

## Specialized Habilitation

### Overview

Specialized Habilitation includes individualized and community-based supports that help waiver participants reach their habilitative goals. It also promotes inclusion in a client's home and community as documented in their person-centered service plan.

Specialized Habilitation offers training in the following areas:

- Self-empowerment.
- Safety awareness and self-advocacy.
- Interpersonal and effective communication.
- Coping strategies regarding typical life challenges.
- Managing daily tasks and acquiring adaptive skills.

Specialized Habilitation is limited to a waiver participant's annual budget. For individuals on the Basic Plus waiver, the limit is the aggregate budget of \$6,192.

Individuals on the Children's Intensive In-Home Behavioral Support waiver are limited to their CIIBS package. Clients on the Individual and Family Services waiver are limited to their annual allocation amount. Specialized Habilitation services are not included in client benefits available through Early and Periodic Screening Diagnostic and Treatment, Medicaid State Plan benefits or other community resources.

Specialized Habilitation services not provided as a stabilization service require prior approval by the Department of Social and Health Services' Developmental Disabilities Administration regional administrator or designee.

Specialized Habilitation may not be authorized when habilitation supports are received through Residential Habilitation.



### Eligibility Requirements

DDA Clients who are:

- Currently on a waiver

### Partners

- Individuals receiving services and their families
- Counties
- Qualified service providers
- Advocacy organizations

### Budget

We do not currently budget to this level of detail, or track expenditures by waiver as they cross multiple budget units.

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Washington State  
Department of Social  
& Health Services

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## Oversight

### External

- DSHS' AL TSA Residential Care Services Division
- Department of Children, Youth and Families
- Centers for Medicare and Medicaid Services
- National Core Indicators Project
- Office of the Washington State Auditor
- Washington State Department of Health

### Internal

- DDA Office of Quality Programs and Services
- DDA Office of Compliance, Monitoring and Training
- DDA Statewide Investigation Unit



## Authority

[Chapter 71A RCW](#), Developmental Disabilities

The Department of Social and Health Services assists more than 35,000 clients through the Developmental Disabilities Administration. As part of our mission to transform lives, we need people to serve as Specialized Habilitation providers.