



Defensive Tactics Instructor Course

Hosted by:



Security
Services

This course incorporates training in the use of bodily impact tools (such as hands, elbows and knees), and knife defense. This Training also focuses on the use of Impact-Resistant-Suits to increase safety and the quality of this level of physical force instruction. Also future training in the areas of Firearms Retention, Ground Tactics rely heavily on principles and techniques learned in the Defensive Tactics course.

Defensive Tactics training is designed to promote effective and efficient use of bodily impact weapons. The participant learns the components of Defensive Tactics instruction and application, including the situations that allow for the application of this higher level of physical force, proper psychomotor skills involved in Level 2 force application, proper means of instruction and testing, and theoretical background to analyze other similar programs in order to develop agency specific programs.

Additionally, the Participant will understand the physiology of a confrontation, be aware of the probable medical implications associated with these technique, biomechanical principles of Impact Impedance tactics and how they relate to instruction and systems analysis.

The subjects specifically covered are:

- Confrontational Physiology and Biomechanics
- General Guidelines for Reduction in Transmission of Blood borne Pathogens
- Pre-Attack Indicators
- Bodily impact impedance tactics such as strikes, blocks, kicks use of the elbows and knees
- Edged Weapons Defense
- Use of the Impact Resistant Suit for dynamic high-speed training.
- Practical Aerobic Conditioning
- Non-Vascular Neck Restraint

Defensive Tactics training is designed to promote techniques for self-protection that effectively and efficiently deal with assaultive-level resistors. Participants are required to be in good condition.

Location: University of Puget Sound, Weyerhaeuser Hall, Room 217, Tacoma, WA 98416. Free parking located at the building, off of N 11th St. Google map: <http://bit.ly/2dAHBGs>.

Dates and Time: Thursday, Friday, Saturday, January 5-7th, 2017, 8:30 am—4 pm

Cost: \$300 per person

Registration: Please email Abdul Mohamed at abdul@blacktigertactical.tv, or call 800.440.2887

www.blacktigertactical.tv For location info, call Bill Warner, 253.879.3544, wwarner@pugetsound.edu