



# Adult Family Home Disclosure of Services Required by RCW 70.128.280

HOME / PROVIDER <i>Helen's ADULT FAMILY HOME</i>	LICENSE NUMBER <i>259601</i>
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NOTE: The term "the home" refers to the adult family home / provider listed above.

The scope of care, services, and activities listed on this form may not reflect all required care and services the home must provide. The home may not be able to provide services beyond those disclosed on this form, unless the needs can be met through "reasonable accommodations." The home may also need to reduce the level of care they are able to provide based on the needs of the residents already in the home. For more information on reasonable accommodations and the regulations for adult family homes, see Chapter 388-76 of Washington Administrative Code.

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About the Home	
1. PROVIDERS STATEMENT (OPTIONAL) The optional provider's statement is free text description of the mission, values, and/or other distinct attributes of the home. <i>OUR MISSION IS TO PROVIDE EXCELLENT CARE AND A QUALITY LIFE FOR ALL RESIDENTS. WE PRACTICE COMPASSION AND INTEGRITY AND BELIEVE IN CARING FOR THE WHOLE PERSON WITH GOOD NUTRITION, DIVERSE ACTIVITIES AND WARM AND PERSONABLE STAFF.</i>	
2. INITIAL LICENSING DATE	3. OTHER ADDRESS OR ADDRESSES WHERE PROVIDER HAS BEEN LICENSED:
4. SAME ADDRESS PREVIOUSLY LICENSED AS:	
5. OWNERSHIP <input checked="" type="checkbox"/> Sole proprietor <input type="checkbox"/> Limited Liability Corporation <input type="checkbox"/> Co-owned by: <input type="checkbox"/> Other:	

## Personal Care

"Personal care services" means both physical assistance and/or prompting and supervising the performance of direct personal care tasks as determined by the resident's needs, and does not include assistance with tasks performed by a licensed health professional. (WAC 388-76-10000)

### 1. EATING

If needed, the home may provide assistance with eating as follows: SPOON FEEDING, BLENDED DIETS,

SUGAR + FIBER ACCOMMODATIONS.

### 2. TOILETING

If needed, the home may provide assistance with toileting as follows: PERICARE,

ONE ON ONE GUIDE + ASSISTANCE PROVIDED.

### 3. WALKING

If needed, the home may provide assistance with walking as follows: ONE ON ONE GUIDE/ASSISTANCE,

WALKER, WHEELCHAIR ACCOMMODATIONS ARE MADE. 2 caregivers transfer

### 4. TRANSFERRING

If needed, the home may provide assistance with transferring as follows: ONE ON ONE TRANSFERS,

USE OF LIFTS, BELTS + BOARD AS NEEDED.

### 5. POSITIONING

If needed, the home may provide assistance with positioning as follows:

RESIDENT REPOSITIONED AS NEEDED.

### 6. PERSONAL HYGIENE

If needed, the home may provide assistance with personal hygiene as follows: BATHING, HAIR CARE,

SKIN/BODY CARE, NAIL CARE PROVIDED AS NEEDED.

### DRESSING

If needed, the home may provide assistance with dressing as follows: GARMENT LAUNDERING,

SELECTION, DRESSING + UNDESSING - ASSISTANCE PROVIDED.

### 8. BATHING

If needed, the home may provide assistance with bathing as follows: SHOWERING, BATHING +

PERICARE PROVIDED, AS NEEDED.

### 9. ADDITIONAL COMMENTS REGARDING PERSONAL CARE

EVERY ACCOMMODATION IS MADE IN THE BEST INTEREST OF THE RESIDENT.

## Medication Services

If the home admits residents who need medication assistance or medication administration services by a legally authorized person, the home must have systems in place to ensure the services provided meet the medication needs of each resident and meet all laws and rules relating to medications. (WAC 388-76-10430)

The type and amount of medication assistance provided by the home is: MEDICATIONS ARE STORED FOR RESIDENT AND ADMINISTERED AS DIRECTED. DOSAGE + ADMINISTRATIONS ARE LOGGED + SAFETY OVERSIGHT IS PROVIDED.

