CIT Regional Conference 2012
WSCJTC, Burien, WA
August 6-8, 2012

Sponsored by the WA State Criminal Justice Training Commission and the CIT-King CO program in partnership with King County Mental Health, Chemical Abuse and Dependency Services Division through the Mental Illness and Drug Dependency Plan (MIDD).

Conference Logistics

- Dates: August 6-8, 2012
- Location:

  WA State Criminal Justice Training Commission

  19010 1st Ave S

  Burien, WA 98148
- Times: 8:00 AM – 4:30 PM Daily
- Registration: Online CLICK HERE TO REGISTER
- Cost: **FREE** to attend.
- Conference inquiries: Contact Rachelle Parslow, CIT-King CO Program Administrator at 206-835-7346 or by email to citregistrar@cjtc.state.wa.us

Vendor/Resource Fair

A vendor/resource fair will be provided to conference attendees August 6-8, 2012.

The fair will have vendors and resources that work with people in mental health crisis and drug dependency issues. The vendors will have information and products that first responders, and other providers, may use to support their response to calls out in the field.

Times: 8:00 AM, August 6-Noon, August 8, 2012

Registration: Online CLICK HERE TO RESERVE A BOOTH

Cost: **FREE** to reserve a booth.

Daily Conference Agenda and Training Topics

Day 1 – August 6, 2012

Day 2 – August 7, 2012

Day 3 – August 8, 2012

More topics to be added.

August 6, 2012

Agenda and Training Topics

- **7:00 – 8:00 AM**
  - Registration desk open.
- **8:00 AM**
  - Vendor/Resource Fair open.
- **8:00 AM**
  - Opening Remarks
  - WSCJTC and CIT-King CO welcome to conference.
- **9:00 AM**
  - Training classes begin.
- **12:00 PM**
  - Lunch on your own.
- **1:00 PM**
  - Training classes continue.
- **4:30 PM**
  - End of conference Day 1.

Day 1 Training Topics

Exact topic times provided at conference.

1. 'Suicidal in Seattle' Suicide by Cop Case Studies

Presented by Sergeant Bill Waltz & Officer Bruce Wind, Ret.

With a combined total of 60-years patrol experience and 36-years of Hostage/Crisis Negotiation experience, Sergeant Waltz and Officer Wind will present 'Suicidal in Seattle'.

After an overview of current academic thinking of this phenomenon, these two active police negotiators will present two case studies showing violence that street cops and negotiators can experience on any day.

2. 'HeadStrong & Aspiro: Crisis Response for Youth with Traumatic Brain Injury'

Presented by Desiree Douglass, HeadStrong Founder & President; and Dr. Gordon Day, Director of Clinical Services for The Aspiro Group of Programs (Utah)

Half of the 5.3 million Americans living with Traumatic Brain Injury (TBI) are children. Often, survivors of TBI do not have any obvious or observable physical injuries. However, the behavioral and emotional impacts from TBI put survivors at risk for increased interaction with law enforcement and mental health care providers.

Awareness on the part of law enforcement officials and mental health care providers in the criminal justice system can reduce the potential for traumatic experiences and excessive legal consequences for young people who have suffered a TBI.

This presentation by Desiree Douglass and Gordon L. Day, Ph.D. will educate attendees on the basics of TBI, neurological impacts, and resulting potential behavioral and communication challenges. We will have an interactive discussion that focuses on identifying TBI and tools for successful intervention. We will share communication tools for crisis de-escalation when impulse control, anger, memory challenges that are the result of TBI are present.

Day 1 Topics Continued…

3. Combat Related Brain Injury

Presented by Peter Schmidt, Psy. D., LMHC & Timm Lovitt, US Army, Ret.

Description: Traumatic Brain Injury (TBI) has been hallmarked as the signature injury of the wars in Iraq and Afghanistan. This workshop will highlight the causes, symptoms and complications of TBI, and offer helping professionals an opportunity to better understand the dynamics of this injury and the impact on the life of the veteran and family members.

Objectives: 1) Highlight theories on the trauma that occurs with the impact from an improvised explosive device. 2) Describe similarities between post-traumatic stress disorder and TBI, and other complicating issues. 3) Summarize how military training can influence and complicate one's experience of TBI. 4) Identify accommodation strategies and resources.

