

# CONTROLLED F.O.R.C.E. LEVEL 1 & 2 TRAINING

## Defensive Tactics Instructor Certification Course

This 32-Hour Train-the-Trainer Level course is taught with the Controlled F.O.R.C.E Mechanical Advantage Control Holds (M.A.C.H.™) Training System.

This course covers 10 Departmental Instructor Certification categories in **Arrest Control** and **Defensive Tactics**.

**USNSTA APPROVED COURSE**



### CERTIFICATION CATEGORIES

Level 1: Mechanical Advantage Subject Control  
Mechanical Advantage Control Holds (M.A.C.H.™)  
M.A.C.H.™ Takedowns & Handcuff Positioning  
M.A.C.H.™ Team Arrest Tactics  
M.A.C.H.™ Baton Subject Control  
In-Holster Weapon Retention

Level 2: Survival Force Reactionary Defense  
Hand-to-Hand Protection / Disruption  
Baton Protection / Disruption  
Knife Awareness & Defense  
Ground Defense & Escapes  
Out-of-Holster Weapon Retention & Disarms

### TRAINING DETAILS

TRAINING DATE / TIME

June 20 - 23, 2016  
9:00am – 5:00pm

HOSTED BY:

The Spokane County Sheriff's  
Office

TRAINING LOCATION

Spokane County Sheriff's Office  
Training Center  
6011 N. Chase Road  
Newman Lake WA, 99025

TRAINING LOCATION

CONTACT

Deputy Brian Moen  
Phone: 509-477-3211  
[scsotraining@spokanesheriff.org](mailto:scsotraining@spokanesheriff.org)

**THIS COURSE IS OPEN TO LAW ENFORCEMENT PERSONNEL ONLY.**  
**CALL 630-365-1700 FOR DETAILS.**

TUITION ASSISTANCE OPPORTUNITIES: [www.controlledforce.com/usnsta-funding.html](http://www.controlledforce.com/usnsta-funding.html)



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