ADDITIONAL COMMENTS REGARDING MEDICATION SERVICES PROVIDE SECURE STORAGE OF MEDICATION,

MANAGE MEDICATION SUPPLY + REFILLS AS NEEDED.

**Skilled Nursing Services and Nurse Delegation**

If the home identifies that a resident has a need for nursing care and the home is not able to provide the care per chapter 18.79 RCW, the home must contract with a nurse currently licensed in the state of Washington to provide the nursing care and service, or hire or contract with a nurse to provide nurse delegation. (WAC 388-76-10405)

Does the home provide the following skilled nursing services:

N/A

The home has the ability to provide the following skilled nursing services by delegation: ADMINISTRATION OF ORAL & TOPICAL MEDICATIONS, ADMINISTRATION OF NOSE, EAR & EYE DROPS - OR OINTMENTS. Blood glucose monitoring & INSULIN ADMINISTRATION, GASTROINTELY feeding in established, medical conditions.  
ADDITIONAL COMMENTS REGARDING SKILLED NURSING SERVICE AND NURSING DELEGATION

NONE

**Specialty Care Designations**

We have completed DSHS approved training for the following specialty care designations:

- Developmental disabilities
- Mental illness
- Dementia

ADDITIONAL COMMENTS REGARDING SPECIALTY CARE DESIGNATIONS

NONE

**Staffing**

The home's provider or entity representative must live in the home, or employ or have a contract with a resident manager who lives in the home and is responsible for the care and services of each resident at all times. The provider, entity representative, or resident manager is exempt from the requirement to live in the home if the home has 24-hour staffing coverage and a staff person who can make needed decisions is always present in the home. (WAC 388-76-10040)

- The provider lives in the home.
  - A resident manager lives in the home and is responsible for the care and services of each resident at all times.
- The provider, entity representative, or resident manager does not live in the home but the home has 24-hour staffing coverage, and a staff person who can make needed decisions is always present in the home.

The normal staffing levels for the home are:

- Registered nurse, days and times: \_\_\_\_\_
- Licensed practical nurse, days and times: \_\_\_\_\_
- Certified nursing assistant or long term care workers, days and times: 7 days / 24 Hours
- Awake staff at night
- Other: \_\_\_\_\_

ADDITIONAL COMMENTS REGARDING STAFFING

Live IN AND NON Live IN STAFF;  
DAY TIME AND NIGHT TIME STAFF (AS Needed)

**Cultural or Language Access**

The home must serve meals that accommodate cultural and ethnic backgrounds (388-76-10415) and provide informational materials in a language understood by residents and prospective residents (Chapter 388-76 various sections)

The home is particularly focused on residents with the following background and/or languages: Romanian, Russian, English,

ADDITIONAL COMMENTS REGARDING CULTURAL OR LANGUAGE ACCESS STAFFING, MEALS and Activities ARE BASED ON INDIVIDUAL NEEDS & PREFERENCE OF OUR RESIDENTS.

**Medicaid**

The home must fully disclose the home's policy on accepting Medicaid payments. The policy must clearly state the circumstances under which the home provides care for Medicaid eligible residents and for residents who become eligible for Medicaid after admission. (WAC 388-76-10522)

- The home is a private pay facility and does not accept Medicaid payments.
- The home will accept Medicaid payments under the following conditions:

A MINIMUM OF 3 YEARS PRIVATE PAY, PRIOR CONVERTING TO MEDICAID STATUS.

ADDITIONAL COMMENTS REGARDING MEDICAID

NONE

**Activities**

The home must provide each resident with a list of activities customarily available in the home or arranged for by the home (WAC 388-76-10530).

The home provides the following: READING, WALKING, GARDENING, COGNITIVE EXERCISES,

ON-SITE MUSIC AND DANCE PERFORMANCES, HOLIDAY EVENTS + Bday PARTIES w/ LIFE MUSIC

ADDITIONAL COMMENTS REGARDING ACTIVITIES ACTIVITIES SCHEDULE IS BASED ON EACH

RESIDENT = ABILITY - INTEREST AND PREFERENCE.