

## Adult Family Home Disclosure of Services Required by RCW 70.128.280

HOME / PROVIDER <b>Elizabeth G. Trotter</b>	LICENSE NUMBER <b>371400</b>
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**NOTE:** The term “the home” refers to the adult family home / provider listed above.

The scope of care, services, and activities listed on this form may not reflect all required care and services the home must provide. The home may not be able to provide services beyond those disclosed on this form, unless the needs can be met through “reasonable accommodations.” The home may also need to reduce the level of care they are able to provide based on the needs of the residents already in the home. For more information on reasonable accommodations and the regulations for adult family homes, see [Chapter 388-76](#) of Washington Administrative Code.

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### About the Home

**1. PROVIDERS STATEMENT (OPTIONAL)**

The optional provider’s statement is free text description of the mission, values, and/or other distinct attributes of the home.

**When you need help caring for the ones you love, a residential care home can be the best choice you make for them. has provided the Licensed in 1996, Trotter Adult Family Homes has provided the Olympia area with an exceptional choice in Long-Term Care - allowing our residents to stay and age in place in a secure and loving home environment. During this change in life it is important to us to maintain each individual's quality of life and dignity & respect for their life's accomplishments.**

**2. INITIAL LICENSING DATE**

**11/01/1996**

**3. OTHER ADDRESS OR ADDRESSES WHERE PROVIDER HAS BEEN LICENSED:**

**n/a**

**4. SAME ADDRESS PREVIOUSLY LICENSED AS:**

**n/a**

**5. OWNERSHIP**

- Sole proprietor
- Limited Liability Corporation
- Co-owned by:
- Other:

## Personal Care

“Personal care services” means both physical assistance and/or prompting and supervising the performance of direct personal care tasks as determined by the resident’s needs, and does not include assistance with tasks performed by a licensed health professional. (WAC 388-76-10000)

### 1. EATING

If needed, the home may provide assistance with eating as follows:

**We accept residents who are independent and can provide up to total care for feeding. We don't accept residents who have feeding tubes.**

### 2. TOILETING

If needed, the home may provide assistance with toileting as follows:

**We accommodate and provide care for those who are continent as well as those who are incontinent. We accept residents who need complete care and assistance in toileting. Our restrooms are w/c accessible and we can provide up to 2-person total assist for persons under 350 lbs. We provide lift seats and transfer benches as well as poles and grab bars. Individual toileting items/supplies for individuals will be provided by our care home on an individual basis to meet their specific needs.**

### 3. WALKING

If needed, the home may provide assistance with walking as follows:

**Our care home accepts residents who are ambulatory and we can also accommodate residents who need 1-on-1 assist for ambulation with a walker, gait belt or cane.**

### 4. TRANSFERRING

If needed, the home may provide assistance with transferring as follows:

**Our staff of CNAs are able to provide up to a 2-person transfer assist. We are able to transfer residents gait belts, slide benches and hoier lifts when needed. We do not accept residents over 400 lbs as this is our comfort and safety range in our nursing care.**

### 5. POSITIONING

If needed, the home may provide assistance with positioning as follows:

**We accept residents who are independent in positioning themselves in bed, chairs and furniture. We are able to provide up to 2-person total assist for residents who require hourly repositioning.**

### 6. PERSONAL HYGIENE

If needed, the home may provide assistance with personal hygiene as follows:

**Our residential care home accepts residents who are independent as well as those who require complete and total 1-on-1 care. We provide all necessary hygiene items - soaps, shampoos, deoderants, toothbrushes and paste products. Razors and shaving cream are also provided, electric shavers are also available at our expense. We provide haircuts regularly, (under \$35) as well as complete personal grooming on a daily basis. We encourage residents to participate; we can also provide total care.**

### 7. DRESSING

If needed, the home may provide assistance with dressing as follows:

**We accept clients who are independent as well as those who require complete assistance dressing. We are able to select and fasten buttons, ties, zippers and shoes. Our home can provide clothing if there is a need.**

### 8. BATHING

If needed, the home may provide assistance with bathing as follows:

**Residents who require 1-on-1 total assist with bathing are accepted. We can provide bed baths, showers,**

**tub soaks, and complete assistance with bathing. We provide shampoos, soaps and towels. Our bathrooms are w/c accessible and we provide transfer benches, bathing chairs and safety equipment for complete bathing assistance.**

9. ADDITIONAL COMMENTS REGARDING PERSONAL CARE

**We believe everyone in our home should look their best everyday to help them feel good about themselves**

**Medication Services**

If the home admits residents who need medication assistance or medication administration services by a legally authorized person, the home must have systems in place to ensure the services provided meet the medication needs of each resident and meet all laws and rules relating to medications. (WAC 388-76-10430)

The type and amount of medication assistance provided by the home is:

