



Developmental Disabilities Community Services

DDCS Specialty Adult Family Home Pilot

Overview

The DDCS Specialty Adult Family Home Pilot is designed for contracted AFH providers and staff to complete specified trainings to provide a proactive person-centered approach to care. The Pilot is specifically designed for each individual to develop a plan that details the skills and goals they want to accomplish. Providers will use tools and approaches that offer support and training for each participant to increase their skills and independence as identified in their individual goals.

Each individual will have opportunities based on their interests, skill level, and life goals. Their negotiated care plan will be designed around their preferred activities that will assist them in achieving their goals.

Each resident participant and their provider will develop a plan with detailed steps to accomplish their goal(s). Each month they will have a calendar detailing the hours of time staff spent assisting them as well as time spent independently working on their goal(s). Each participant should have the opportunity to work on their skills/goals on a daily basis at home and in the community that will include one or more goals in these six categories:

- Self-empowerment by making daily choices and decisions.
- Safety awareness and self-advocacy.
- Social skills and positive relationships.
- Coping skills with everyday challenges.
- Managing daily tasks and home living.
- Community living and integration events.

Monitoring individuals' progress includes:

- Skills, Abilities, Interests and Learning "SAIL" form.
- Monthly calendar.
- Monthly progress report.



Eligibility Requirements

- A client of DDCS.
- 18 years of age or older.
- Assessed with a need for Community First Choice (Personal Care) and residential services through DSHS.
- Financially eligible for Medicaid and able to pay for participation or can privately pay for services.
- Authorized by DSHS to receive AFH services.
- Agrees to participate.

AFH Provider Requirements

The AFH must:

- Have a DSHS license and contract.
- Accept Medicaid.
- Complete Developmental Disability Specialty Training.
- Support only DDCS eligible clients.
- Agree to terms and conditions of the Specialty AFH Pilot Subcode contract.

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Email questions to DDAFeedback@dshs.wa.gov or [find a local office](#) for telephone numbers.



Oversight

External

- Washington State Legislature.
- HCLA Residential Care Services Division.
- Centers for Medicare and Medicaid Services

Internal

- HQ AFH Specialist
- HQ Specialty State Residential Plan Program Manager
- Case Resource Managers
- Performance Quality Improvement Specialists

Partners

- Individuals receiving DDOS services
- Families of program participants.
- Adult Family Home providers.
- Adult Family Home Council.
- The Arc of Washington State.
- Disability Rights Washington.
- The Office of the Developmental Disabilities Ombuds.
- Washington State Developmental Disabilities Council.

Authority

[Title 71A RCW](#), Developmental Disabilities

[Chapter 388-76 WAC](#), Adult family home minimum licensing requirements

[WAC 388-106-0115](#), How does CARE use criteria to place me in a classification group for residential facilities?

[WAC 388-106-0270](#), What services are available under community first choice?

[WAC 388-823-1096](#) What requirements must a home or community-based service setting meet?

Rates

\$2,500.00 per month paid to the provider for each eligible client that agrees to participate in a Specialty Pilot AFH.

Budget

The legislature set aside a specific amount of money to fund the Pilot.

Client Rights in HCBS Settings

The federal rules regarding Home and Community Based Settings (Medicaid contracted ALFs) mandate basic participant rights in all home and community-based settings. These are the rights listed in the federal rule:

- Full access to the greater community
- Receive services in the community
- Control over personal resources, and
- Autonomy and independence in making life choices, including but not limited to daily activities, physical environment, and with whom to interact.
- A lockable entry door
- A choice of roommate
- Control of her or his own schedule
- Access to food at any time
- Visitors of their choosing at any time
- Protections from eviction comparable to landlord tenant law

For more information: <https://www.dshs.wa.gov/dda/settingsrule>.