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**Adult Family Home Disclosure of Services** RCS/Public Disclosure  
**Required by RCW 70.128.280**

HOME / PROVIDER <i>Tessa's Adult Care Home, Inc</i>	LICENSE NUMBER <i>364204</i>
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**NOTE:** The term "the home" refers to the adult family home / provider listed above.

The scope of care, services, and activities listed on this form may not reflect all required care and services the home must provide. The home may not be able to provide services beyond those disclosed on this form, unless the needs can be met through "reasonable accommodations." The home may also need to reduce the level of care they are able to provide based on the needs of the residents already in the home. For more information on reasonable accommodations and the regulations for adult family homes, see Chapter 388-76 of Washington Administrative Code.

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<b>About the Home</b>	
1. PROVIDERS STATEMENT (OPTIONAL) The optional provider's statement is free text description of the mission, values, and/or other distinct attributes of the home. <i>It's very important to us that we help you feel at home and that you have a feeling, a sense of belonging in our small close knit community. We encourage your independence, privacy and outside interests while giving you a safe, comfortable and healthy home.</i>	
2. INITIAL LICENSING DATE <i>12/22/1999</i>	3. OTHER ADDRESS OR ADDRESSES WHERE PROVIDER HAS BEEN LICENSED: <i>N/A</i>
4. SAME ADDRESS PREVIOUSLY LICENSED AS: <i>Tessa's Adult Care Home 5425 172nd ST SW Lynnwood, WA 98037</i>	
5. OWNERSHIP <input type="checkbox"/> Sole proprietor <input checked="" type="checkbox"/> Limited Liability Corporation <input type="checkbox"/> Co-owned by: <input type="checkbox"/> Other:	

**Personal Care**

"Personal care services" means both physical assistance and/or prompting and supervising the performance of direct personal care tasks as determined by the resident's needs, and does not include assistance with tasks performed by a licensed health professional. (WAC 388-76-10000)

**1. EATING**

If needed, the home may provide assistance with eating as follows: *Tessa's Adult Care Home will prepare, set up & feed residents. We cater to special diets such as low sodium, soft mechanical, pureed & liquid diets, we consider residents likes & dislikes and allergies. We provide assistance from cueing and monitoring to total assistance of feeding residents.*

**2. TOILETING**

If needed, the home may provide assistance with toileting as follows: *Tessa's Adult Care Home assists residents to use toilet/commode or in case of bed bound residents, use of a bed pan and hygiene care after toileting. We provide assistance with toileting from cueing and monitoring to total assist.*

**3. WALKING**

If needed, the home may provide assistance with walking as follows: *Tessa's Adult Care Home assist residents with walking. We encourage and promote residents' independence and regain function. We assist our residents with walking from cueing and monitoring to a one person assist to two person assist.*

**4. TRANSFERRING**

If needed, the home may provide assistance with transferring as follows: *Tessa's Adult Care Home assists residents with transfers from bed to chair/wheel-chair with various technique and equipment personalized to residents abilities and disabilities. We are equiped with a Hoyer Lift, transfer poles and grab bars. Our transfer assistance from cueing and monitoring to one or two person assist.*

**5. POSITIONING**

If needed, the home may provide assistance with positioning as follows: *Tessa's Adult care Home assists residents with positioning and repositioning to prevent skin breakdown and bedsores whether in bed or wheelchair or recliner by cueing and monitoring to one or two person assist*

**6. PERSONAL HYGIENE**

If needed, the home may provide assistance with personal hygiene as follows: *Tessa's Adult Care Home assist with hygiene personalized to each resident's ability to do self care from cueing and monitoring and set up to total assistance.*

**7. DRESSING**

If needed, the home may provide assistance with dressing as follows: *Tessa's Adult Care Home assists residents with dressing personalized to each residents' ability to dress self from cueing and monitoring to set up to total assistance*

**8. BATHING**

If needed, the home may provide assistance with bathing as follows: *Tessa's Adult Care Home assists residents with bathing personalized to each residents' ability to bathe self from cueing and monitoring to set up to total assistance.*

