

Developmental Disabilities Administration **Transforming Lives**

Community First Choice

Community First Choice (CFC) is a state plan that supports individuals to remain living in the community. Services are provided to children or adults in their own home, an adult family home, or an assisted living facility.

Services

- **Personal Care**
Provides assistance with everyday tasks like bathing, dressing, or managing medication
- **Relief Care**
Can be used if the regular caregiver is unavailable
- **Skills Acquisition Training**
Training to become more independent with daily personal care tasks
- **Assistive Technology**
Items that can help to complete personal care tasks more independently
- **Personal Emergency Response System**
An electronic device connected to a phone that calls for help in an emergency
- **Caregiver Management Training**
Materials to help hire, manage, and dismiss caregivers
- **Community Transition Services**
Help with moves from an institutional setting to the community
- **Nurse Delegation**
Training and nursing oversight for caregivers to perform certain tasks, in the home



Eligibility Requirements

Individuals:

- Enrolled and eligible clients of Developmental Disabilities Administration
- Financially eligible for 'categorically needy' or an alternate benefit plan
- Have functional limitations due to age, physical, cognitive, intellectual, or mental health conditions and unmet needs for personal care
- Meet institutional level of care
- Agree to accept home and community based services rather than institutional services

Contact

Nicole Ferguson
Community First Choice Program Manager
Nicole.Ferguson@dshs.wa.gov
360-407-1572

Jaime Bond
State Plan Services Unit Manager
Jaime.Bond@dshs.wa.gov
360-407-1567



Approximately 16,723 DDA enrolled individuals are receiving supports through the Community First Choice Program.

<https://www.dshs.wa.gov/dda/consumers-and-families/services-and-programs-non-residential>