Timm Lovitt is a U.S. Army Veteran, who served two combat tours with the 10th Mountain Division; Afghanistan (2003-2004) and Iraq (2005-2006). After transitioning out of the military in 2006, Timm decided to return to the Seattle area, where he would help raise his young family and pursue a degree in non-profit leadership. However, while struggling with his own demons, Timm had three of his teammates from the military commit suicide as a result of the difficulties they faced in their own transitions. It was that moment when he decided to commit himself to helping his brothers and sisters fight the 'invisible wounds of war' once they return home. A survivor of both post-traumatic stress and traumatic brain injury, Timm understands firsthand the complexities of these injuries and the difficulties service members must endure. He works closely with Vet Corps, a Washington State Department of Veterans Affairs (WDVA) program that helps Veterans make the transition from military service to the college environment, and educates Veterans and their family members about these injuries and the benefits they are entitled to. Timm currently works as the programs' Traumatic Brain Injury Field Coordinator, serves as a governor appointed member of the Washington Commission for National and Community Service, and plans to pursue graduate school in the near future. In the past he has served as the Student Veterans of America (SVA) Washington State Director, SVA chapter founder/president for both Seattle University and Edmonds Community College, and is an AmeriCorps alumni member.

Peter Schmidt, Psy. D., LMHC is Project Director and trainer for the Veterans Training Support Center of the Center for Learning Connections at Edmonds Community College, and provides outreach and consultation to colleges, universities, and community based agencies in Washington State as well as nationally. A veteran of the United States Air Force and Washington Air National Guard, Peter has offered numerous trainings on veterans issues in higher education, veteran best practices, invisible wounds such as post-traumatic stress disorder and mild-traumatic brain injury. Peter has assessed, diagnosed and treated veterans and their families as a counseling subcontractor for the Washington Department of Veterans Affairs and while completing his psychology residency at McNeil Island Corrections Center co-facilitated a restorative retelling support group for inmates (military veterans). Peter's background includes work as tenured counselor, psychology faculty and college dean. Peter served as chair of the Veterans Resource Team and adviser to Club Vet (student veteran association) at Edmonds Community College.

Day 1 Topics Continued…

4. Safe Call Now

Presented by Sean Riley, Director

How Safe Call Now has helped law enforcement personnel and how the program provides support to address personal crisis situations with first responders.

5. The Courts ~ Veterans and Mental Health

Presented by Judge Michael Finkle, King County

Presentation on the differences between the two courts and the process law enforcement uses to refer cases to the courts. Judge Finkle will also provide insights into how the programs were developed for cities and counties looking to start their own court programs.

Day 1 Topics Continued…

6. 'Bridging the Gap – CIT to HNT/CNT'

Presented by Shannon Meyer, Ph.D., FBI-Seattle

How crisis intervention team training can be applied to hostage negotiation settings. Mental disorders will be discussed within a simplified, real world law enforcement framework. Guidelines for working with barricaded or hostage taking suspects who are mentally ill, suicidal, or criminally oriented (sociopaths) will be outlined.

7. Tactical Communication Update

Presented by Ellis Amdur, M.A., N.C.C., C.M.H.S., Edgework Crisis Intervention Training

Recognition of patterns of behavior of those with psychopathic personality and tactical communication with such individuals; and update on new behaviors seen as a result of new drugs, like bath salts, in the community.

Day 1 Topics Continued…

8. Federal Hate Crimes and the Mentally Challenged Victim – A Case Study (Added 7/25/12)

Presented by Sean Tepfer, Law Enforcement Coordinator & Community Outreach Specialist, US Attorney's Office for the Western District of Washington

The presentation will center on the Matthew Shepard and James Byrd Jr. Hate Crimes Prevention Act passed in 2009 including the addition of persons with a disability as a protected class. The format of the training will include a case study of a hate crime involving a mentally challenged victim, the challenges faced during the investigation, best practices for proving the case and obstacles faced during the prosecution of the defendants in the case. The session will conclude with a discussion of how to report potential hate crimes involving mentally challenged victims or members of other protected classes.

August 7, 2012

Agenda and Training Topics

- **8:00 AM**
  - Registration open.
  - Vendor Fair Open.
  - Training classes begin.
- **10:00 AM**
  - PRISM Firearms Training Simulator Demos Open (Sign up at Registration Booth).
- **12:00 PM**
  - Lunch on your own.
- **1:00 PM**
  - Training classes continued.
- **2:00 PM**
  - PRISM Simulator demos closes.
- **4:30 PM**
  - End of conference Day 2.

Day 2 Training Topics

Exact topic times provided at conference.

1. Interviewing Youths Who've Witnessed Violent Crimes (Offered twice Day 2)

Presented by Patti Toth, Child Abuse Investigation Program Manager, WSCJTC

Patti Toth has been a Program Manager with WSCJTC since December 1999. Her primary duties include developing, managing, and teaching at in-service training programs related to child abuse investigation and interviewing and child fatality investigations. Working together with Harborview's Center on Sexual Assault and Traumatic Stress, she is primary author of the WA State Child Interview Guide. Patti also led the effort to develop WSCJTC's statewide guidelines for first responders to child fatalities and serious child physical abuse (the "CPOD Guidelines"). Additional duties include managing the well-regarded annual WA State Domestic Violence "Team 4" Training Conference.