**9. ADDITIONAL COMMENTS REGARDING PERSONAL CARE**

*Tessa's Adult Care Home is equiped with a Hoyer lift, reclining rolling shower commode, wheel chair friendly shower. All private rooms are equiped with hospital beds.*

**Medication Services**

If the home admits residents who need medication assistance or medication administration services by a legally authorized person, the home must have systems in place to ensure the services provided meet the medication needs of each resident and meet all laws and rules relating to medications. (WAC 388-76-10430)

The type and amount of medication assistance provided by the home is: *All our caregivers are nurse delegated to ~~and~~ administer medications to residents as prescribed by their healthcare provider.*

**ADDITIONAL COMMENTS REGARDING MEDICATION SERVICES**

**Skilled Nursing Services and Nurse Delegation**

If the home identifies that a resident has a need for nursing care and the home is not able to provide the care per chapter 18.79 RCW, the home must contract with a nurse currently licensed in the state of Washington to provide the nursing care and service, or hire or contract with a nurse to provide nurse delegation. (WAC 388-76-10405)

The home provides the following skilled nursing services: *Resident assessments, wound care and more*

The home has the ability to provide the following skilled nursing services by delegation: *Administration of oral, (including inhalants), and topical medications*

ADDITIONAL COMMENTS REGARDING SKILLED NURSING SERVICE AND NURSING DELEGATION

**Specialty Care Designations**

We have completed DSHS approved training for the following specialty care designations:

- Developmental disabilities
- Mental illness
- Dementia

ADDITIONAL COMMENTS REGARDING SPECIALTY CARE DESIGNATIONS

**Staffing**

The home's provider or entity representative must live in the home, or employ or have a contract with a resident manager who lives in the home and is responsible for the care and services of each resident at all times. The provider, entity representative, or resident manager is exempt from the requirement to live in the home if the home has 24-hour staffing coverage and a staff person who can make needed decisions is always present in the home. (WAC 388-76-10040)

- The provider lives in the home.
- A resident manager lives in the home and is responsible for the care and services of each resident at all times.
- The provider, entity representative, or resident manager does not live in the home but the home has 24-hour staffing coverage, and a staff person who can make needed decisions is always present in the home.

The normal staffing levels for the home are:

- Registered nurse, days and times: \_\_\_\_\_
- Licensed practical nurse, days and times: \_\_\_\_\_
- Certified nursing assistant or long term care workers, days and times: *M-F Sat + Sun 6am - 12am*
- Awake staff at night
- Other: *Awake staff as need at night*

ADDITIONAL COMMENTS REGARDING STAFFING

**Cultural or Language Access**

The home must serve meals that accommodate cultural and ethnic backgrounds (388-76-10415) and provide informational materials in a language understood by residents and prospective residents (Chapter 388-76 various sections)

The home is particularly focused on residents with the following background and/or languages:

ADDITIONAL COMMENTS REGARDING CULTURAL OR LANGUAGE ACCESS

**Medicaid**

The home must fully disclose the home's policy on accepting Medicaid payments. The policy must clearly state the circumstances under which the home provides care for Medicaid eligible residents and for residents who become eligible for Medicaid after admission. (WAC 388-76-10522)

- The home is a private pay facility and does not accept Medicaid payments.
- The home will accept Medicaid payments under the following conditions:

ADDITIONAL COMMENTS REGARDING MEDICAID We will provide client w/our Medicaid/COPEs base rate room if available which is designated room #1 and #2 which are slightly smaller rooms. If not available we will temporarily provide client with room that is available until Medicaid/COPEs base room becomes available. We will give 30 days notice prior to changing rooms

**Activities**

The home must provide each resident with a list of activities customarily available in the home or arranged for by the home (WAC 388-76-10530).

The home provides the following: Karaoke, Bingo, Sit & Be Fit, Cards, Puzzles

ADDITIONAL COMMENTS REGARDING ACTIVITIES