



## Adult Family Home Disclosure of Services Required by RCW 70.128.280

HOME / PROVIDER <b>GABRIEL TROCAN and ELENA TROCAN</b>	LICENSE NUMBER <b>348900</b>
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**NOTE:** The term “the home” refers to the adult family home / provider listed above.

The scope of care, services, and activities listed on this form may not reflect all required care and services the home must provide. The home may not be able to provide services beyond those disclosed on this form, unless the needs can be met through “reasonable accommodations.” The home may also need to reduce the level of care they are able to provide based on the needs of the residents already in the home. For more information on reasonable accommodations and the regulations for adult family homes, see [Chapter 388-76](#) of Washington Administrative Code.

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### About the Home

<b>1. PROVIDERS STATEMENT (OPTIONAL)</b> The optional provider’s statement is free text description of the mission, values, and/or other distinct attributes of the home. <b>SILK LIFE A.F.H.</b> <b>We provide care for seniors/elderly population suffering of Alzheimer ,Mental Health related problems and Dementia.For more than eighteen years our goal is to provide to our Residents a high level of care and a distinguished and smooth life...like silk.</b>	
<b>2. INITIAL LICENSING DATE</b> <b>10/02/1996</b>	<b>3. OTHER ADDRESS OR ADDRESSES WHERE PROVIDER HAS BEEN LICENSED:</b> <b>1123 200<sup>th</sup>. St. SW. LYNNWOOD WA. 98036</b>
<b>4. SAME ADDRESS PREVIOUSLY LICENSED AS:</b> <b>1123 200<sup>th</sup>. St. SW. LYNNWOOD WA. 98036</b>	
<b>5. OWNERSHIP</b> <input checked="" type="checkbox"/> Sole proprietor <input type="checkbox"/> Limited Liability Corporation <input type="checkbox"/> Co-owned by: <input type="checkbox"/> Other:	

## Personal Care

“Personal care services” means both physical assistance and/or prompting and supervising the performance of direct personal care tasks as determined by the resident’s needs, and does not include assistance with tasks performed by a licensed health professional. (WAC 388-76-10000)

### 1. EATING

If needed, the home may provide assistance with eating as follows:

**We provide eating assistance from cuing and monitoring to total assistance.**

### 2. TOILETING

If needed, the home may provide assistance with toileting as follows:

**We provide toileting assistance from cuing and monitoring to total assistance.**

### 3. WALKING

If needed, the home may provide assistance with walking as follows:

**We provide walking assistance from cuing and monitoring to total assistance.**

### 4. TRANSFERRING

If needed, the home may provide assistance with transferring as follows:

**We provide transferring assistance from cuing and monitoring to total assistance. Including one or two persons transferring with or without Hoyt lift , or other transferring devices approved by WAC.**

### 5. POSITIONING

If needed, the home may provide assistance with positioning as follows:

**We provide positioning assistance from cuing and monitoring to total assistance. Including in bed repositioning as needed , or per Doctor instructions/prescriptions for bedridden residents .**

### 6. PERSONAL HYGIENE

If needed, the home may provide assistance with personal hygiene as follows:

**We provide personal hygiene assistance from cuing and monitoring to total assistance.**

### 7. DRESSING

If needed, the home may provide assistance with dressing as follows:

**We provide dressing assistance from cuing and monitoring to total assistance.**

### 8. BATHING

If needed, the home may provide assistance with bathing as follows:

**We provide bathing assistance from cuing and monitoring to total assistance.**

### 9. ADDITIONAL COMMENTS REGARDING PERSONAL CARE

**Our bathrooms are equipped with roll-in showers ,grab bars for showers , toilets and sink's for disabled .**

## Medication Services

If the home admits residents who need medication assistance or medication administration services by a legally authorized person, the home must have systems in place to ensure the services provided meet the medication needs of each resident and meet all laws and rules relating to medications. (WAC 388-76-10430)

The type and amount of medication assistance provided by the home is:

