

Adult Family Home Disclosure of Service Required by RCW 70.128.280

Home/Provider YOUR HOME ON THE HARBOR I / SANDRA L. TAYLOR	License Number A 447900
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NOTE: The term "the home" refers to the adult family home / provider listed above.

The scope of care, services and activities listed on this form may not reflect all required care and services the home must provide. The home may not be able to provide services beyond those disclosed on this form, unless the needs can be met through "reasonable accommodations." The home may also need to reduce the level of care they are able to provide based on the needs of the residents already in the home. For more information on reasonable accommodations and the regulations for adult family homes, see [Chapter 388-76](#) of Washington Administrative Code.

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About the Home

1. PROVIDERS STATEMENT (OPTIONAL)

The optional provider's statement is free text description of the mission, values. And/or other distinct attributes of the home.

Care with Dignity, Security And Peace of Mind. Our focus is reflection of each individual's lifestyle habits with support of independence, interests, preferences and health care approaches.

2. INITIAL LICENSING DATE
05/01/1997

3. OTHER ADDRESS OR ADDRESSES WHERE PROVIDER HAD BEEN LICENSED.
4636 AND 4678 East Harbor Road, Freeland, WA 98249

4. SAME ADDRESS PREVIOUSLY LICENSED AS: Your Home on the Harbor II, & Your Home on the Harbor III

5. OWNERSHIP

- Sole proprietor
- Limited Liability Corporation
- Co-owned by:
- Other:

Personal Care

"Personal care services" means both physical assistance and/or prompting and supervising the performance of direct personal care tasks as determined by the resident's needs, and does not include assistance with tasks performed by a licensed health professional. (WAC 388-76-10000)

1. EATING

If needed, the home may provide assistance with eating as follows:

Majority of our meals are homemade with some ingredients coming from our chickens and garden. We do use some pre-packed entrees from suppliers. We plan meals with medical needs being met as a premise. This includes not only medically necessary needs but also individual preferences. As skill levels change, we will assist by "cut and butter", soft mechanical, puree, hand over hand feeding technique or full assistance.

2. TOILETING

If needed, the home may provide assistance with toileting as follows:

Toilet scheduling is routine for Resident's safety, dignity, and health. Nighttime bedside commodes are recommended when medications may effect ambulation or when there is a physical reason. Incontinent pads will be changed as needed. Assistance is available 24 hours daily and will change with the needs of each resident. NOTE: Staff monitors for signs and symptoms of urinary tract infections and keeps a record of bowel movements.

3. AMBULATION

If needed, the home may provide assistance with walking as follows:

Walking is part of our daily routine. Residents are encouraged to walk outside with assistance on hardscape and under cover when weather is inclement. Indoors, we have an area for walking exercise.

4. TRANSFERRING

If needed, the home may provide assistance with transferring as follows:

Staff is adept at safe transfers as well as resident's comfort with transfers. Staff has extensive experience with the use of hoier lifts and sit to stand hoier lifts.

5. POSITIONING

If needed, the home may provide assistance with positioning as follows:

Residents will be positioned using pillow(s) for comfort and prevention of pressure areas. Staff is educated in the safe employment of pillows. Careful monitoring for signs of pressure areas is routine.

6. PERSONAL HYGIENE

If needed, the home may provide assistance with personal hygiene as follows:

Set up and cuing to support independence. Assistance will reflect the skill set of each resident. Equipment used will be kept clean and in good working order. Finger and toenails will be trimmed and cared for routinely by RN. Skin checks for signs of changes are routine. Hand washing encouraged. Hair kept clean, cut and styled by visiting beautician.

7. DRESSING

If needed, the home may provide assistance with dressing as follows:

Resident independence with choice is supported by having full outfits hanging together. Orientation is given if there is a special occasion or if going out in weather that dictates special notice. When going out, a "special care" bag is packed to meet any clothing changes.

8. BATHING

If needed, the home may provide assistance with bathing as follows:

We provide showers in a no curb, walk in shower. The shower has an adjustable handheld shower head for preference and height, and a roll in shower chair. Assistance is given for safety and skill set of each resident with focus on independence. Bed bound residents are given a bed bath twice daily with linens changed daily. Bed linens are always changed on bath day.

9. ADDITIONAL COMMENTS REGARDING PERSONAL CARE

Respect will be given to each individual's preference as to time of task, sequence of tasks and whether or not resident wishes to perform the task(s). Staff will offer assistance but will always respect resident's wishes.

Medication Services

If the home admits residents who need medication assistance or medication administration services by a legally authorized person, the home must have systems in place to ensure the services provided meet the medication needs of each resident and meet all laws and rules relating to medications. (WAC 388-76-10430)

The type and amount of medication assistance provided by the home is:

Staff is certified to provide assistance and administration of oral scheduled and as needed medications including crushed by order, ear drops, eye drops, dermal patches, lotions, creams and ointments and special compounded medications. RN is resident manager and is available for administration of injectable and application of wound care dressings/therapies. Hospice residents are followed by a certified Hospice Team.

