

Public Health Activities & Services Inventory

Technical Notes

HEALTHY FAMILY DEVELOPMENT

In 2014, decision was made to adopt number of national public health activities and services standardized measures—[Multi-network Practice and Outcome Variation Examination \(MPROVE\) Measures](#)—which would allow Washington State to be compared with other states. These have been bolded and marked with the words (MPROVE) next to the measure.

Early Intervention Services and Early Family Support Programs

Early Intervention Program (EIP) services are provided to families who have an accepted referral to Child Protective Services that are considered low risk. EIP serves families with children birth to age 5 who have an identified health or developmental need and could benefit from a home visitation nurse. Children may also be in relative or foster care. The purpose is to improve family functioning and improve child safety and well-being. LHJs provide these services under contract with the Department of Social and Health Services, Children’s Administration.

Early Family Support Services (EFSS) are provided statewide through regional contractors to help reduce the risk of child abuse and neglect and referrals to Child Protective Services (CPS). EFSS serves families whose CPS referrals are determined to be low risk or moderately low risk at intake or following investigation. LHJs provide these services under contract with the Department of Social and Health Services, Children’s Administration.

- LHJ directly provided Early Intervention Services program (*Data source: LHJ*)
- Number of unduplicated Early Intervention Services clients (*Data source: LHJ*)
- Number of Early Intervention Services client visits (*Data source: LHJ*)
- LHJ directly provided an Early Family Support Service Program (*Data source: LHJ*)
- Number of unduplicated Early Family Support Services clients (*Data source: LHJ*)
- Number of Early Family Support Services client visits (*Data source: LHJ*)

Nurse-Family Partnership Implementing Agency

Nurse-Family Partnership is a voluntary program of prenatal and infancy home visiting for low income, first time mothers and their families. The nurses begin services as early in pregnancy as possible and continue through the child's life. The nurses help first time mothers have a healthy pregnancy and prepare to become parents. The LHJ is considered an implementing agency only if the program is active.

- LHJ was a Nurse-Family Partnership implementing agency (*Data source: LHJ*)
- Number of families served in the Nurse-Family Partnership Program (*Data source: LHJ*)
- Number of Nurse-Family Partnership Program client visits (*Data source: LHJ*)

First Steps Maternity Support Services and Infant Case Management

First Steps Maternity Support Services (MSS) are preventive health and education home visiting services to help pregnant women have a healthy pregnancy and a healthy baby. MSS include assessment, education and in some cases intervention(s) and counseling. A team of community health specialists provides the services. The team includes nurses, nutritionists, and behavioral health specialists and, in some agencies, community health workers. Pregnant women with Medicaid coverage can receive MSS during pregnancy and through the end of the second month following the end of the pregnancy.

Infant Case Management (ICM) starts after Maternity Support Services ends (when the baby is about 3 months old). ICM can help with needed medical, social, educational and other resources in the community. Infant Case Management may start at any time during the child's first year. It ends when the baby turns one year old.

- LHJ provided directly or through contracted providers First Steps Maternity Support Services and Infant Case Management (*Data source: HCA*)
- Number of First Steps Maternity Support Services unduplicated clients (*Data source: HCA*)
- Number of First Steps Maternity Support Services clients visits (*Data source: HCA*)
- Number of unduplicated Infant Case Management clients (*Data source: HCA*)
- Number of Infant Case management clients visits (*Data source: HCA*)

Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)

WIC is a public health prevention program that helps give children a healthy start in life. The program serves pregnant women, new mothers, and young children under age 5. WIC's unique combination of services provides families on a limited income with both the means and knowledge to eat well and stay healthy. WIC provides families with:

- Health screenings
- Education on healthy eating and physical activity
- Breastfeeding support
- Help getting other services they need

WIC is provided in many LHJs/districts in Washington and in many other community health agencies such as tribal health agencies, migrant health agencies, hospitals, primary care centers and community action agencies. Some LHJs provided WIC services directly, and others such as Public Health – Seattle & King County, provide direct services and contract with other local providers. In counties where LHJs do not provide WIC services, DOH contracts with other agencies to do so.

- LHJ provided directly or through contracted providers WIC Services (*Data source: DOH*)
- Number of unduplicated WIC Services clients (*Data source: DOH*)
- Number of children under the age of five which were provided WIC Services to (*Data source: DOH*)
- Number of unduplicated pregnant, breast feeding and postpartum women which were provided WIC Services to (*Data source: DOH*)
- Number of WIC Nutrition Counseling/Education sessions provided by all staff (*Data source: DOH*)
- Value of food checks redeemed by WIC Services clients (*Data source: DOH*)
- Value of fruit and vegetable checks redeemed by WIC Services clients (*Data source: DOH*)
- Number of LHJ referrals made to WIC families for preventive health or social services (*Data source: DOH*)
- Number of WIC 'Loving Support' peer counseling individual breastfeeding sessions (*Data source: DOH*)

Children with Special Health Care Needs

The Children with Special Health Care Needs Program serves children who have serious physical, behavioral or emotional conditions that require health and related services beyond those required by children generally. In Washington State, children who participate in this program must be under the age of 18 years at initial enrollment and have, or be at risk of developing a serious or chronic condition such as: diabetes, neuromuscular disorders, cancer, AIDS, sickle cell anemia, asthma, cystic fibrosis, hearing or visual impairments, cleft palate, kidney disease, ventilator dependency, or metabolic disease. Local health departments contract with the Children with Special Health Care Needs Program to link children with special health care needs to appropriate programs and services. In addition, 15 Neurodevelopmental Centers (NDC) in nine counties provide specialized therapy services to children and youth with special health care needs.

- Number of unduplicated Children with Special Health Care Need Services clients (*Data source: DOH*)

Newborn Hearing

In Washington, more than 200 infants are born with a hearing loss each year. Special equipment allows infants to be screened for hearing loss shortly after birth. Finding hearing loss early helps babies get the services they need to learn speech and language skills. Early intervention services help infants and toddlers with hearing loss learn to listen and develop language. These services will reduce the impact hearing loss may have on a child's social and emotional development. The Early Hearing-loss Detection, Diagnosis and Intervention (EHDDI) Program has three primary goals, to ensure that all infants born in Washington:

- Receive screening for hearing loss before hospital discharge or by one month of age
- Receive diagnostic audiological evaluation by three months of age
- Enroll in early intervention services by six months of age, if needed
- Number of infants referred by DOH for missed newborn hearing screenings or diagnostic evaluations (*Data source: DOH*)

Genetic Services

The Department of Health's Genetic Services program provides some funding to six institutions that conduct genetic diagnostic and evaluation clinics at ten locations. Seven of the ten funded clinics provide prenatal genetic services, including diagnostic screening, evaluation, counseling, and/or treatment related to the outcome of a pregnancy. All ten funded clinics provide clinical genetic services, including diagnostic screening, evaluation, treatment, and determination of carrier status and/or counseling delivered to a pediatric or adult patient and/or members of their family.

The Department of Health also provides genetic screening for babies born in Washington State. The tests screen for treatable disorders that have been determined by the State Board of Health to meet their criteria for inclusion in the screening panel. Babies with these conditions usually appear normal at birth. Without screening, babies with these disorders are not likely to be detected before disability or death occurs. The DOH laboratory testing and follow-up services allow early diagnosis and treatment.

- Number of families which received genetic services at DOH contracted clinics (*Data source: DOH*)
- Number of newborn infants identified with a positive screening result who require follow-up for congenital disorders (*Data source: DOH*)