2. Force Options Training Class Overview (moved to Day 3)

Presented by Don Gulla, Sergeant-King County SO, CIT-King CO Program Coordinator

Overview of new hands-on training class for law enforcement, mental health, and other first responders to use de-escalation techniques whether you carry firearm, Taser, or non of the above.

Day 2 Topics Continued…

3. Excited Delirium

Presented by Rick Bowen, MS, MEP, Sergeant-SeaTac PD, King County Sheriff's Office

Students will be presented with the primary sources for the presentation; specifically *Sudden Deaths In-Custody* by Chan, et al, *Excited Delirium Syndrome: Cause of Death and Prevention* by Di Maio and *Officer Involved Shootings and Use of Force: Practical Investigation Techniques* by Hatch, et al.

The presenter will then recount his own experience as a police officer dealing with a very violent in-custody death due to Excited Delirium. The presenter discusses his experience dealing with the aftermath of the event including his personal injuries as well as the emotional trauma of going through a coroner's inquest and wrongful death lawsuit.

4. Being a Parent of a Youth With Mental Illness

Presented by Rob Bardsley, Officer/School Resource Officer-Shoreline PD, King County Sheriff's Office

The presenter will recount situations and events that have occurred as a parent caring for a daughter with mental illness and how the community, schools, mental health providers, law enforcement, and more have worked together and apart during those times.

Day 2 Topics Continued…

5. "In Our Own Voice"

Presented by NAMI-Eastside (National Alliance on Mental Illness)

In Our Own Voice (IOOV) is a wonderful program that helps break the stigma about mental illness. It is an opportunity for adults living with mental illness to gain self-confidence and self-esteem by sharing their story. And it is an opportunity for audience members to participate in a meaningful dialogue that will dispel myths and increase real understanding about mental illness and recovery.

Presenters are trained by NAMI and are from the local community. The hour-long format consists of a 12-minute video and two speakers who share their stories (dark days, acceptance, treatment, coping strategies and successes, hopes and dreams), with time for questions and answers.

Presentations can be made to law enforcement, medical professionals, educational settings (including high school and college), civic organizations like Rotary Club, or religious groups. NAMI Eastside has over 45 presentations to local groups with a total of over 1500 attendees. (http://www.nami-eastside.org/education/ioov.htm)

Day 2 Topics Continued…

6. Safe Call Now (Also held on Day 1)

Presented by Sean Riley, Director, Safe Call Now

How Safe Call Now has helped law enforcement personnel and how the program provides support to address personal crisis situations with first responders.

7. The Courts ~ Veterans and Mental Health (Also held on Day 1)

Presented by Judge Michael Finkle, King County

Presentation on the differences between the two courts and the process law enforcement uses to refer cases to the courts. Judge Finkle will also provide insights into how the programs were developed for cities and counties looking to start their own court programs.

Day 2 Topics Continued…

8. ***'HeadStrong & Aspiro: Crisis Response forYouth with Traumatic Brain Injury' (Also held Day 1)***

Presented by Desiree Douglass, HeadStrong Founder & President; and Dr. Gordon Day, Director of Clinical Services for The Aspiro Group of Programs (Utah)

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Day 2 Topics Continued…

9. Federal Hate Crimes and the Mentally Challenged Victim – A Case Study (Added 7/25/12)

Presented by Sean Tepfer, Law Enforcement Coordinator & Community Outreach Specialist, US Attorney's Office for the Western District of Washington

The presentation will center on the Matthew Shepard and James Byrd Jr. Hate Crimes Prevention Act passed in 2009 including the addition of persons with a disability as a protected class. The format of the training will include a case study of a hate crime involving a mentally challenged victim, the challenges faced during the investigation, best practices for proving the case and obstacles faced during the prosecution of the defendants in the case. The session will conclude with a discussion of how to report potential hate crimes involving mentally challenged victims or members of other protected classes.

10. Critical Incident Stress Management Presentation (Added 7/25/12)

Presented by Jim Detrick, Retired Sergeant, Auburn Police Department and Bob Collins, Retired Sergeant, Des Moines Police Department

It's late at night, you are home in bed, half asleep, with your spouse next to you reading. The first time you know something is wrong is when you see the gun to your child's head and you are being told to do as directed or they will be killed. You are now in the middle of a home invasion robbery. What would you be willing to do to survive and what would you do later to recover from the event. Hear how the officer involved, and his family, survived that night, what happened to them after, and what they did to recover.