ADDITIONAL COMMENTS REGARDING MEDICATION SERVICES

Medications are ordered and delivered to the door in pharmacy filled, tamper free, meds-on-time system. This system along with the caregiver are able to adhere most consistently with the 5 Rights of Medication. Caregivers are required to recognize each medication by name and know the reason it is being administered. Electronic documentation of medication administration is used.

Skilled Nursing Services and Nurse Delegation

If the home identified that a resident has a need for nursing care and the home is not able to provide the care per chapter 18.79 RCW, the home must contract with a nurse currently licensed in the state of Washington to provide the nursing care and service, or hire to contract with a nurse to provide nurse delegation (WAC 388-76-10405)

The home provides the following skilled nursing services:

RN is able to provide skilled nursing assessments, services, delegation, injections, wound care, and others. If you do not see what you are looking for, contact us.

The home has ability to provide the following skilled nursing services by delegation:

Staff is certified to provide assistance and administration of oral scheduled and as needed medications including crushed by order, ear drops, eye drops, lotions, dermal patched, creams and ointments and special compounded medications. If certified for Diabetic Care, they may also use injectable insulin. Non-sterile wound care. Hospice care and medications.

ADDITIONAL COMMENTS REGARDING SKILLED NURSING SERVICE AND NURSING DELEGATION

RN on staff is able to provide instruction and supervision as well as those procedures requiring skilled nursing. She is on-call when she is not on duty 24 hours a day, 7 days a week.

Specialty Care Designations

We have completed DSHS approved training for the following specialty care designations:

- Developmental disabilities
- Mental Health
- Dementia

ADDITIONAL COMMENTS REGARDING SPECIALTY CARE DESIGNATIONS

Staffing

The home's provider or entity representative must live in the home, or employ or have a contract with a resident manager who lives in the home and is responsible for the care and services of each resident at all times. The provider, entity representative, or resident manager is exempt for the requirement to live in the home if the home has 24-hour staffing coverage and a staff person who can make needed decisions is always present in the home. (WAC 388-76-10040)

The provider lives in the home.

A resident manager lives in the home and is responsible for the care and services of each resident at all times.

The provider, entity representative or resident manager does not live in the home but the home has 24-hour staffing coverage, and a staff person who can make needed decisions is always present in the home.

The normal staffing levels for the home are:

Registered nurse, days and times: **Weekdays 7AM -2 PM and on-call 24 hours seven days a week**

Licensed practical nurse, days and times:

Certified nursing assistant or long term care workers, days and times: **7 AM - 9 PM Daily**

Awake staff at night **Awake staff available when need is identified, daily monitored by wireless alarm**

Other: **Activities Director Available Monday, Wednesday and Friday 10 AM - 2:30 PM**

ADDITIONAL COMMENTS REGARDING STAFFING

Our staffing schedule is flexible to reflect the changing needs of our residents.

Cultural or Language Access

The home must serve meals that accommodate cultural and ethnic backgrounds (388-76-10415) and provide informational materials in a language understood by residents and prospective residents (Chapter 388-76 various sections)

This home is particularly focused on residents with the following background and/or languages:

English and British with military presence

ADDITIONAL COMMENTS REGARDING CULTURAL OR LANGUAGE ACCESS

Medicaid

The home must fully disclose the home's policy on accepting Medicaid payments. The policy must clearly state the circumstances under which the home provides care for Medicaid eligible residents and for residents who have become eligible for Medicaid after admission. (WAC 388-76-10530)

The home is a private pay facility and does not accept Medicaid payments.

The home will accept Medicaid payments under the following conditions:

ADDITIONAL COMMENTS REGARDING MEDICAID

Activities

The home must provide each resident with a list of activities customarily available in the home or arranged for by the home (WAC 388-76-10530)

The home provides the following:

We take our cues from resident's individual interests and requests. Some prefer to participate in activities at the Senior Center. Residents have been able to write and publish book(s), use computer with Dragon Naturally Speaking, games, music participation, pets, exercise solo and in a group, cooking, tea parties in the garden with reminiscing. Families are encouraged to participate. SnoIsle Bookmobile brings a selection of books with special requests accommodated. Current events and reading aloud are part of the daily routine. Licensed beautician services. Transportation available upon request and availability.

ADDITIONAL COMMENTS REGARDING ACTIVITIES

We celebrate Thanksgiving and Christmas the day before so family may be able to participate with us and the residents may be able to join their family celebrations the next day. Families are asked to participate in the planning of anniversaries, national holidays and birthdays. Families are encouraged to have the resident participate in community sponsored events.

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