

Overnight Planned Respite Services (OPRS)

OPRS is a community-based service for Developmental Disabilities Administration (DDA)-enrolled adults living with caregivers. The services offer a break in caregiving and provide individualized activities and support to the client. Services are received in a community setting (home or duplex) and are staffed by contracted, certified providers. Each respite setting serves one person at a time, using a person-centered plan developed with the individual and family to create a schedule with activities that meet the person's needs. Clients are able to access up to fourteen days in a calendar year.



Eligibility Requirements

- The individual is determined eligible for DDA services per RCW 71A.10.020(3) and WAC 388-823
- The individual is eighteen years of age or older
- The individual lives in the family home or with a non-paid caregiver
- The individual has been approved for the service by the statewide adult respite service committee

Quality Assurance Oversight

- DDA Office of Compliance, Monitoring, and Training
- DDA Office of Quality Assurance and Communications
- DSHS's Adult Protective Services
- Washington State Department of Health

Stakeholders

- Individuals receiving services
- Families of program participants
- Advocacy organizations
- Certified overnight planned respite service providers

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[Overnight Planned Respite](#) locations exist statewide with a current total of ten beds. Locations include: Spokane, Yakima, Bellingham, Shoreline, Lynnwood, and Olympia. Approximately 85 overnight planned respite stays occurred in 2019.