**Our AFH is able to provide medication assistance and administration as well as Nurse Delegation Tasks.**

ADDITIONAL COMMENTS REGARDING MEDICATION SERVICES

**Our medication mgmt. includes reminding of admin. times, opening containers and administration**

**Skilled Nursing Services and Nurse Delegation**

If the home identifies that a resident has a need for nursing care and the home is not able to provide the care per chapter 18.79 RCW, the home must contract with a nurse currently licensed in the state of Washington to provide the nursing care and service, or hire or contract with a nurse to provide nurse delegation. (WAC 388-76-10405)

The home provides the following skilled nursing services:

**Our CNAs provide skilled nursing services through nurse delgation by RN**

The home has the ability to provide the following skilled nursing services by delegation:

**Oral & topical meds & ointments. Nose, ear, eyedrops & ointments. Dressing changes & urinary catheterization, suppositories, enemas & ostomy care, blood glucose monitoring & gastrostomy feedings in established and healed conditions.**

ADDITIONAL COMMENTS REGARDING SKILLED NURSING SERVICE AND NURSING DELEGATION

**Our home doesn't accept residents who require critical nursing care or unresolved refusal of care issues**

**Specialty Care Designations**

We have completed DSHS approved training for the following specialty care designations:

- Developmental disabilities
- Mental illness
- Dementia

ADDITIONAL COMMENTS REGARDING SPECIALTY CARE DESIGNATIONS

**Since 1996 we have devoted ourselves to the care of the elderly with mental health conditions. We have had much success in our family care home environment with those suffering from dementias.**

**Staffing**

The home's provider or entity representative must live in the home, or employ or have a contract with a resident manager who lives in the home and is responsible for the care and services of each resident at all times. The provider, entity representative, or resident manager is exempt from the requirement to live in the home if the home has 24-hour staffing coverage and a staff person who can make needed decisions is always present in the home. (WAC 388-76-10040)

- The provider lives in the home.
- A resident manager lives in the home and is responsible for the care and services of each resident at all times.
- The provider, entity representative, or resident manager does not live in the home but the home has 24-hour staffing coverage, and a staff person who can make needed decisions is always present in the home.

The normal staffing levels for the home are:

- Registered nurse, days and times: 1 day per week - 90 minutes to review resident charts
- Licensed practical nurse, days and times: \_\_\_\_\_
- Certified nursing assistant or long term care workers, days and times: 24 hours a day - 7 days per week
- Awake staff at night
- Other: \_\_\_\_\_

ADDITIONAL COMMENTS REGARDING STAFFING

### Cultural or Language Access

The home must serve meals that accommodate cultural and ethnic backgrounds (388-76-10415) and provide informational materials in a language understood by residents and prospective residents (Chapter 388-76 various sections)

The home is particularly focused on residents with the following background and/or languages:

**Our home has no preference on race or gender in the admission of clients/residents**

ADDITIONAL COMMENTS REGARDING CULTURAL OR LANGUAGE ACCESS

**Our home welcomes people from all walks of life. English is spoken very well in the home, we also make reasonable accommodations for ethnic and cultural preferences. This includes food preferences - we are able to provide special foods requested and personal wants that make life more enjoyable. All are encouraged to share their individual story and some cultural background so that we may learn about them. Everybody at Trotter AFH is sensitive to the generation we are caring for and living with.**

### Medicaid

The home must fully disclose the home's policy on accepting Medicaid payments. The policy must clearly state the circumstances under which the home provides care for Medicaid eligible residents and for residents who become eligible for Medicaid after admission. (WAC 388-76-10522)

- The home is a private pay facility and does not accept Medicaid payments.
- The home will accept Medicaid payments under the following conditions:

**There are no conditions, if you are private pay and go to Medicaid, our home will allow you to stay.**

ADDITIONAL COMMENTS REGARDING MEDICAID

**Residents who run out of funds and enroll in Medicaid are allowed to stay and continue their lives here**

### Activities

The home must provide each resident with a list of activities customarily available in the home or arranged for by the home (WAC 388-76-10530).

The home provides the following:

**Everybody is encouraged to participate in the activities of daily life as much as they can. Maintaining physical activity is important for physical and mental-health. We encourage residents to participate in the community as much as they can. we provide transportation to and from special events or family and friend get-togethers. Some residents enjoy walking in the dozens of handicap accessible parks and outdoor facilities, trails and parks. Others enjoy quiet meals in restaurants. Some like our pet-therapy and live music. We often enjoy family visits with snacks and pleasant conversation.**

ADDITIONAL COMMENTS REGARDING ACTIVITIES

**Activities are individual and preferences vary so we tailor each care plan to each individual's personal preferences. Please call us for room availability - Each resident is unique and so is our personal**

**dedication to the 1-on-1 nursing care we are providing residents in our Adult Family Home.**