**From self medications , to nurse delegation medicaton administration.**

### ADDITIONAL COMMENTS REGARDING MEDICATION SERVICES

**Provider has Diabets traning certification and can administer indulin injections as needed .**

### Skilled Nursing Services and Nurse Delegation

If the home identifies that a resident has a need for nursing care and the home is not able to provide the care per chapter 18.79 RCW, the home must contract with a nurse currently licensed in the state of Washington to provide the nursing care and service, or hire or contract with a nurse to provide nurse delegation. (WAC 388-76-10405)

The home provides the following skilled nursing services:

#### **Nurse Delegation.**

The home has the ability to provide the following skilled nursing services by delegation:

#### **Oral/Topical/Eye Drops/Ointments/Inhalers/Spray/Allergy Kits/Meds. Organizer/Equipment Etc.**

ADDITIONAL COMMENTS REGARDING SKILLED NURSING SERVICE AND NURSING DELEGATION

**We provide Blood Glucose Testing/Insulin Injections and Oxygen Therapy only with Nurse Delegation.**

### Specialty Care Designations

We have completed DSHS approved training for the following specialty care designations:

- Developmental disabilities
- Mental illness
- Dementia

ADDITIONAL COMMENTS REGARDING SPECIALTY CARE DESIGNATIONS

**At this time we can't accommodate residents diagnosed with Sundowning syndrome , or verry active and wander at night.**

### Staffing

The home's provider or entity representative must live in the home, or employ or have a contract with a resident manager who lives in the home and is responsible for the care and services of each resident at all times. The provider, entity representative, or resident manager is exempt from the requirement to live in the home if the home has 24-hour staffing coverage and a staff person who can make needed decisions is always present in the home. (WAC 388-76-10040)

- The provider lives in the home.
- A resident manager lives in the home and is responsible for the care and services of each resident at all times.
- The provider, entity representative, or resident manager does not live in the home but the home has 24-hour staffing coverage, and a staff person who can make needed decisions is always present in the home.

The normal staffing levels for the home are:

- Registered nurse, days and times: Only as needed
- Licensed practical nurse, days and times: Only as needed
- Certified nursing assistant or long term care workers, days and times: Permanent 24/7
- Awake staff at night
- Other: **In Home Doctor by Resident Expences and Request**

ADDITIONAL COMMENTS REGARDING STAFFING

**Providers resides in A.F.H.**

### Cultural or Language Access

The home must serve meals that accommodate cultural and ethnic backgrounds (388-76-10415) and provide informational materials in a language understood by residents and prospective residents (Chapter 388-76 various sections)

The home is particularly focused on residents with the following background and/or languages:

**We accept clients from all ethnic background ,with out discrimination related on religion preferences or sexual orientation.**

ADDITIONAL COMMENTS REGARDING CULTURAL OR LANGUAGE ACCESS

**Providers speaks: English and Romanian.**

**Medicaid**

The home must fully disclose the home's policy on accepting Medicaid payments. The policy must clearly state the circumstances under which the home provides care for Medicaid eligible residents and for residents who become eligible for Medicaid after admission. (WAC 388-76-10522)

The home is a private pay facility and does not accept Medicaid payments.

The home will accept Medicaid payments under the following conditions:

**After private funds are exhausted, we accept Medicaid payments. Per individual contract negotiated.**

ADDITIONAL COMMENTS REGARDING MEDICAID

**NONE**

**Activities**

The home must provide each resident with a list of activities customarily available in the home or arranged for by the home (WAC 388-76-10530).

The home provides the following:

**All rooms at SILK LIFE A.F.H. have Big screen L.C.D. T.V Set's provided by Silk life A.F.H. All rooms have Cable Acces with over 1200 Chanel's . Free High Speed Internet . Social games ex:Bingo , Puzzle ,Card Games .BBQ ,Gardening ,Bird Watching .Also we have monthly delivery of Movies ,Magazines and books ,from SNO-ILES Libraries.**

ADDITIONAL COMMENTS REGARDING ACTIVITIES

**We also celebrate the most important HollyDays,Important Resident's events and B-day's with all the respect for the resident religion and cultural preferences.**