Day 2 Topics Continued…

11. Somali Cultlural Training - Community, Culture, Religion, & Mental Health (Added 7/30/12)

Presented by Abdirizak Farah, US Department of Homeland Security Office for Civil Rights and Civil Liberties

The presentation will provide better understanding of the Somali community and will cover: community background, religion & culture, push & pull factors, engagement do's and don'ts, and how mental health issues are dealt with and responded to by the community with response tips for law enforcement and corrections.

August 8, 2012

Agenda and training topics.

- **8:00 AM**
  - Starting a CIT Association for WA State and Region.
- **9:00 AM**
  - Training classes begin.
- **12:00 PM**
  - Vendor Fair closes.
  - Lunch on your own.
- **1:00 – 4:00 PM**
  - Keynote address ~ '*Defending Ridgeway: The Green River Serial Killer*' Presented by Mark Prothero, Defense Attorney for Gary Ridgeway
- **4:00 PM**
  - Conference closing remarks.

Day 3 Training Topics

Exact topic times provided at conference.

1. Force Options Training Class Overview (Moved from Day 2)

Presented by Don Gulla, Sergeant, King County SO, CIT-King CO Program Coordinator

Overview of new hands-on training class for law enforcement, mental health, and other first responders to use de-escalation techniques whether you carry firearm, Taser, or non of the above.

2. Law Enforcement & Sibling Partnership: Community Building Blocks for Autism

Presented by Genevieve Athens, Autism Risk & Safety Management

This presentation would describe the lifelong roles that siblings play in the lives of their brother or sister with Autism Spectrum Disorder. The presentation will highlight the benefits of emergency responders and siblings forging a partnership for support of the sibling experiencing developmental disability. Included will be discussion on developing a "family centered" approach as opposed to a "parent centered" approach and how to engage siblings at a young age to develop a partnership into adulthood.

Day 3 Topics Continued…

3. Crisis Solutions Center

Jail and Hospital Diversion for Individuals in Behavioral Health Crisis

Presented by Susan Schoeld, MA, LMHC, CDP, & Kathy Ryan, LMHC, King County Mental Health

This presentation will describe the programs available to first responders at the Crisis Solutions Center (CSC) for diverting individuals in behavioral health crisis from jail and hospital settings. The CSC is intended to provide therapeutic alternatives to reduce the cycling of individuals with mental health or substance use disorders through the criminal and crisis systems and facilitate linkages to appropriate services to help meet their current and ongoing needs in the community. The presentation will cover eligibility requirements and provide an overview of how to access the facility. In addition, this presentation will highlight the benefits to first responders in using the programs available at the CSC.

Day 3 Topics Continued…

4. Cultural Considerations in Working with Youth with Mental Health Concerns (Added 7/25/12)

Presented by Miriam Bearse, MA, M. Phil, MACP (CMHS), Children's Mental Health Planner and Susan Schoeld, MA, LMHC, CDP, Crisis Diversion Program Manager, King County Mental Health, Chemical Abuse and Dependency Services Division

When law enforcement and other first responders encounter children, youth and young adults in crisis, it is crucial to take into account not only whether the youth has mental health concerns, but how those mental health concerns may overlap and interact with the youth's culture, race, ethnicity and community. Mental health symptoms may vary by culture, and by developmental stage. Being aware of these issues may significantly improve the effectiveness of crisis intervention and minimize communication difficulties between responders, youth, and their families.

This presentation will cover the following topics:

- What is culture?
- How can symptoms of mental health conditions and behaviors associated with those symptoms vary by culture?
- How can Mental Health access, treatment and usage vary by culture, and how do families in various communities see mental health differently?
- Three Examples: Latino/Hispanic youth, Native American youth, Somali Youth
- Youth Development and how culture can affect development
- How Responders can utilize information on culture and development to improve practice with diverse youth.

Day 3 Keynote Address

'Defending Ridgeway: The Green River Serial Killer'

Presented by Mark Prothero, Attorney at Law

Mark W. Prothero is a partner with the Kent law firm of Hanis Irvine Prothero, PLLC. For more than 30 years, Mark has represented people accused of everything from license violations, DUIs, and drug offenses to domestic violence, sex offenses, and homicides. Since 1990, Mark has been an expert in forensic DNA evidence. He was co-lead attorney for the Green River Killer, Gary Ridgway, from 2001-2004, for which he shared the King County Bar Association Lawyer of the Year Award in 2004. In 2006, he published his book about the experience, *Defending Gary*, co-authored by Carlton Smith. He served on the Board of Governors of the Washington Association of Criminal Defense Lawyers from 2003 through 2009. In 2009, Mark helped win the release of a young man wrongfully accused of murder. In 2010, Mark was appointed by Governor Gregoire to be the first criminal defense lawyer on the State Forensic Investigation Council.

A 1981 graduate of the University of San Diego School of Law, Mark lives in Kent with his wife Kelly.