



Developmental Disabilities Administration

DDA Assisted Living Facilities Services

Assisted Living Facilities

An assisted living facility is a community setting licensed by The Department of Social and Health Services Residential Care Services to care for seven or more residents.

Some assisted living facilities provide limited nursing services; others may specialize in serving people with mental health problems, developmental disabilities, or dementia (Alzheimer's disease). [RCW 18-20-020\(2\)](#)

Assisted living facilities allow residents to live an independent lifestyle in a community setting while receiving necessary services from staff. They can vary in size and ownership from a family-operated 7-bed facility to a 200-bed facility operated by a large national corporation.

Assisted living facilities that have a Medicaid contract with DSHS supply one or more of the following service packages:

Assisted Living

Assisted living services provides a private apartment like unit that provides personal care services, intermittent nursing services, medication administration services, supportive services that promote independence and self-sufficiency.

Adult Residential Care

Adult residential care is a service to provide personal medication and personal care assistance. Residents may also receive limited supervision when needed.

Enhanced Adult Residential Care

Enhanced adult residential care services include intermittent nursing services, medication administration, personal care services; and supportive services that promote independence and self-sufficiency. There are no more than two residents per room.

For more detailed information for each service package, please refer to links in the authority section.



Eligibility Requirements

- A client of DDA.
- 18 years of age or older.
- Assessed with a need for Community First Choice (Personal Care) and residential services through DSHS.
- Diagnosed with a developmental or intellectual disability that requires support.
- Financially eligible for Medicaid and able to pay for participation or can privately pay for services.
- Authorized by DSHS to receive AFH services.

Provider Requirements

Assisted living facilities that provide support to clients of DDA must:

- Have a DSHS license.
- Accept Medicaid.
- Have at least one of the AL, ARC, or EARC service contract.
- Complete Developmental Disability Specialty Training.
- The [Assisted Living Facility Locator](#) enables you to search for an assisted living facility by county, zip code, and specialty care type.

(continued on next page)

Email questions to DDAFeedback@dshs.wa.gov or [find a local office](#) for telephone numbers.



Oversight

External

- Centers for Medicare and Medicaid Services
- Office of the Washington State Auditor
- Washington State Department of Health

Internal

- Residential Care Services
- Case Resource Managers
- Performance Quality Improvement Specialists
- HQ State Plan Residential AFH Specialist
- HQ Specialty State Plan Residential Program Manager

Partners

- People receiving DDA services
- Families of program participants
- Home and Community Living Administration
- The Arc of Washington State
- Counties and Service Providers
- ALF, ARC, EARC providers
- Disability Rights Washington
- Office of the Developmental Disabilities Ombuds
- Washington State Developmental Disabilities Council

Authority

[Title 71A RCW](#), Developmental Disabilities

[WAC 388-106-0115](#), How does CARE use criteria to place me in a classification group for residential facilities?

[WAC 388-106-0270](#), What services are available under community first choice?

[WAC 388-110-140](#), Assisted living services facility physical requirements

[WAC 388-110-220](#), Enhanced adult residential care service standards

[WAC 388-110-240](#), Adult residential care service standards

[WAC 388-823-1096](#), What requirements must a home or community-based service setting meet?

Client Rights in HCBS Settings

The federal rules regarding Home and Community Based Settings (Medicaid contracted ALFs) mandate basic participant rights in all home and community-based settings. These are the rights listed in the federal rule:

- Full access to the greater community.
- Receive services in the community.
- Control over personal resources.
- Autonomy and independence in making life choices, including but not limited to daily activities, physical environment, and with whom to interact.
- A lockable entry door.
- A choice of roommate.
- Control of her or his own schedule.
- Access to food at any time.
- Visitors of their choosing at any time.
- Protections from eviction comparable to landlord tenant law.

For more information:

<https://www.dshs.wa.gov/dda/settingsrule>

Rates

Assisted Living Facility services are delivered by Individual service rates can be found on this link and click on Developmental Disabilities Rates: <https://www.dshs.wa.gov/altsa/management-services-division/office-rates-management>.

Budget

State Plan services are forecasted.