

CRITICAL INCIDENT STRESS MANAGEMENT

Date: December 8, 2016

Time: 8:30AM – 4:00 PM

Fee: \$189.00 per
attendee

Location:

The Sheriff's Training Center
6011 N. Chase Rd., Newman
Lake, WA

Payments are required prior to
attendance

To Pay by Credit Card, Please contact Dr.
Robert J. Cipriano Jr. @
(305) 528-7309 or email @
rcipriano@simcipgroup.com

To pay by check, make and
mail payment to: **SIMCIP Group**
Forensic Psychological
Consultants, LLC.



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This 7 hour program covers instruction on the array of post trauma stress reactions in others, vicarious traumatization, along with the process of demobilization, crisis management, and conducting critical incident debriefings. The attendee will receive basic instruction on how to conduct Critical Incident Stress Debriefings (CISD) for personnel, understand the purpose for CISD and the debriefing model, and learn how to help those who have experienced trauma in their lives.

The attendee will also receive instruction on the tools for effective communication skills via active listening techniques through applied learning techniques and exercises.

Learning Objectives:

The Psychological Constructs to Critical Incident Stress Management (Debriefing)

- Post Trauma Stress
- Post Trauma Stress Reactions
- Vicarious Traumatization

Post-Traumatic Stress Disorder (PTSD)

- Symptoms
- Axis I Disorders and Definitions
- Fight or Flight Reactions with PTSD
- Common Response to Trauma is Denial

Four Tools Used in Critical Incident Stress Management

- Demobilization, Crisis Management Briefings, Debriefings
- Debriefing Defined
- Benefits of Debriefing
- Trained Debriefers
- Debriefing Model (Roundtable and Group Exercises)
- Communication Techniques- Review of Active Listening Skills (Exercises)