

Public Health Activities & Services Inventory

Technical Notes

PREVENTION AND WELLNESS

In 2014, decision was made to adopt number of national public health activities and services standardized measures—[Multi-network Practice and Outcome Variation Examination \(MPROVE\) Measures](#)—which would allow Washington State to be compared with other states. These have been bolded and marked with the words (MPROVE) next to the measure.

Obesity Prevention

[Increasing Access to Healthy Foods](#)

Which of the following types of activities was the public health agency involved in?

- **Initiatives to change the foods/beverages available at schools and school-sponsored events (MPROVE)** (*Data source: LHJ and DOH*)
- **Initiatives to change the foods/beverages served and/or sold by government agencies and government-sponsored programs (MPROVE)** (*Data source: LHJ and DOH*)
- **Initiatives to change the foods/beverages served and/or sold by restaurants, food service establishments, and food vendors in the community (MPROVE)** (*Data source: LHJ and DOH*)
- **Policies to require menu labeling and calorie disclosure for the foods/beverages served and/or sold by restaurants, food service establishments, and food vendors in the community (MPROVE)** (*Data source: LHJ and DOH*)
- **Initiatives to promote the availability of fresh produce outlets in the community, such as grocery stores, farmer's markets (MPROVE)** (*Data source: LHJ and DOH*)
- **Initiatives to promote the availability and/or use of community gardens (MPROVE)** (*Data source: LHJ and DOH*)
- **Initiatives to change the price of foods/beverages in school and/or community settings (MPROVE)** (*Data source: LHJ and DOH*)
- **Initiatives to change the marketing practices used for foods/beverages in school and/or community settings (MPROVE)** (*Data source: LHJ and DOH*)
- **Initiatives to promote and facilitate breastfeeding in clinical, workplace, and/or community settings (MPROVE)** (*Data source: LHJ and DOH*)

- **Number of LHJ FTE personnel dedicated to increasing access to healthy foods including WIC Staff (MPROVE) (Data source: LHJ)**
- **From the number above, how many FTEs are strictly dedicated to WIC services? (MPROVE) (Data source: LHJ)**

Promoting Physical Activity

Which of the following types of community-wide physical activity interventions was the public health agency involved in?

- **Community-wide health education campaigns (e.g. large-scale, highly visible, messages directed to large audiences through media such as television, radio, and newspapers typically combined with other approaches including support or self-help groups, community events, or risk factor screenings) (MPROVE) (Data source: LHJ and DOH)**
- **Community-wide stair use campaigns (e.g. motivational signs placed by elevators/escalators to encourage people to use nearby stairs for health/weight loss) (MPROVE) (Data source: LHJ and DOH)**
- **School-based PE programs (e.g. programs to increase amount of time students spend in PE classes which enhance the length or activity level of students and health education) (MPROVE) (Data source: LHJ and DOH)**
- **Social support interventions in community (e.g. focus on changing physical activity behavior through creating, strengthening and maintaining social networks that provide supportive relationships for behavior change) (MPROVE) (Data source: LHJ and DOH)**
- **Individually adapted health behavior change programs (e.g. teaching goal setting/self-monitoring of progress, structured problem solving, and relapse prevention) (MPROVE) (Data source: LHJ and DOH)**
- **Initiatives to create or enhance access to places for physical activity combined with informational outreach activities (e.g. built environment walking trails, biking trails, exercise facilities within worksites/coalitions, agencies) (MPROVE) (Data source: LHJ and DOH)**
- **Community-level urban design initiatives (e.g. developments to increase the percent of residents living within walking distance of shopping, work, and school, improved connectivity of streets and sidewalks, preserve or create green-space and improve aesthetic qualities of the environment) (MPROVE) (Data source: LHJ and DOH)**
- **How much funding did the LHJ allocate for physical activity promotion in 2014? (MPROVE) (Data source: LHJ)**
- **Is the funding cited above exclusively for physical activity promotion? (MPROVE) (Data source: LHJ)**

Tobacco

Prevention and Control

Which of the following activities did the LHJ help perform related to tobacco prevention and control?

- **Developed and/or disseminate educational materials via print (e.g. brochures, web) or media (e.g. radio or TV campaigns, mass media social marketing) (MPROVE) (Data source: LHJ and DOH)**
- **Developed and/or disseminated culturally/linguistically tailored educational materials via print (e.g. brochures, web) or media (e.g. radio or TV campaigns, mass media, social marketing) (MPROVE) (Data source: LHJ and DOH)**
- **Implemented educational and/or training programs to reduce tobacco use and/or tobacco exposure (e.g. behavioral interventions) (MPROVE) (Data source: LHJ and DOH)**
- **Implemented culturally/linguistically tailored educational and/or training programs to reduce tobacco use and/or tobacco exposure (e.g. behavioral interventions) (MPROVE) (Data source: LHJ and DOH)**
- **Implemented community development activities (e.g. convening coalitions, community forums and meetings, community planning and priority-setting activities) (MPROVE) (Data source: LHJ and DOH)**
- **Participated in policy development activities (e.g. develop and disseminate model laws and policies, give testimony at legislative hearings, provide information to policy-making officials and/or advocacy organizations) (MPROVE) (Data source: LHJ and DOH)**
- **Participated in policy implementation and enforcement activities (e.g. compliance monitoring, complaint investigations) (MPROVE) (Data source: LHJ and DOH)**
- **Conducted surveillance activities regarding adult tobacco use. (Surveillance includes active systematic monitoring via BRFSS or other means) (MPROVE) (Data source: LHJ and DOH)**
- **Conducted surveillance activities regarding youth tobacco use. (Surveillance includes active systematic monitoring via YRBS or other means) (MPROVE) (Data source: LHJ and DOH)**

Tobacco Enforcement

- **Number of reported cases of clean indoor air policy violations in the community (MPROVE) (Data source: LHJ)**
- **Number of compliance inspections/investigations conducted (MPROVE) (Data source: LHJ)**
- **Number of citations/fines issued for violations (MPROVE) (Data source: LHJ)**

Injury Prevention

- Is the LHJ involved in a decreasing rate of injury initiative in the community (*Data source: LHJ*)

Other Prevention and Wellness Initiatives

LHJ addressed other health risks through prevention and wellness initiatives: (*Data source: LHJ*)

- Asthma
- HIV/AIDS
- Sexual health/STDs
- Violence
- Substance abuse
- Mental health/Behavioral health
- Land use and/or transportation plans