. OTHER ADDRESS OR ADDRESSES WHERE PROVIDER HAS BEEN LICENSED:

N/A

4. SAME ADDRESS PREVIOUSLY LICENSED AS:

N/A

5. OWNERSHIP

- Sole proprietor
- Limited Liability Corporation
- Co-owned by:
- Other:

Personal Care

“Personal care services” means both physical assistance and/or prompting and supervising the performance of direct personal care tasks as determined by the resident’s needs, and does not include assistance with tasks performed by a licensed health professional. (WAC 388-76-10000)

1. EATING

If needed, the home may provide assistance with eating as follows:

Minimal assistance requiring cueing, supervision and intake monitoring. Diet modifications such as mechanical soft and pureed. Total assistance requiring hands on assistance and tube feeding.

2. TOILETING

If needed, the home may provide assistance with toileting as follows:

Minimal assistance requiring reminders, bladder training programs, stand by assistance. Total assistance requiring hands on assistance with bladder and bowel care.

3. WALKING

If needed, the home may provide assistance with walking as follows:

Minimal assistance requiring stand by assistance and use of walker, cane, or brace. Total assistance requiring escort and hands on assistance.

4. TRANSFERRING

If needed, the home may provide assistance with transferring as follows:

Minimal assistance requiring stand by cueing and guiding. Total assistance requiring lifting assistance.

5. POSITIONING

If needed, the home may provide assistance with positioning as follows:

Minimal assistance requiring cueing, monitoring and documenting. Total assistance requiring positioning and repositioning on regular time intervals.

6. PERSONAL HYGIENE

If needed, the home may provide assistance with personal hygiene as follows:

Minimal assistance requiring cueing and hands on assistance. Total assistance requiring care for dentures, glasses, hearing devices, hair, shaving, and brushing teeth, etc.

7. DRESSING

If needed, the home may provide assistance with dressing as follows:

Minimal assistance requiring cueing and physical assistance. Total assistance requiring complete dressing.

8. BATHING

If needed, the home may provide assistance with bathing as follows:

Minimal assistance requiring set up and monitoring, or stand by and cueing. Total assistance requiring hands on total assistance with entire bathing process.

9. ADDITIONAL COMMENTS REGARDING PERSONAL CARE

All personal care needs are individual to the unique needs of the resident. All privaterooms.

Medication Services

If the home admits residents who need medication assistance or medication administration services by a legally authorized person, the home must have systems in place to ensure the services provided meet the medication needs of each resident and meet all laws and rules relating to medications. (WAC 388-76-10430)

The type and amount of medication assistance provided by the home is:

Self medication program requiring periodic assessments. Moderate assistance requiring hands on assistance. Total assistance requiring nurse delegation.

ADDITIONAL COMMENTS REGARDING MEDICATION SERVICES

Skilled Nursing Services and Nurse Delegation

If the home identifies that a resident has a need for nursing care and the home is not able to provide the care per chapter 18.79 RCW, the home must contract with a nurse currently licensed in the state of Washington to provide the nursing care and service, or hire or contract with a nurse to provide nurse delegation. (WAC 388-76-10405)

The home provides the following skilled nursing services:

RN owned adult family home.

The home has the ability to provide the following skilled nursing services by delegation:

Dressing changes, nebulizers, respiratory treatments, blood glucose monitoring, insulin injections, catheter care, oxygen use, eye or ear drops, and topical medications.

ADDITIONAL COMMENTS REGARDING SKILLED NURSING SERVICE AND NURSING DELEGATION

Daily observation, monitoring, and reporting of resident's condition and general activities.

Specialty Care Designations

We have completed DSHS approved training for the following specialty care designations:

- Developmental disabilities
- Mental illness
- Dementia

ADDITIONAL COMMENTS REGARDING SPECIALTY CARE DESIGNATIONS

Staffing

The home's provider or entity representative must live in the home, or employ or have a contract with a resident manager who lives in the home and is responsible for the care and services of each resident at all times. The provider, entity representative, or resident manager is exempt from the requirement to live in the home if the home has 24-hour staffing coverage and a staff person who can make needed decisions is always present in the home. (WAC 388-76-10040)

- The provider lives in the home.
- A resident manager lives in the home and is responsible for the care and services of each resident at all times.
- The provider, entity representative, or resident manager does not live in the home but the home has 24-hour staffing coverage, and a staff person who can make needed decisions is always present in the home.

The normal staffing levels for the home are:

- Registered nurse, days and times: **Available at all times.**
- Licensed practical nurse, days and times: _____
- Certified nursing assistant or long term care workers, days and times: **Various shifts; one caregiver per shift.**
- Awake staff at night
- Other: **Beautician, podiatrist, and transportation.**

ADDITIONAL COMMENTS REGARDING STAFFING

Cultural or Language Access

The home must serve meals that accommodate cultural and ethnic backgrounds (388-76-10415) and provide informational materials in a language understood by residents and prospective residents (Chapter 388-76 various

sections)
The home is particularly focused on residents with the following background and/or languages: English
ADDITIONAL COMMENTS REGARDING CULTURAL OR LANGUAGE ACCESS
Medicaid
The home must fully disclose the home's policy on accepting Medicaid payments. The policy must clearly state the circumstances under which the home provides care for Medicaid eligible residents and for residents who become eligible for Medicaid after admission. (WAC 388-76-10522) <input type="checkbox"/> The home is a private pay facility and does not accept Medicaid payments. <input checked="" type="checkbox"/> The home will accept Medicaid payments under the following conditions: One medicaid bed
ADDITIONAL COMMENTS REGARDING MEDICAID
Activities
The home must provide each resident with a list of activities customarily available in the home or arranged for by the home (WAC 388-76-10530). The home provides the following: Incorporating the needs and preferences of each resident we continually work to discover new and different interests. The daily newspaper, various magazines, games, books, etc. are always available. Pet therapy is and scenic walks up the street are available. Participation in social religious and community activities is encouraged.
ADDITIONAL COMMENTS REGARDING ACTIVITIES